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The rapid growth phase of supermassive black holes

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ABSTRACT

We investigate the rapid growth phase of supermassive black holes (BHs) within the hydrodynamical cosmological eagle simulation. This non-linear phase of BH growth occurs within ∼*L*[∗] galaxies, embedded between two regulatory states of the galaxy host: in sub *L*[∗] galaxies efficient stellar feedback regulates the gas inflow onto the galaxy and significantly reduces the growth of the central BH, while in galaxies more massive than *L*∗ efficient AGN feedback regulates the gas inflow onto the galaxy and curbs further non-linear BH growth. We find evolving critical galaxy and halo mass scales at which rapid BH growth begins. Galaxies in the low-redshift Universe $(z \approx 0)$ transition into the rapid BH growth phase in haloes that are approximately an order of magnitude more massive than their high-redshift ($z \approx 6$) counterparts. We additionally show that major galaxy–galaxy interactions ($\mu \geq \frac{1}{4}$, where μ is the stellar mass ratio), whilst having little influence at high redshift, play a substantial role in triggering the rapid growth phase of BHs in the low-redshift Universe. Approximately 40% of BHs that initiate the rapid BH growth phase at $z \approx 0$ do so within ± 0.5 dynamical times of a major galaxy–galaxy merger, a fourfold increase above what is expected from the background merger rate. We find that minor mergers $(\frac{1}{10} \leq \mu < \frac{1}{4})$
have little influence in triggering the rapid growth phase at all epochs have little influence in triggering the rapid growth phase at all epochs.

Key words: galaxies: active – galaxies: evolution – galaxies: formation – galaxies: high-redshift – galaxies: interactions

INTRODUCTION

Feedback from star formation, including stellar winds, radiation pressure and supernovae, plays a key role in galaxy evolution. Collectively described as 'stellar feedback', the energy injection into the surrounding interstellar medium can eject material from the galaxy via an outflow (see [Veilleux](#page-10-0) [et al.](#page-10-0) [2005](#page-10-0) for a review). In the absence of this process, many observed phenomena within the galaxy population simply can not be reproduced by current models: such as the relatively low percentage of baryons that eventually convert into stars ($\approx 10\%$, e.g., [Fukugita et al.](#page-10-1) [1998\)](#page-10-1), the flattening of the faint-end slope of the luminosity function (e.g., [White & Rees](#page-10-2) [1978;](#page-10-2) [Dekel & Silk](#page-10-3) [1986;](#page-10-3) [Benson et al.](#page-10-4) [2003\)](#page-10-4), the formation of exponential disks (e.g., [Binney et al.](#page-10-5) [2001;](#page-10-5) [Scannapieco et al.](#page-10-6) [2008\)](#page-10-6), the formation of dark matter cores (e.g., [Navarro et al.](#page-10-7) [1996\)](#page-10-7), the cosmic star formation history

(e.g., [White & Frenk](#page-10-8) [1991\)](#page-10-8) and the chemical enrichment of the intergalactic medium (e.g., [Aguirre et al.](#page-10-9) [2001\)](#page-10-9).

At low and moderate masses $(\leq L_*)$, galaxies maintain a quasi-equilibrium, with the star formation rate balancing the rate of the cosmic inflow (e.g., [White & Frenk](#page-10-8) [1991;](#page-10-8) [Fin-](#page-10-10)lator & Davé [2008;](#page-10-10) Bouché et al. [2010;](#page-10-11) [Schaye et al.](#page-10-12) [2010\)](#page-10-12). However, as galaxies evolve past ∼*L*∗, stellar feedback becomes unable to effectively remove material from the galaxy, and the equilibrium breaks (e.g., [Benson et al.](#page-10-4) [2003;](#page-10-4) [Hop](#page-10-13)[kins et al.](#page-10-13) [2014;](#page-10-13) [Keller et al.](#page-10-14) [2016\)](#page-10-14). A further source of energy is therefore required to restore the equilibrium, which is commonly attributed to the feedback from the central supermassive back hole (BH, e.g., [Croton et al.](#page-10-15) [2006;](#page-10-15) [Bower](#page-10-16) [et al.](#page-10-16) [2006;](#page-10-16) [Booth & Schaye](#page-10-17) [2010\)](#page-10-17).

Beyond affecting the continued production of stars within the galaxy, it is plausible that stellar feedback can also significantly hinder the growth of the central supermassive BH in sub ∼*L*∗ galaxies, where stellar feedback remains able to drive an effective outflow, and starve the inner re-

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gions of fuel for BH accretion. This result is indeed found by many current hydrodynamical simulations (e.g., [Dubois](#page-10-18) [et al.](#page-10-18) [2015;](#page-10-18) Anglés-Alcázar et al. [2017;](#page-10-20) [Bower et al.](#page-10-20) 2017; [Habouzit et al.](#page-10-21) [2017\)](#page-10-21). The critical point at which the stellar feedback driven outflows begin to stall will naturally be linked to the first meaningful period of BH growth. However, the critical mass scale at which this transition occurs, the triggering mechanism, and the growth of the BH during this time remains uncertain.

In this study we utilize the EAGLE cosmological hydrodynamical simulation [\(Schaye et al.](#page-10-22) [2015;](#page-10-22) [Crain et al.](#page-10-23) [2015\)](#page-10-23) to investigate the evolution of 1,888 massive BHs and the host galaxies during the rapid growth phase. This large sample of BHs allows us for the first time to link the stalling of stellar feedback driven outflows to the initiation of rapid BH growth in statistical detail, and measure the importance of external events, such as galaxy–galaxy mergers, to this period of BH evolution.

The paper is organized as follows. In Section [2](#page-2-0) we briefly describe the EAGLE simulations, our BH sample selection, how we define the time of the rapid growth phase and how we define the 'most proximate' merger. Section [3](#page-4-0) contains our main results, Section [4](#page-7-0) outlines our discussion and in Section [5](#page-9-0) we present our conclusions.

2 THE EAGLE SIMULATION

The "Evolution and Assembly of GaLaxies and their Environment" (eagle, [Schaye et al.](#page-10-22) [2015;](#page-10-22) [Crain et al.](#page-10-23) [2015\)](#page-10-23) [1](#page-2-1),[2](#page-2-2) is a suite of hydrodynamical cosmological simulations that cover a wide range of periodic volumes, numerical resolutions and physical models. To incorporate the processes that operate below the simulation resolution a series of 'subgrid' prescriptions are implemented, namely: radiative cooling and photo-ionisation heating [\(Wiersma et al.](#page-10-24) [2009a\)](#page-10-24); star formation [\(Schaye & Dalla Vecchia](#page-10-25) [2008\)](#page-10-25), stellar mass loss [\(Wiersma et al.](#page-10-26) [2009b\)](#page-10-26) and stellar feedback [\(Dalla Vec](#page-10-27)[chia & Schaye](#page-10-27) [2012\)](#page-10-27); BH growth via accretion and mergers and BH feedback [\(Springel et al.](#page-10-28) [2005;](#page-10-28) [Rosas-Guevara et al.](#page-10-29) [2016\)](#page-10-29). These are calibrated to reproduce the observed galaxy stellar mass function, galaxy sizes and normalization of the BH mass–bulge mass relation at $z \approx 0.1$. A full description of the simulation and the calibration strategy can be found in [Schaye et al.](#page-10-22) [\(2015\)](#page-10-22) and [Crain et al.](#page-10-23) [\(2015\)](#page-10-23) respectively.

For this study we are interested in the evolution of massive BHs ($M_{\text{BH}} \geq 10^7 \text{M}_{\odot}$), and therefore restrict our study to the largest simulation, Ref-L0100N1504, which contains the greatest number of these objects. This simulation is a cubic periodic volume 100 comoving megaparsecs (cMpc) on each side, containing $1504³$ dark matter particles of mass 9.7×10^6 M_{\odot} and an equal number of baryonic particles with an initial mass of 1.8×10^6 M_o. The subgrid parameters are those of the eagle reference model, described fully by [Schaye et al.](#page-10-22) [\(2015\)](#page-10-22). The cosmological parameters are those

inferred by [Planck Collaboration et al.](#page-10-32) [\(2014\)](#page-10-32): $\Omega_{\rm m} = 0.307$, $\Omega_{\Lambda} = 0.693$, $\Omega_{\rm b} = 0.04825$, $h = 0.6777$ and $\sigma_8 = 0.8288$.

Halo mass, M_{200} , is defined as the total mass enclosed within r_{200} , the radius at which the mean enclosed density is 200 times the critical density of the Universe. Galaxy mass, M_* , is defined as the total stellar content bound to a subhalo within a spherical aperture with radius 30 proper kiloparsecs (pkpc), as per [Schaye et al.](#page-10-22) [\(2015\)](#page-10-22).

Galaxy histories are tracked using a merger tree. As the hierarchical build-up of galaxies can be complex, the history of each galaxy is considered from the reference frame of the 'main progenitor', the branch of the galaxy's full merger tree that contains the greatest total mass (see [Qu et al.](#page-10-33) [2017](#page-10-33) for details). The completion time of a galaxy–galaxy merger is defined as the cosmic time of the first simulation output where two galaxies that were previously identified as separate individually bound objects are now identified as a single bound object by the SUBFIND algorithm [\(Springel](#page-10-34) [et al.](#page-10-34) [2001;](#page-10-34) [Dolag et al.](#page-10-35) [2009\)](#page-10-35). There are 200 simulation outputs between redshifts $z = 20$ and $z = 0$ at intervals of 40 to 80 Myr. Mergers are classified by the stellar mass ratio, $\mu = M_{*,1}/M_{*,2}$, where $M_{*,2}$ is the mass of the most massive member of the binary. They are considered major if $\mu \ge \frac{1}{4}$, minor if $\frac{1}{10} \le \mu < \frac{1}{4}$ and either major or minor if $\mu \geq \frac{1}{10}$. To overcome stellar stripping during the later stages of the interaction, the stellar masses are computed when the of the interaction, the stellar masses are computed when the in-falling galaxy had its maximum mass (e.g., [Rodriguez-](#page-10-36)[Gomez et al.](#page-10-36) [2015;](#page-10-36) [Qu et al.](#page-10-33) [2017\)](#page-10-33). To account for the resolution of the simulation, mergers are only considered 'resolved' when $M_{*,2} \geq 10^8$ M_☉ (≈ 100 stellar particles).

2.1 The phases of black hole growth

BHs in the EAGLE simulation transition through three distinct phases of growth, governed by the mass of the host dark matter halo. As we will repeatedly use the terminology adopted by previous studies, we briefly revisit their meaning here. For a more comprehensive description of these phases and how they affect the observable properties of galaxies and their central BHs see [McAlpine et al.](#page-10-37) [\(2017\)](#page-10-37), for a physical interpretation of these phases see [Bower et al.](#page-10-20) [\(2017\)](#page-10-20) (see also [Dubois et al.](#page-10-18) [2015;](#page-10-18) Anglés-Alcázar et al. [2017](#page-10-19) for related, but different, interpretations).

- (i) The stellar feedback regulated phase: the buoyant outflows produced via efficient stellar feedback effectively regulate the gas content of galaxies residing in low-mass haloes (*M*²⁰⁰ $\ll 10^{12}$ M_o). As a consequence, the central density of gas in these systems remains low, resulting in only limited growth of the central BH. In this phase BHs tend to remain close to the seed $mass³$ $mass³$ $mass³$.
- (ii) The non-linear/rapid black hole growth phase: as haloes evolve towards $M_{200} \sim 10^{12}$ M_☉ the virial temperature increases to the point that the stellar outflows are no longer buoyant relative to their surroundings, and therefore stall. This gives the first opportunity for a high gas density to build up in the galaxy center. Now the central BH is able to grow nearly unhindered, doing so initially at a highly nonlinear rate, arising since Bondi-like accretion is proportional

¹ <www.eaglesim.org>

² Galaxy and halo catalogues of the simulation suite, as well as the particle data, are publicly available at [http://www.eaglesim.](http://www.eaglesim.org/database.php) [org/database.php](http://www.eaglesim.org/database.php) [\(McAlpine et al.](#page-10-30) [2016;](#page-10-30) [The EAGLE team](#page-10-31) [2017\)](#page-10-31).

³ $M_{\text{BH}|{\text{seed}}}=1.48\times10^5$ M_{\o} for the reference model.

to the mass of the BH squared [\(Bondi & Hoyle](#page-10-38) [1944\)](#page-10-38). We will interchangeably refer to this phase of evolution as either the 'non-linear' or 'rapid growth' phase.

(iii) The AGN feedback regulated phase: preceding the burst of rapid growth, the central BH quickly becomes massive $(\gtrsim 10^7 \text{ M}_\odot)$. It is now able to regulate the gas inflow onto the halo via efficient AGN feedback. Therefore in massive haloes, $M_{200} \gtrsim 10^{12}$ M_o, regulatory equilibrium is once again restored, and the specific growth of the BH retires to a lower rate.

2.2 Black hole sample selection

Our sample comprises all BHs more massive than 10^7 M_{\odot} at $z = 0$. We only consider BHs more massive than this as they have likely completed the non-linear phase and will have entered the AGN feedback regulated phase. This ensures that the three phases of growth outlined in Section [2.1](#page-2-4) can be robustly identified. A lower mass cut would contaminate the sample with a large number of BHs still undergoing the nonlinear phase. We estimate this mass cut via an inspection of the BH mass–halo mass relation (see Figure 2 of [McAlpine](#page-10-37) [et al.](#page-10-37) [2017\)](#page-10-37), selecting the pivot point that marks the transition from a supra-linear to \approx linear relation between the two properties. This yields a total sample of 1,888 BHs.

2.2.1 Identifying the non-linear phase of black hole growth

To segregate the BHs within our sample into the three evolutionary phases outlined in Section [2.1,](#page-2-4) we require a robust identification of the beginning and end of the non-linear phase. BHs enter the non-linear growth phase at \approx the seed mass, as growth is curtailed in the preceding stellar feedback regulated phase [\(McAlpine et al.](#page-10-37) [2017\)](#page-10-37). The specific black hole accretion rate $(sBHAR⁴,$ $(sBHAR⁴,$ $(sBHAR⁴,$ the accretion rate of the BH normalized by the BH mass, i.e., \dot{M}_{BH}/M_{BH}) during the non-linear phase is naturally large, due to the high \dot{M}_{BH} and the relatively low M_{BH} over this period. Therefore, to first order, the peak of the sBHAR history provides a good estimate for when the non-linear growth phase is occurring. We then estimate the extent of the non-linear phase by tracing the $\log_{10}M_{\text{BH}}$ history in each direction, starting from the sBHAR peak. When the gradient, $d(log_{10}M_{BH})/dt$, shallows below a critical value, we take these thresholds to be the start and end points of non-linear growth, $t_{NLG[start]}$ and $t_{\text{NLG[end]}}$ respectively. We find the value d(log₁₀ $M_{\text{BH}})/\text{d}t$ $= 0.25$ dex Gyr⁻¹ provides a robust separation of the three phases for our BH sample; however the results are insensitive to the choice of this value.

In Figure [1](#page-3-1) we illustrate these steps for two randomly selected BHs (one represented by a solid line in each panel and the other by a dashed line in each panel). The top panel shows the 50 Myr time-averaged sBHAR history, highlighting our starting point, the maximum value, *t*peak. The middle panel shows the gradient of the log₁₀ M_{BH} history, highlighting our threshold value of $d(log_{10}M_{BH})/dt = 0.25$ dex Gyr⁻¹

Figure 1. Two illustrative examples of how the start and end points $(t_{\text{NLG}[\text{start}]}$ and $t_{\text{NLG}[\text{end}]}$ respectively) of the non-linear phase of BH growth are computed. Each panel is a function of cosmic time. Top panel: the 50 Myr time-averaged specific black hole accretion rate $(\dot{M}_{\rm BH}/M_{\rm BH}),$ annotated with the maximum value, t_{peak} . Middle panel: the gradient of log₁₀M_{BH}, d(log₁₀M_{BH})/dt. Where the gradient crosses the threshold value of $d(\log_{10}M_{\text{BH}})/dt$ = 0.25 dex Gyr−¹ (shown as a horizontal dashed line) in each direction, starting from t_{peak} , defines the times $t_{\text{NLG}[start]}$ and t_{NLGend} . Bottom panel: The BH mass. Each line is colour coded via the identified phase of BH evolution, as indicated by the legend.

as a horizontal dashed line. Where the histories first intersect with this threshold both backwards and forwards from the value t_{peak} , defines $t_{\text{NLG}[\text{start}]}$ and $t_{\text{NLG}[\text{end}]}$ respectively. Finally, the bottom panel shows the BH mass history. Each line is colour coded via the identified phase of evolution: green lines represent the stellar feedback regulated phase $(t < t_{\text{NLG}}[\text{start}])$, orange lines the non-linear growth phase
 $(t_{\text{NLG}}(t, t < t_{\text{NLG}}))$ and purple lines the AGN food $(t_{\text{NLG}[\text{start}]} \leq t \leq t_{\text{NLG}[\text{end}]})$ and purple lines the AGN feedback regulated phase $(t > t_{NLG[end]})$.

2.3 Defining n_{dyn} : the most proximate merger

To aid in establishing galaxy–galaxy mergers as potential triggering mechanisms for the non-linear phase in Sec-tion [3.3,](#page-6-0) we introduce n_{dyn} , defined as the number of dynamical times between the start of the non-linear growth phase and the completion time of the most proximate (i.e., closest in time) merger, i.e.,

$$
n_{\rm dyn} = \frac{t_{\rm NLG[start]} - t_{\rm merger}}{t_{\rm dyn}},\tag{1}
$$

⁴ As instantaneous BH activity is highly variable (see Figure 1 in [McAlpine et al.](#page-10-37) [2017\)](#page-10-37), the value of \dot{M}_{BH} used in all our sBHAR calculations is the 50 Myr time-averaged rate.

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where t_{NLG [start] is the onset time of non-linear growth defined in Section [2.2.1,](#page-3-2) *t*merger is the completion time of the most proximate host galaxy merger and *t*dyn is the dynamical time. We define the the dynamical time as the free-fall time of the dark matter halo, i.e.,

$$
t_{\rm dyn} \equiv \left(\frac{3\pi}{32G(200\rho_{\rm crit})}\right)^{1/2},\tag{2}
$$

where ρ_{crit} is the critical density of the Universe at $t_{\text{NLG}[\text{start}]}$.
For reference $t_{\text{NL}} \approx 1.6 \text{ Gyr}$ at $z = 0 \approx 0.5 \text{ Gyr}$ at For reference, $t_{\text{dyn}} \approx 1.6 \text{ Gyr at } z = 0, \approx 0.5 \text{ Gyr at } z = 0$ $z = 2$ and ≈ 0.2 Gyr at $z = 5$. Thus negative (positive) values of n_{dyn} indicate that the most proximate merger completed before (after) the rapid growth phase began. We compute n_{dyn} separately for the most proximate major merger $(m \geq \frac{1}{4})$, denoted $n_{dyn[maj]})$, minor merger $(t_{\text{merger}}(\frac{1}{10} \leq \mu < \frac{1}{4}),$ denoted $n_{\text{dyn}[min]})$ and either a major or minor merger $(t_{\text{merger}}(\mu \geq \frac{1}{10})$, denoted n_{dynall}).
High values of n_{tot} are cannot to ± 10 dynami

High values of n_{dyn} are capped to ± 10 dynamical times as mergers with $|n_{\text{dyn}}| > 10$ are unlikely to have had an influence on the non-linear period. The BHs hosted in galaxies that did not experience any merger of a particular classification throughout their lifetime (and therefore have no valid value of t_{merger}) are assigned the value $n_{\text{dyn}} = 10$ to still contribute to the normalization of the merger rate.

2.3.1 Creating a control sample of n_{dyn}

To ascertain the significance of mergers in proximity to the non-linear phase, we require a control. Therefore for each BH's value of $n_{dyn[maj]}$, $n_{dyn[min]}$ and $n_{dyn[all]}$ we construct ten associated control values. These are obtained by recomputing *n*dyn[maj] , *n*dyn[min] and *n*dyn[all] in ten random control galaxies using the $t_{NLG[start]}$ value of the source galaxy (overriding the native value of $t_{NLG[start]}$ in the control galaxies). The control galaxies are selected only on stellar mass (required to be within ± 0.5 dex of the source galaxy) and redshift, and therefore yield the expectation values of $n_{dyn[maj]}$, *n*dyn[min] and *n*dyn[all] that would be obtained for a galaxy of that mass, at that epoch, solely from the background merger rate, with no regard to the activity of the BH. For any collection of n_{dyn} values, such as the distributions in Figure [6,](#page-6-1) we combine their associated control values to create ten control samples. Any deviations from the n_{dyn} distributions of the controls indicates the relative prevalence of mergers around the rapid growth phase over the background rate.

3 RESULTS

3.1 Properties of the black holes

We begin with investigating the properties of the BHs within our sample in relation to their rapid growth phase. Figure [2](#page-4-1) shows the distribution of the non-linear phase durations (i.e., *t*NLG[end] [−] *t*NLG[start]</sub>), separated into two present day BH mass ranges: $10^7 \text{ M}_{\odot} \leq M_{\text{BH}[z=0]} < 10^8 \text{ M}_{\odot}$ (red line) and 10^8 $\rm M_{\odot} \leq \it M_{BH[z=0]} < 10^9 \rm \ M_{\odot}$ (blue line). Both distributions are relatively narrow and symmetric in their shape. The median duration of the rapid growth phase for the lower and upper present day BH mass ranges are almost identical $(1.4^{+0.5}_{-0.7})$

Figure 2. The distribution of non-linear growth durations (i.e., $t_{\text{NLG}[\text{end}]}$ – $t_{\text{NLG}[\text{start}]})$ for the BHs within our sample, separated into two present day BH mass ranges: 10^7 M_{\odot} \leq $M_{BH[z=0]}$ \lt 10^8 M_{\odot} (red line) and 10^8 M_{\odot} $\leq M_{BH[z=0]} < 10^9$ M_{\odot} (blue line). The median values are indicated by an arrow on the lower axis $(1.4^{+0.5}_{-0.7})$ $\frac{1.4}{1.0}$ and $1.4^{+0.6}_{-0.9}$ Gyr for the lower and upper mass ranges respectively,
the error values outline the 10th normality representing the means the error values outline the 10^{th} – 90^{th} percentile ranges). The median period of time BHs spend within the non-linear phase is insensitive to the eventual mass of the BH.

Figure 3. Properties of the BHs within our sample in relation to their rapid growth phase. Each solid line is the median value and the shaded regions outline the 10^{th} –90th percentile range. Each property is plotted as a function of the final BH mass. Top panel: the onset redshift of the rapid growth phase. Middle panel: the fraction of the BHs lifetime spent in the three evolutionary phases. Bottom panel: the fraction the total BH mass accumulated, via both mergers and accretion, in the three evolutionary phases.

Figure 4. The accretion activity of the BHs within our sample during their rapid growth phase. For each BH, the non-linear phase is divided into four equal time segments between $t_{\text{NLG}[start]}$ and $t_{\text{NLG[end]}}$, and the mean AGN luminosity (top panel) and the mean Eddington rate (bottom panel) is computed for each quarter. The solid circles are the mean values for each individual BH at a given quarter, coloured by the redshift at which they started their non-linear phase (i.e., $z[t = t_{NLG[start]}]$), as indicated by the legend. We assign each BH a random scatter along the x-axis of each quarter bin, for clarity. The solid triangles indicate the median values of the four bins, with the error bars outlining the 10^{th} – 90th percentile range. The median values are offset from each other along the x-axis, for clarity. The bolometric luminosity increases from the beginning to the end of the non-linear phase. The Eddington rate peaks at approximately 50% of the way through the rapid growth phase. These trends are epoch independent, however at higher redshift the mean values increase in each property.

and $1.4^{+0.6}_{-0.9}$ Gyr respectively, the error values outline the 10^{th} – 90^{th} percentile ranges). Therefore the median period of time spent within the non-linear phase is insensitive to the eventual BH mass.

Further properties of the rapid growth phase are investigated in Figure [3.](#page-4-2) Here we show, from top to bottom, the onset redshift of the non-linear phase, the fraction of the BHs lifetime that was spent in the three evolutionary phases and the fraction of mass that was accumulated, via both mergers and accretion, in the three evolutionary phases, each as a function of the final BH mass.

Starting with the top panel, we find today's most massive BHs began their non-linear phase, on average, the earliest ($z \approx 2$ for $M_{BH[z=0]} = 10^7$ M_{\o increasing to $z \approx 6$ for} $M_{\text{BHIz=0}} = 10^9$ M_{\opto}). This result is expected, as these BHs, which are hosted by some of the most massive haloes today (e.g., [McAlpine et al.](#page-10-37) [2017\)](#page-10-37), will tend to have reached the critical halo mass for non-linear growth at earlier epochs than their lower mass counterparts. The fraction of a BHs lifetime spent in the rapid growth phase is low, and relatively

constant for all the BHs within our sample ($\approx 15\%$, see middle panel). Most of the duration of massive BH life is spent in the AGN feedback regulated phase (between ≈ 60 and 90% of their lifetimes). The fraction of the total BH mass that is accumulated in the non-linear phase is not constant; it accounts for $\approx 30\%$ of the total final mass for $M_{\text{BH}[z=0]}$ = 10^7 M_{\opposite decreasing to \approx 5% for $M_{BH[z=0]} = 10^9$ M_{\opposite decreesing to \approx 5% for $M_{BH[z=0]} = 10^9$ M_{\opposite decreesing}}} bottom panel). Regardless of the time BHs spend in the stellar feedback regulated phase, which is only non-negligible for the lowest-mass BHs we study, almost no mass is accumulated, due to the quenching of BH growth via efficient stellar feedback.

Therefore, the earlier BHs undergo their non-linear growth phase, the less contribution this phase has to the present day mass. Regardless of when this phase begins, it is generally short lived relative to the lifetime of the BH.

3.1.1 Black hole activity during the rapid growth phase

The accretion activity of the BHs within our sample during their rapid growth phase is investigated in Figure [4.](#page-5-0) For each BH, we divide the non-linear phase into four equal time segments^{[5](#page-5-1)} between $t_{\text{NLG[start]}}$ and $t_{\text{NLG[end]}}$ and measure the mean bolometric AGN luminosity (top panel) and the mean Eddington rate^{[6](#page-5-2)} (bottom panel) for each quarter. This allows us to measure the comparative trends of BH activity throughout each segment of the rapid growth phase. The BHs are separated by the redshift at which they began their non-linear phase (i.e., $z[t = t_{NLG[start]}]$).

The general evolutionary trend for both the AGN luminosity and the Eddington rate through the non-linear phase is very similar for each redshift range. The AGN luminosity in the 1st quarter initiates at a relatively low rate ($\sim 10^{42}$ erg s⁻¹), steadily increases towards the 3rd quarter (~ 10⁴⁴) erg s^{-1}) and remains approximately at this level through to the 4th quarter. This increase is consistent with the scenario of a growing BH embedded within a relatively constant source of fuel. The Eddington rate similarly begins at a relatively low level in the 1st quarter ($\lambda_{\text{edd}} \sim 10^{-1.5}$), evolves
towards a peak in the 2nd and 3rd quarters ($\lambda_{\text{tot}} \sim 10^{-0.5}$) towards a peak in the 2nd and 3rd quarters ($\lambda_{\text{edd}} \sim 10^{-0.5}$), and finally reduces back to values similar to that of the 1st and finally reduces back to values similar to that of the 1st quarter. This remains consistent with the picture seen in the panel above: the AGN luminosity of a growing BH tends to a constant rate in the later states of non-linear growth. For each of the two properties, the mean values increase with increasing redshift, indicating that the BHs that underwent their rapid growth phase at higher redshift are on average more luminous and closer to the Eddington limit than their counterparts at lower redshift. If we examine the individual mean Eddington rate values (background coloured circles), we find that it is extremely rare to sustain continued growth at the Eddington limit for any period during the non-linear phase.

 $^{\rm 5}$ Note that the absolute time intervals of the quarters will be different for each BH due to the varying range of non-linear growth durations.
⁶ Defined

⁶ Defined as $\lambda_{\text{edd}} = \dot{M}_{\text{BH}} / \dot{M}_{\text{edd}}$ where \dot{M}_{BH} is the accretion rate of the BH and \dot{M}_{tot} is the Eddington limit. The BH accretion rate the BH and \dot{M}_{edd} is the Eddington limit. The BH accretion rate in the EAGLE reference model is capped to the Eddington limit over h (i.e., the maximum allowed value of $\lambda_{\text{edd}} = 1/h = 1.48$).

Figure 5. The galaxy stellar mass (upper panel), halo mass (middle panel) and gas fraction $\left(M_{\rm gas}/M_{\rm gas+stars},\right.$ bottom panel) of the hosts of the BHs within our sample at the beginning of their rapid growth phase $(t = t_{NLG[start]})$ as a function of the redshift at which their rapid growth began. The filled triangles indicate the median values, with the error bars outlining the 10^{th} – 90^{th} percentile ranges. The BHs undergoing their rapid growth phases at low redshift do so in galaxies/haloes approximately an order of magnitude more massive than their high-redshift counterparts. The BHs undergoing their rapid growth phases at low redshift reside in galaxies that are considerably less gas rich than their highredshift counterparts. Included in the upper and middle panels are three theoretical predictions for the stellar/halo mass(es) at which stellar feedback can no longer efficiently regulate the gas content of the galaxy and stalls, marking the theoretical transition point to the non-linear phase, see Section [4.1](#page-7-1) for a discussion.

3.2 Properties of the hosts at the start of the rapid growth phase

We now turn to the galaxies and dark matter haloes that host the BHs within our sample at the onset of their rapid growth phase. Figure [5](#page-6-2) shows, from top to bottom, the galaxy stellar mass, halo mass and gas fraction $(M_{\text{gas}}/M_{\text{gas +stars}})$, each at the time $t = t_{\text{NLG}[\text{start}]}$, as a function of the redshift at which the rapid growth phase began. There is a distinct negative trend visible in the first two panels, with both the host galaxy and halo mass decreasing as the redshift increases ($M_* \approx 10^{8.5}$ M_o at $z \approx 7$ increasing to $M_* \approx 10^{10}$ M_☉ at $z \approx 0$ and $M_{200} \approx 10^{11}$ M_☉ at $z \approx 7$ increasing to $M_{200} \approx 10^{12}$ M_{\odot} at $z \approx 0$). There appears, therefore, to be no fixed galaxy or halo mass at which nonlinear BH growth initiates. In addition, the overall gas content within the galaxy during the non-linear period is also strongly epoch dependent (gas fractions of $\approx 95\%$ at $z \approx 7$

Figure 6. The distributions of $n_{\text{dyn}[\text{maj}]}$ (green lines), $n_{\text{dyn}[\text{min}]}$ (orange lines) and $n_{dyn[all]}$ (purple lines) for each BH contained within our sample (the number of dynamical times since the most proximate in time merger, see Section [2.3](#page-3-3) for definitions). The BHs are separated into those that began their rapid growth phase in the redshift ranges $0.0 \le z < 1.0$ (top panel), $1.0 \le z < 2.0$ (middle panel) and $2.0 \le z < 4.0$ (bottom panel). The shaded regions outline the $10^{\text{th}}-90^{\text{th}}$ percentile range of the control distributions for $n_{\text{dyn[all]}}$ (see Section [2.3.1\)](#page-4-3). These reveal the predicted distribution of $n_{dyn[all]}$ that would be produced solely from the background merger rate. The distributions are normalized by the total number of BHs in that redshift range, including those with host galaxies that experienced no mergers of the particular classification in their lifetimes (see Section [2.3\)](#page-3-3). The significant peak just before the value $n_{\text{dyn[all]}} = 0$ in the upper panel, relative to the control, shows that mergers commonly trigger this phase of BH evolution at low redshift (almost exclusively from major mergers). At higher redshifts the peak diminishes and broadens, with the distributions falling closer to that of the control.

reducing to just $\approx 20\%$ at $z \approx 0$). Therefore the fuel available to BHs during the non-linear phase can vary substantially.

3.3 The proximity of mergers to the rapid growth phase

We conclude this section by investigating the physical connection between the start of the non-linear phase of BH growth and galaxy mergers. Figure [6](#page-6-1) shows the distributions of *n*dyn[maj] (green lines), *n*dyn[min] (orange lines) and *n*dyn[all] (purple lines) for each BH contained within our sample (see Section [2.3](#page-3-3) for their definitions). The BHs are separated into those that began their rapid growth phase in the redshift

Figure 7. The fraction of BHs within our sample that began their rapid growth phase within ± 0.5 dynamical times of a major merger (green line), minor merger (orange line) and either a minor or major merger (purple line) as a function of the redshift at which the rapid growth phase began. The fractions that would be expected from the background merger rate for similar mass galaxies (with no regard for BH activity) are shown as shaded regions. A substantial excess of BHs at low redshift are more proximate in time to a merger than the control prediction. Therefore mergers, almost exclusively major mergers, are triggering the rapid growth phase for a large fraction of the BHs at low redshifts.

ranges $0.0 \le z < 1.0$, $1.0 \le z < 2.0$ and $2.0 \le z < 4.0^7$ $2.0 \le z < 4.0^7$, shown
in the top middle and bottom panels, respectively. These in the top, middle and bottom panels, respectively. These distributions reveal the characteristic proximity in time between galaxy–galaxy mergers of the host and the onset of the rapid growth phase of the central BH.

Starting with the top panel, we find that the distribution of $n_{\text{dyn[all]}}$ (purple line) strongly peaks just before the value $n_{dynall]} = 0$ (indicated by a vertical black line). The abundance of quantitatively low values of $|n_{dyn[all]}|$ indicates that for these BHs there is often either a major or minor merger during this phase of their evolution. Additionally, the preference for negative values tells us that the most proximate merger generally completes after the non-linear phase has begun. If we were to attribute the most proximate merger as the triggering mechanism, it would indicate that the rapid growth phase initiates during the initial period of the interaction and well before the final coalescence of the two galaxies. If we consider minor and major mergers independently (orange and green lines), we find that most of the peak counts for all mergers is contributed by major mergers, rather than minor mergers. As we move to higher redshifts, in the middle and bottom panels, we find the strong peak evident at low redshift progressively diminishes and the distribution broadens. It appears therefore, that BHs starting the non-linear phase at higher redshifts do so less often in the presence of a merger than their low-redshift counter-

⁷ We note that whilst there are galaxies that begin their nonlinear phase at $z > 4$ (see Figure [3\)](#page-4-2), we limit our merger analysis to $z < 4$ to ensure we adequately resolve minor mergers $(M_{*,2} \ge 10^8)$ M_{\odot} , see Section [2\)](#page-2-0) for all galaxies, as the host galaxies of the BHs beginning their rapid growth at $z < 4$ have masses $M_* \ge 10^9$ M_o (see Figure [5\)](#page-6-2).

parts. The peak of the distribution additionally shifts, now centering around the value $n_{dyn} \approx 0$.

However, it is difficult to attribute any significance to these peaks without also knowing the expected distribution of *n*dyn[min] , *n*dyn[maj] and *n*dyn[all] that would arise just from the background merger rate, regardless of BH activity. For this we additionally show the 10^{th} –90th percentile range of the ten control samples (see Section [2.3.1\)](#page-4-3) for n_{dynfall} as a shaded region in each panel. For clarity, we exclude the control samples for the remaining two merger classifications from this figure, but note that they are indistinguishable from the control distribution that is plotted. Relative to the control, it is clear that the enhancement around the value $n_{\text{dynfall}} \approx 0$ is a significant deviation from what is expected from the background rate, particularly at low redshift.

To measure this enhancement more clearly, we present Figure [7.](#page-7-3) This shows the fraction of BHs that began their non-linear phase within ± 0.5 dynamical times of a merger as a function of the redshift at which the non-linear phase began for the same three merger classifications. We additionally show the predicted fractions from our control sets as shaded regions. The behavior first hinted towards in Figure 6 is now much more apparent. There is always an excess above the control, indicating that mergers are more common around the start of the rapid growth phase than one would predict from the background rate. At low redshift $(z \approx 0)$ the excess is substantial; \approx 55% of the BHs are found within ± 0.5 dynamical times of either a minor or major merger, when only $\approx 10\%$ would be expected to be so. It therefore appears that mergers, almost exclusively major mergers, are strong drivers of the rapid growth phase for many BHs at low redshift. We discuss this further in Section [4.2.](#page-8-0)

4 DISCUSSION

4.1 Stalling stellar feedback and the transition to the rapid growth phase of black holes

Whilst a number of current hydrodynamical simulations have reported a link between efficient stellar feedback and the substantial reduction of BH growth in low-mass systems, it remains unclear exactly when, and how, the transition between stalling stellar feedback and the onset of rapid BH growth occurs.

[Dubois et al.](#page-10-18) [\(2015\)](#page-10-18) study the growth of an individual dark matter halo $(10^{12} M_{\odot}$ at $z = 2)$ by means of a high-resolution cosmological zoom in, taken from the SETH simulation suite using the adaptive mesh refinement code RAMSES [\(Teyssier](#page-10-39) [2002\)](#page-10-39). They find that at redshifts $z > 3.5$ the galaxy's central reservoir of gas is sufficiently disrupted via efficient stellar feedback^{[8](#page-7-4)} to substantially restrict the accretion onto the central BH. After the galaxy has accumulated sufficient mass, they witness a decline in the ability of stellar feedback to disrupt the gas, and the central BH transitions into a rapid growth phase. They argue that

⁸ This is only true when their delayed cooling prescription for stellar feedback is used [\(Teyssier et al.](#page-10-40) [2013\)](#page-10-40). When performing similar tests with a kinetic stellar feedback model [\(Dubois &](#page-10-41) [Teyssier](#page-10-41) [2008\)](#page-10-41), they only find a very limited effect on the growth of the central BH.

this transition is directly linked to the balance between the momentum-driven stellar wind and the escape velocity of the central bulge. From this they predict the theoretical mass scale above which these winds can no longer escape the bulge, leading to a rise in the central gas density, which in turn feeds the central BH. They state the escape velocity for a bulge of mass 10^9 M_o at a fixed bulge radius of 100 pc is ≈ 270 km s⁻¹, approximately equal to that achieved by a supernovae Sedov blast wave (see their Equation 1). This is indeed the bulge mass found by their simulation around which the rapid BH growth begins. The prediction that stellar feedback begins to stall ubiquitously at a constant bulge mass and bulge radius (i.e., a constant density) implies the existence of a critical mass that is independent of epoch, contrary to our findings in Figure [5.](#page-6-2) We show this bulge mass (converted to a range of total stellar masses assuming a bulge to total stellar mass ratio of between 0.1 and 1.0) as a horizontal pink shaded region in the upper panel of Figure [5.](#page-6-2) We note that, from the study of a single halo, one cannot capture the variation of the critical mass with time and halo properties. Indeed, the assumption of a fixed bulge density is potentially a key assumption that leads to a redshift-independent critical mass, though we know that bulges at high redshift are denser than those in the local Universe.

[Keller et al.](#page-10-14) (2016) investigated the evolution of 18 isolated Milky Way-like disc galaxies from the MUGS2 simulation suite [\(Stinson et al.](#page-10-42) [2010\)](#page-10-42), performed using the smoothed particle hydrodynamics code gasoline2 [\(Wad](#page-10-43)[sley et al.](#page-10-43) [2017\)](#page-10-43). They find that supernovae alone cannot regulate the incoming gas flow to systems with virial masses $> 10^{12}$ M_{\odot}, which can result in a runaway production of stars in the central bulge. This stalling is attributed to the shutdown of galactic winds from a deepening potential well (mass loading factors fall from a relatively constant level of $\eta \sim 10$ below the critical mass scale, to $\eta \sim 1$ just above). They report a redshift-independent central baryonic mass of $10^{10.0\pm0.1}$ M_o and halo mass of $10^{11.37\pm0.08}$ M_o at which the stellar feedback begins to stall. We show this halo mass as a purple horizontal line in the middle panel of Figure [5.](#page-6-2) Although a universal and non-evolving critical mass is again in conflict with our findings (see Figure [5\)](#page-6-2), we note that only a moderate range of present day galaxy masses are explored in the simulation set of [Keller et al.](#page-10-14) [\(2016\)](#page-10-14) $(M_{*[z=0]} = 0.5 20.8\times10^{10}$ M_o). Furthermore, there is evidence of a varying critical halo mass even within this limited mass range (see their Figures 7 & 8). Perhaps most importantly, as no prescription for BHs is included for these simulations, they are unable to directly investigate the link between stalling stellar feedback and the rapid growth phase. The runaway production of stars seen in systems above this critical mass, however, strongly suggests that AGN feedback (and thus a massive BH) is required to curb continued galaxy growth.

[Bower et al.](#page-10-20) [\(2017\)](#page-10-20) provide a different explanation. They develop a simple analytical model that describes the interaction between buoyant, high entropy star formation driven outflows and the rate of the cosmic gas inflow. In low mass systems ($M_{200} \leq 10^{12}$ M_o) the adiabat of this outflow exceeds that of the haloes diffuse corona, and can buoyantly escape. This ensures that the central gas densities within the galaxy remains low, and the central BH is deprived fuel. In massive systems a hot corona forms, and the star formation-

driven outflows are no longer buoyant relative to their surroundings. This triggers a high density build up of gas within the central regions of the galaxy, and a subsequent non-linear response from the central BH. The critical halo mass predicted for this transition is given by their Equation 5, which we show in the middle panel of Figure [5](#page-6-2) as a green line. There is a remarkable agreement between the analytical prediction and that of our findings, reproducing the redshift dependent trend.

To summarize, we find the critical galaxy/halo mass at which stellar feedback fails and rapid BH growth begins is not constant, but instead decreases with increasing redshift (see Figure [5\)](#page-6-2). This is contrary to some previous predictions where an epoch-independent single critical mass has been reported. But, we understand this as limitations of these works due to a limited range of simulated parameters, or because AGN feedback was not included in these simulations.

4.2 The role of galaxy mergers in triggering the rapid growth phase of black holes

In the paradigms set out by the studies in the previous section, the primary factor in transitioning from efficient to inefficient stellar feedback outflows is the secular evolution of the bulge/galaxy/halo. That is, when the host system becomes sufficiently massive, their stellar winds/outflows become trapped via a deepening potential well or hot corona. However, the rapid growth phase of BHs may also, or exclusively, be triggered by galaxy–galaxy interactions.

[Dubois et al.](#page-10-18) [\(2015\)](#page-10-18) found for the evolution of a single halo (discussed in the previous section) that the rapid growth phase of the central BH was likely triggered by a major merger. In Section [3.3](#page-6-0) we found a strong connection between the onset time of non-linear growth $(t = t_{NLG[start]})$ and the most proximate merger in the low-redshift Universe. Over 50% of the BHs within our sample that undergo a rapid growth phase at $z \approx 0$ do so within ± 0.5 dynamical times of either a minor or major merger (> ⁴⁰% a major merger, see Figure [7\)](#page-7-3). This far exceeds the predicted proximity to mergers from the background rate at this epoch ($\approx 10\%$). A simple explanation is that a galaxy's central BH at lower redshift increasingly requires a major disturbance to initiate its rapid growth phase. One may therefore conclude that galaxy interactions can act as catalysts to accelerate the transition from stalling stellar feedback to the rapid growth phase. However, the relatively low spread in galaxy/halo masses at which the rapid growth phase initiates suggests this is not the case (see the top and middle panels of Figure [5\)](#page-6-2).

It appears, therefore, that whilst the non-linear phase may be initiated through a strong interaction, a characteristic halo mass remains essential for rapid BH growth to occur. The reduced gas fraction at low redshift may be the key factor (see the bottom panel of Figure [5\)](#page-6-2). Haloes that reach the critical mass for rapid BH growth at $z \approx 0$ do so with much lower quantities of gas than their high-redshift counterparts. The role of the merger may therefore simply be to supply the central BH with enough fuel for a sustained growth period, as opposed to simply compressing the gas and driving the existing fuel towards the galaxy center. However, it is undoubtedly a combination of effects.

The role of mergers in triggering the rapid growth phase at high redshift is less clear as the fraction of BHs within

Figure 8. The median bolometric AGN luminosity (upper panel) and the median Eddington rate (lower panel) as a function of the host galaxy stellar mass for six redshifts, as indicated in the legend. These are computed from all galaxies at the stated epoch, and not only those hosting the BHs contained within the massive BH sample outlined in Section [2.2.](#page-3-4) The shaded regions outline the $10^{\text{th}}-90^{\text{th}}$ percentile range.

our sample beginning their non-linear phase within close proximity in time to a merger adheres much closer to what is expected from the background rate. Yet the increasing merger rate within the high-redshift Universe makes it difficult to disentangle a causal connection with galaxy interactions. There is always an excess above the background rate, it is not as pronounced as at low redshift.

We therefore predict that the role of mergers in triggering the rapid growth phase of BHs is strongly epochdependent. Whilst a critical halo mass is required to initiate rapid BH growth, strong interactions become increasingly important for this transition to occur as galaxies evolve towards the present day.

4.3 Observing the rapid growth phase of black holes

We explore the considerations needed to validate the nonlinear phase in observations of the BH population in Figure [8.](#page-9-1) This figure shows the median bolometric AGN luminosity (top panel) and the median Eddington rate (bottom panel) for all the BHs within the EAGLE volume as a function of the host galaxy stellar mass at six different redshifts. Here we see the familiar imprint of the three phases of BH evolution: before the critical mass BHs are effectively inactive, the luminosities and Eddington rates then increase by many orders of magnitude over a narrow stellar mass window around the critical mass, and finally the luminosities and Eddington rates come to settle to an approximately constant median rate after the critical mass, though with very large scatter. As we saw in Figure [5,](#page-6-2) the critical mass

marking this transition reduces with increasing redshift. Figure [8](#page-9-1) also shows that the increase in AGN luminosity and Eddington rate during the non-linear phase is larger at high redshift.

One could then in principle observe evidence of the rapid growth phase in two ways: attempt to discover the transition between inactive BHs and moderately active BHs in low-mass galaxies, or find the transition between a steep and shallow relationship for the median L_{bol} and λ_{edd} around the critical mass. The pivot mass in each case is predicted to decrease as the redshift increases. However, the spread of many orders of magnitude in the AGN luminosity (the shaded regions outline the 10^{th} –90th percentile range), the difficulty in detecting low luminosity AGN $(L_{bol} < 10^{43})$ erg s−¹), the relatively narrow range and therefore the need for accurate measurements of the stellar masses, and the need for large statistical samples of objects at multiple epochs will make this extremely challenging. It is therefore more plausible to find evidence for the rapid growth phase indirectly via the integrated BH accretion rate, i.e., the BH mass, as the three phases of BH evolution are also present within the BH mass–stellar mass relation (e.g., [Crain et al.](#page-10-23) [2015;](#page-10-23) [Schaye et al.](#page-10-22) [2015;](#page-10-22) [Barber et al.](#page-10-44) [2016;](#page-10-44) [Rosas-Guevara](#page-10-29) [et al.](#page-10-29) [2016;](#page-10-29) [Bower et al.](#page-10-20) [2017;](#page-10-20) [McAlpine et al.](#page-10-37) [2017](#page-10-37) for the case of EAGLE). The scatter in this relation is also predicted to change considerably with the mass of the galaxy host: galaxies below the critical mass will host BHs with a small scatter around the seed mass, galaxies around the critical mass will host a large dynamic range of BH masses, due to the rapid BH growth over this mass range and BHs hosted in galaxies above the critical mass return to a much smaller scatter due to the regulation from AGN feedback. Indeed, changing relationships between the mass of the galaxy host and that of the central BH across a range of stellar masses and morphologies have been found by many empirical stud-ies (e.g., [Scott et al.](#page-10-45) [2013;](#page-10-45) [Greene et al.](#page-10-46) [2016;](#page-10-46) Läsker et al. [2016;](#page-10-47) Martín-Navarro & Mezcua [2018\)](#page-10-48)

5 CONCLUSIONS

We have investigated the rapid growth phase of BHs using the hydrodynamical cosmological EAGLE simulation. Our main conclusions are as follows:

• On average, the more massive the BH today, the earlier it began its rapid growth phase ($z \approx 2$ for $M_{\text{BH}[z=0]} = 10^7$ M_{\opp}, increasing to $z \approx 6$ for $M_{\text{BH}[z=0]} = 10^9 \text{ M}_{\odot}$). See Figure [3.](#page-4-2)

• The median duration of the rapid growth phase for BHs with a final mass in the range $10^7 \text{ M}_{\odot} \leq M_{\text{BH}[z=0]} < 10^8 \text{ M}_{\odot}$ $(10^8 \text{ M}_{\odot} \leq M_{\text{BH}[z=0]} < 10^9 \text{ M}_{\odot})$ is $1.4^{+0.5}_{-0.7}$ Gyr $(1.4^{+0.6}_{-0.9}$ Gyr).
This corresponds to $\approx 15\%$ of their lifetime. The vast major-This corresponds to $\approx 15\%$ of their lifetime. The vast majority of massive BH evolution is spent in the AGN feedback regulated phase ($\approx 60-90\%$ of their lifetimes). See Figure [3.](#page-4-2)

• The fraction of the present day total BH mass accumulated during the rapid growth phase decreases with increasing BH mass ($\approx 30\%$ of the present day mass at $M_{\text{BH}[z=0]}$ = 10^7 M_{\opt}, decreasing to $\approx 5\%$ at $M_{\text{BH}[z=0]} = 10^9$ M_{\opt}). The remainder is acquired during the AGN feedback regulated phase, as no significant BH growth occurs during the stellar feedback regulated phase. See Figures [2](#page-4-1) and [3.](#page-4-2)

• The mean bolometric AGN luminosity increases from

the beginning to the end of the rapid growth phase $(~10^{42}$ erg s⁻¹ up to ~10⁴⁴ erg s⁻¹). The mean Eddington rate initially increases, peaks half way through the rapid growth phase, then declines. See Figure [4.](#page-5-0)

• There is no fixed host galaxy stellar mass or halo mass at which the rapid growth phase begins. Instead, the critical host mass increases as a function of decreasing redshift. BHs initiating their rapid growth phase today do so in galaxies and haloes approximately an order of magnitude more massive than their counterparts at $z \approx 7$ ($M_* \approx 10^{8.5}$ M_Q at $z \approx 7$) increasing to $M_* \approx 10^{10}$ M_☉ at $z \approx 0$ and $M_{200} \approx 10^{11}$ M_☉ at $z \approx 7$ increasing to $M_{200} \approx 10^{12}$ M_o at $z \approx 0$). See Figure [5.](#page-6-2)

• The gas fraction of galaxies hosting BHs at the beginning of their rapid growth phase decreases with decreasing redshift (gas fractions of $\approx 95\%$ at $z \approx 6$, reducing to $\approx 20\%$ at $z \approx 0$). See Figure [5.](#page-6-2)

• Approximately 50% of the BHs initiating their rapid growth phase today $(z \approx 0)$ do so within ± 0.5 dynamical times of either a minor or major galaxy–galaxy merger $(\mu \ge \frac{1}{10})$ and $\approx 40\%$ within ± 0.5 dynamical times of a major merger $(\mu \ge \frac{1}{4})$. This is substantially higher than what is
predicted from the background merger rate $(\approx 10\%)$. We predicted from the background merger rate ($\approx 10\%$). We therefore predict that galaxy interactions at low redshift trigger a large fraction of the BH's rapid growth phases. See Figures [6](#page-6-1) and [7.](#page-7-3)

• Minor mergers do not play a large role in triggering the rapid growth phase at any epoch. See Figures [6](#page-6-1) and [7.](#page-7-3)

• BHs initiating their rapid growth phase at high redshift do so within a similar proximity in time to mergers as is predicted via the background rate. We therefore predict that galaxy interactions are less important for triggering the rapid growth phase at high redshifts. See Figures [6](#page-6-1) and [7.](#page-7-3)

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