

**Quantitative MRI in obesity & reno-cardiovascular function** Dekkers, I.A.

## Citation

Dekkers, I. A. (2020, June 18). *Quantitative MRI in obesity & reno-cardiovascular function*. Retrieved from https://hdl.handle.net/1887/119365

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Author: Dekkers, I.A. Title: Quantitative MRI in obesity & reno-cardiovascular function Issue Date: 2020-06-18

## STELLINGEN BEHORENDE BIJ HET PROEFSCHRIFT GETITELD

## Quantitative MRI in Obesity & Reno-cardiovascular Function

- 1. The MOLLI 5(3)3 sequence is the preferred scheme for renal tissue characterization considering its precise and accurate estimation of renal T1 values and its wide availability across vendors (this thesis)
- 2. Mendelian randomization shows that liver fat plays a less important role in the risk of CKD than previously suspected (this thesis)
- 3. The transition of qualitative image interpretation to quantitative image analyses provides radiologists new tools that can contribute to earlier and more accurate diagnosis, and enable treatment-monitoring (this thesis)
- 4. As radiologist, it is advisable to keep the ALARA principle in mind when using contrast agents in diagnostic examinations: keep the contrast agent dose as low as reasonably possible (this thesis)
- 5. A decade ago, quantitative MR techniques were almost nonexistent; in a decade's time they will be routine *Paul Tofts, Quantitative MRI of the brain; 2003*
- 6. Overuse of imaging equates to haphazard screening of individuals for disease. Oren O, Kebebew E, Ioannidis JPA. Curbing Unnecessary and Wasted Diagnostic Imaging. JAMA. 2019 Jan 22;321(3):245-246.
- Failure to understand the effect of regression [to the mean] leads one to overestimate the effectiveness of punishment and to underestimate the effectiveness of reward – Tversky A, Kahneman D. Judgment under Uncertainty: Heuristics and Biases. Science. 1974 Sep 27;185(4157):1124-31.
- 8. Multidisciplinary research does not mean leaving behind your own skills it means heading in new scientific directions using your own specialties – *Leeming, NatureJobs; 2017*
- 9. No hay misión que no ofrezca dificultades y no hay dificultad que no pueda ser vencida con energía, voluntad y trabajo (Vertaling: Er is geen missie zonder obstakels en er is geen obstakel dat niet overwonnen kan worden met energie, wilskracht en werk) – Mario Vargas Llosa, Pantaleón y las visitadoras; 1973