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Recurrent miscarriage and the subsequent risk of cardiovascular disease

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Author: Wagner, M.M.

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Stellingen

behorende bij het proefschrift

Recurrent miscarriage and the subsequent risk of cardiovascular disease

1. In women with a history of two miscarriages, consecutive or not, the future risk of ischemic heart disease is almost doubled (HR 1.82). (this thesis)
2. Traditional cardiovascular disease risk factors (maternal age, BMI, social class and smoking) do not explain the association between miscarriages and ischemic heart disease. (this thesis)
3. Young women with a history of recurrent miscarriage have a worse cardiovascular risk profile compared to women with no miscarriage, which cannot be explained by acquired and heritable thrombophilia. (this thesis)
4. A history of two or more miscarriages must be added as an indicator for an increased risk of future cardiovascular disease in guidelines on cardiovascular disease prevention in women. (this thesis)
5. For the comparability of study results it is recommended to use the definitions of recurrent miscarriage and pregnancy loss as stated in the consensus statement published by the ESHRE special interest group.
6. There is a need for studies which examine the impact of including multiple adverse pregnancy events, both individually and combined, in traditional cardiovascular risk scoring systems.
7. Genetic studies in families with a burden of both miscarriage and cardiovascular disease will help to identify a likely link between the two types of events.
8. Big data analytics can help us to interpret multiple variables in a heterogenous condition, such as recurrent miscarriage, and are a promising tool in future in “personalized decision-making” health care.
9. It’s tough to make predictions, especially about the future. (Danish proverb)
10. Make prevention a priority: *Superior doctors prevent the disease, Mediocre doctors treat the disease before evident, Inferior doctors treat the full-blown disease.* (Huang Dee Nai-Chang, 2600 BC 1st Chinese Medical Text)
11. Behoed je voor de mensen die het zeker weten.

Marise Wagner, 26 juni 2018