



Universiteit
Leiden
The Netherlands

Cognitive-behavioural therapy for deliberate self-harm

Slee, N.

Citation

Slee, N. (2008, April 24). *Cognitive-behavioural therapy for deliberate self-harm*. Retrieved from <https://hdl.handle.net/1887/12835>

Version: Not Applicable (or Unknown)

License: [Leiden University Non-exclusive license](#)

Downloaded from: <https://hdl.handle.net/1887/12835>

Note: To cite this publication please use the final published version (if applicable).

References

References

- Alford, B.A., & Beck, A.T. (1997). *The integrative power of cognitive therapy*. New York: The Guilford Press.
- Anderson, L., Vostanis, P., & O'Reilly, M. (2005). Three-year follow-up of a family support service cohort of children with behavioural problems and their parents. *Child Care and Health Development*, 31, 469-477.
- Arensman, E. (1997). *Attempted suicide: Epidemiology and classification*; dissertation, Leiden University.
- Arensman, E., Kerkhof, A.J.F.M., Hengeveld, M.W., & Mulder, J.D. (1995). Medically treated suicide attempts: a four year monitoring study of the epidemiology in The Netherlands. *Journal of Epidemiology and Community Health*, 49, 285-289.
- Arindell, W.A., & Ettema, J.H.M. (1986). *Dutch translation of the SCL-90*. Lisse: Swets & Zeitlinger.
- Arnold, E.M., Griffith, D.P., Meadows, K., Kirk, R.S., Roberts, A.C., & Julian, J. (2005). Treatment of incarcerated, sexually-abused adolescent females: an outcome study. *Journal of Child Sexual Abuse*, 12, 123-139.
- Arntz, A. (1994). Treatment of borderline personality disorder-A challenge for cognitive-behavioral therapy. *Behaviour Research and Therapy*, 32, 419-430.
- Arntz, A., Dietzel, R., & Dreesen, L. (1999). Assumptions in borderline personality disorder: specificity, stability and relationship with etiological factors. *Behaviour Research and Therapy*, 37, 545-557.
- Arntz, A., & Weertman, A. (1999). Treatment of childhood memories: Theory and practice. *Behaviour Research and Therapy*, 37, 715-740.
- Bancroft, J., Hawton, K., Simkin, S., Kingston, B., Cumming, C., & Whitwell, D. (1979). The reasons people give for taking overdoses: a further inquiry. *British Journal of Medical Psychology*, 52, 353-365.
- Bancroft, J.H.J., Skrimshire, A.M., & Simkin, S. (1976). The reasons people give for taking overdoses. *British Journal of Psychiatry*, 128, 538-548.
- Barnow, S., Kessler, C., Freyberger, H.J., Spitzer, C., & Grabe, H.J. (2006). Individual characteristics, familial experience, and psychopathology in children of mothers with borderline personality disorder. *Journal of the American Academy of Child and Adolescent Psychiatry*, 45, 965-972.
- Bateman, A., & Fonagy, P. (1999). The effectiveness of partial hospitalisation in the treatment of borderline personality disorder: a randomised controlled trial. *American Journal of Psychiatry*, 156, 1563-1569.
- Bateman, A.W., & Fonagy, P. (2000). Effectiveness of psychotherapeutic treatment of personality disorder. *British Journal of Psychiatry*, 177, 138-143.
- Bateman, A., & Fonagy, P. (2001). Treatment of borderline personality disorder with psychoanalytically oriented partial hospitalisation: an 18-month follow-up. *American Journal of Psychiatry*, 158, 36-42.
- Bateman, A.W., & Fonagy, P. (2004). *Psychotherapy for borderline personality disorder: mentalization based treatment*. Oxford: Oxford University Press.

- Baron, R.M., & Kenny, D.A. (1986). The moderator-mediator variable distinction in social psychological research: Conceptual, strategic and statistical considerations. *Journal of Personality and Social Psychology*, 51, 1173-1182.
- Beck, A.T. (1967). *Depression*. New York: Harper & Row.
- Beck, A.T. (1976). *Cognitive therapy and the emotional disorders*. New York: International Universities Press.
- Beck, A.T. (2003). Dysfunctional problem solving in borderline personality disorder. *Cognitive Therapy Today*, 8. Retrieved December 18, 2003, from <http://www.beckinstitute.org/Febo3/index.html>
- Beck, J.S. (2005). *Basisboek cognitieve therapie*. Baarn: HB Uitgevers.
- Beck, A.T., Freeman A. and associates (1990). *Cognitive therapy of personality disorders*. New York: The Guilford Press.
- Beck, A.T., Rush, A.J., Shaw, B.F., & Emery, G. (1979). *Cognitive therapy of depression*. New York: John Wiley & Sons.
- Beck, A.T., Schuyler, D., & Herman, I. (1974). Development of suicidal intent scales. In A.T. Beck, H.L.P. Resnik & D.J. Lettieri (Eds.), *The prediction of suicide* (pp. 45-48). Bowie, Maryland: Charles Press.
- Beck, A.T., Steer, R.A., Ball, R., & Ranieri, W.F. (1996). Comparison of Beck Depression Inventories IA and II in Psychiatric Outpatients. *Journal of Personality*, 67, 588-597.
- Beck, A.T., Steer, R.A., & Brown, G.K. (1996). *Manual for the Beck Depression Inventory II*. San Antonio, TX: Psychological Corporation.
- Becker, R.E., Heimberg, R.G., & Bellack, A.S. (1987). *Social skills training treatment for depression*. New York: Pergamon.
- Beevers, C.G., & Miller, I.W. (2005). Unlinking negative cognition and symptoms of depression: evidence of a specific treatment effect for cognitive therapy. *Journal of Consulting and Clinical Psychology*, 73, 68-77.
- Berk, M.S., Henriques, G.R., Warman, D.M., Brown, G.K., & Beck, A.T. (2004). A cognitive therapy intervention for suicide attempters: An overview of the treatment and case examples. *Cognitive and Behavioral Practice*, 11, 265-277
- Bijttebier, P., & Vertommen, H. (1999). Coping strategies in relation to personality disorders. *Personality and Individual Differences*, 26, 847-856.
- Bolger, N., Davis, A., & Rafaeli, E. (2003). Diary methods: capturing life as it is lived. *Annual Review of Psychology*, 54, 579-616.
- Boon, S., & Draijer, N. (1995). Nederlandse vertaling Dissociative Experiences Scale. In: *Screening en diagnostiek van dissociatieve stoornissen*. Lisse: Swets Zeitlinger.
- Brodsky, B.S., Malone, K.M., Ellis, S.P., Dulit, R.A., & Mann, J.J. (1997). Characteristics of borderline personality disorder associated with suicidal behavior. *American Journal of Psychiatry*, 154, 1715-1719.
- Brown, G.K., Ten Have, T., Henriques, G.R., Xie, S.X., Hollander, J.E., & Beck, A.T. (2005). Cognitive therapy for the prevention of suicide attempts. A randomized controlled trial. *Journal of the American Medical Association*, 294, 563-570.

References

- Brown, S.L., & Vinokur, A.D. (2003). The interplay among risk factors for suicidal ideation and suicide: The role of depression, poor health, and loved ones' messages of support and criticism. *American Journal of Community Psychology*, 32, 131-141.
- Burgess, S., Hawton, K., & Loveday, G. (1998). Adolescents who take overdoses: Outcome in terms of changes in psychopathology and the adolescents' attitudes to their care and to their overdoses. *Journal of Adolescence*, 21, 209-218.
- Burton, C., Weller, D., & Shape, M. (2007). Are electronic diaries useful for symptom research? A systematic review. *Journal of Psychosomatic Research*, 62, 553-561.
- Busch, K.A., Clark, D.C., Fawcett, J., & Kravitz, H.M. (1993). Clinical features of inpatient suicide. *Psychiatric Annals*, 23, 256-262.
- Camus, A. (1952). *Retour à Tipasa*. Gallimard.
- Carlson, E.B., & Putnam, F.W. (1993). An update on the Dissociative Experiences Scale. *Dissociation*, 6, 16-25.
- Carlson, E., Putnam, F., Ross, C., Torem, M., Coons, P., Dill, D. et al. (1993). Validity of the Dissociative Experiences Scale in screening for multiple personality disorder: A multicenter study. *American Journal of Psychiatry*, 150, 1030-1036.
- Cedereke, M., & Öjehagen, A. (2005). Prediction of repeated parasuicide after 1-12 months. *European Psychiatry*, 20, 101-109.
- Chan, J., Banerjee, S., & Draper, B. (2007). Deliberate self-harm in older adults: a review of the literature from 1995 to 2004. *International Journal of Geriatric Psychiatry*, 22, 720-732.
- Chapman, A.L., Gratz, K.L., & Brown, M.Z. (2006). Solving the puzzle of deliberate self-harm: The experiential avoidance model. *Behaviour Research and Therapy*, 44, 371-394.
- Claes, L., & Vandereycken, W. (2007). Self-injurious behavior: differential diagnosis and functional differentiation. *Comprehensive Psychiatry*, 48, 137-144.
- Claes, L., Vandereycken, W., & Vertommen, H. (2002). Therapy-related assessment of self-harming behaviors in eating disordered patients. A case illustration. *Eating Disorders: Treatment and Prevention*, 10, 269-279.
- Cloitre, M., Stovall-McClough, K.C., Miranda, R., & Chemtob, C.M. (2004). Therapeutic alliance, negative mood regulation and treatment outcome in child abuse-related posttraumatic stress disorder. *Journal of Consulting and Clinical Psychology*, 72, 411-416.
- Cohen, J. (1992). A power primer. *Psychological Bulletin*, 112, 155-159.
- Colman, I., Newman, S.C., Schopflocher, D., Bland, R.C., & Dyck, R.J. (2004). A multivariate study of predictors of repeat parasuicide. *Acta Psychiatrica Scandinavica*, 109, 306-312.
- Comtois, K.A., & Linehan, M.M. (2006). Psychosocial treatments of suicidal behaviours: A practice-friendly review. *Journal of Clinical Psychology*, 62, 161-170.
- Cooper, J., Kapur, N., Webb, R., Lawlor, M., Guthrie, E., Mackway-Jones, K. et al. (2005). Suicide after deliberate self-harm: A 4-year cohort study. *American Journal of Psychiatry*, 162, 297-303.
- Crawford, M.J., Thomas, O., Khan, N., & Kulinskaya, E. (2007). Psychosocial

interventions following self-harm. Systematic review of their efficacy in preventing suicide. *The British Journal of Psychiatry*, 190, 11-17.

Davidson, K., Norrie, J., Tyrer, P., Gumley, A., Tata, P., Murray, H., et al. (2006). The effectiveness of cognitive behaviour therapy for borderline personality disorder: results from the BOScot trial. *Journal of Personality Disorders*, 20, 450-465.

De Bellis, M.D., Baum, A.S., Birmaher, B., Keshavan, M.S., Eccard, C.H., Boring, A.M. et al., (1999a). Developmental traumatology part I: Biological stress systems. *Biological Psychiatry*, 45, 1259-1270.

De Bellis, M.D., Keshavan, M.S., Clark, D.B., Casey, B.J., Giedd, J.N., Boring, A.M. et al., (1999b). Developmental traumatology part II: Brain development. *Biological Psychiatry*, 45, 1271-1284.

De Leo, D., Bille-Brahe, U., Kerkhof, A., & Schmidtke, A. (2004). *Suicidal behavior*. Gottingen, Germany: Hogrefe & Huber.

Derogatis, L.R. (1977). *SCL-90: Administration, Scoring and Procedure Manual-I for the Revised Version*. John Hopkins University School of Medicine, Clinical Psychometrics Research Unit. Baltimore, MD.

De Wachter, D., Pouw, J., Strubbe, E., Lange, A., & Vanderlinden, J. (2006). The influence of Current stress on dissociative experiences: an exploratory study in a non-clinical population. *Journal of Trauma and Dissociation*, 7, 87-96.

De Wilde, E.J. (2000). Adolescent suicidal behaviour: a general population perspective. In K. Hawton & K. van Heeringen (Eds), *The international handbook of suicide and attempted suicide* (pp. 249-259). Chichester, John Wiley &

Sons.

De Wilde, E. (2005). *Een onderzoek naar zelfbeschadigend gedrag onder jongeren: CASE NL*. Rotterdam: Cluster Jeugd van de GGD Rotterdam.

Donaldson, D., Spirito, A., & Farnett, E. (2000). The role of perfectionism and depressive cognitions in understanding the hopelessness experienced by adolescent suicide attempters. *Behavioral Science*, 31, 99-111.

Douglas, J., Cooper, J., Amos, T., Webb, R., Guthrie, E., & Appleby, L. (2002). "Near-fatal" deliberate self-harm: characteristics, prevention and implications for the prevention of suicide. *Journal of Affective Disorders*, 79, 263-268.

Dreessen, L., Arntz, A., & Weertman, A. (1996). *Personality Disorder Belief Questionnaire (Version 1.0)*. Maastricht, the Netherlands: Maastricht University.

D'Zurilla, T.J., Chang, E.C., Nottingham, E.J., & Faccini, L. (1998). Social problem-solving deficits and hopelessness, depression, and suicidal risk in college students and psychiatric inpatients. *Journal of Clinical Psychology*, 54, 1091-1107.

Earvolino-Ramirez, M. (2007). Resilience: A Concept Analysis. *Nursing Forum*, 42, 73-82.

Ebner-Priemer, U.W., Kuo, J., Kleindienst, N., Welch, S.S., Reisch, T., Reinhard, I. et al. (2007). State affective instability in borderline personality disorder assessed by ambulatory monitoring. *Psychological Medicine*, 37, 961-970.

Ebner-Priemer, U.W., Welch, S.S., Grossman, P., Reisch, T., Linehan, M.M., & Bohus, M. (2007). Psychophysiological ambulatory assessment

References

- of affective dysregulation in borderline personality disorder. *Psychiatry Research*, 150, 265-275.
- Edwards, R.T., Hughes, D.A., Hutchings, J., Cilleachair, A., & Bywater, T. (2007). Parenting programme for parents of children at risk of developing conduct disorder: cost effectiveness analysis. *British Medical Journal*, 334, 682-683.
- Ellis, T.E. (2001). Psychotherapy with suicidal patients. In D. Lester (Ed.), *Suicide prevention: Resources for the millennium* (pp. 129-151). Philadelphia: Brunner-Routledge.
- Endler, N.S., & Parker, J.D.A. (1990). *Coping Inventory for Stressful Situations: CISS. Manual*. Toronto: Multi-Health Systems.
- Endler, N.S., & Parker, J.D.A. (1994). Assessment of multidimensional coping: task, emotion, and avoidance strategies. *Psychological Assessment*, 6, 50-60.
- Enns, M.W., Cox, B.J., Afifi, T.O., De Graaf, R., Ten Have, M., & Sareen, J. (2006). Childhood adversities and risk for suicidal ideation and attempts: a longitudinal population-based study. *Psychological Medicine*, 36, 1769-1778.
- Evans, E., Hawton, K., & Rodham, K. (2004). Factors associated with suicidal phenomena in adolescents: A systematic review of population-based studies. *Clinical Psychology Review*, 24, 957-979.
- Evans, E., Hawton, K., & Rodham, K. (2005). In what ways are adolescents who engage in self-harm or experience thoughts of self-harm different in terms of help-seeking, communication and coping strategies? *Journal of Adolescence*, 28, 573-587.
- Evans, E., Hawton, K., & Rodham, K. (2005). Suicidal phenomena and abuse in adolescents: a review of epidemiological studies. *Child Abuse and Neglect*, 29, 45-58.
- Favaro, A., Ferrara, S., & Santonastaso, P. (2007). Self-injurious behavior in a community sample of young women: relationship with childhood abuse and other types of self-damaging behaviours. *Journal of Clinical Psychiatry*, 68, 122-131.
- Fawcett, J., Clark, D.C., & Busch, K.A. (1993). Assessing and treating the patient at risk for suicide. *Psychiatric Annals*, 23, 245-255.
- Fazaa, N., & Page, S. (2003). Dependency and self-criticism as predictors of suicidal behavior. *Suicide and Life-Threatening Behavior*, 33, 172-185.
- Fergusson, D.M., Woodward, L.J., & Horwood, L.J. (2000). Risk factors and life processes associated with the onset of suicidal behaviour during adolescence and early adulthood. *Psychological Medicine*, 30, 23-39.
- Fish, K.B. (2000). Suicide awareness at the elementary school level. *Journal of Psychosocial Nursing and Mental Health Services*, 38, 20-23.
- Forman, E.M., Beck, A.T., Brown, G.K., Berk, M.S., & Henriques, G.R. (2004). History of multiple suicide attempts as a behavioral marker of severe psychopathology. *American Journal of Psychiatry*, 161, 437-443.
- Fortune, S., & Hawton, K. (2005). Deliberate self-harm in children and adolescents: a research update. *Current Opinion in Psychiatry*, 18, 401-406.
- Friedberg, R.D. & McClure, J.M. (2002). *Clinical practice of cognitive therapy with children and*

adolescents. *The nuts and bolts*. London: The Guilford Press.

Garnefski, N., Kraaij, V., & Spinhoven, Ph. (2001). Negative life events, cognitive emotion regulation and emotional problems. *Personality and Individual Differences*, 30, 1311-1327.

Garnefski, N., Kraaij, V., & Spinhoven, Ph. (2001). De relatie tussen cognitieve copingstrategieën en symptomen van depressie, angst en suïcidaliteit. *Gedrag en Gezondheid*, 29, 148-158.

Garnefski, N., Kraaij, V., & Spinhoven, Ph. (2002b). *Manual for the use of the Cognitive Emotion Regulation Questionnaire*. Leiderdorp, The Netherlands: DATEC.

Garnefski, N., Teerds, J., Kraaij, V., Legerstee, J. & van den Kommer, T. (2004). Cognitive emotion regulation strategies and depressive symptoms: differences between males and females. *Personality and Individual Differences*, 36, 267-276.

Giesen-Bloo, J., van Dyck, R., Spinhoven, Ph., van Tilburg, W., Dirksen, C., van Asselt, T., et al. (2006). Outpatient psychotherapy for borderline personality disorder: A randomized trial of schema focused therapy versus transference focused psychotherapy. *Archives of General Psychiatry*, 63, 649-658.

Glanz, L.M., Haas, G.L., & Sweeney, J.A. (1995). Assessment of hopelessness in suicidal patients. *Clinical Psychology Review*, 15, 49-64.

Gratz, K.L., Conrad, S.D., & Roemer, L. (2002). Risk factors for deliberate self-harm among college students. *American Journal of Orthopsychiatry*, 72, 128-140.

Gratz, K.L., & Roemer, L. (2004). Multidimensional assessment of emotion

regulation and dysregulation: development, factor structure, and initial validation of the Difficulties in Emotion Regulation Scale. *Journal of Psychopathology and Behavioural Assessment*, 26, 41-54.

Gratz, K.L., Rosenthal, M. Z., Tull, M.T., Lejuez, C.W., & Gunderson, J.G. (2006). An experimental investigation of emotion dysregulation in borderline personality disorder. *Journal of Abnormal Psychology*, 115, 850-855.

Grøholt, B., Ekeberg, Ø., Wichtenstrøm, L., & Haldorsen, T. (2005). Suicidal and nonsuicidal adolescents: Different factors contribute to self-esteem. *Suicide and Life-Threatening Behavior*, 35, 525-535.

Gunnell, D., & Frankel, S. (1994). Prevention of suicide: aspirations and evidence. *British Medical Journal*, 308, 1227-1233.

Gunnell, D., & Lewis, G. (2005). Studying suicide from the life course perspective: implications for prevention. *The British Journal of Psychiatry*, 187, 206-208.

Gunnell, D., Middleton, N., Whitley, E., Dorling, D., & Frankel, S. (2003). Why are suicide rates rising in young men but falling in the elderly? -a time-series analysis of trends in England and Wales 1950-1998. *Social Science and Medicine*, 57, 595-611.

Hall, W.D., Mant, A., Mitchell, P.B. Rendle, V.A., Hickie, I.B., & McManus, P. (2003). Association between antidepressant prescribing and suicide in Australia, 1991-2000: trend analysis. *British Medical Journal*, 326, 1008.

Harner, H.M. (2005). Childhood sexual abuse, teenage pregnancy, and partnering with adult men: exploring the relationship. *Journal of*

References

- Psychosocial Nursing Mental Health Services*, 43, 20–28.
- Harrington, R., Pickles, A., Aglan, A., Harrington, V., Burroughs, H., & Kerfoot, M. (2005). Early adult outcomes of adolescents who deliberately poisoned themselves. *Journal of the American Academy of Child and Adolescent Psychiatry*, 45, 337–345.
- Harriss, L., & Hawton, K. (2005). Suicidal intent in deliberate self-harm and the risk of suicide: the predictive power of the Suicide Intent Scale. *Journal of Affective Disorders*, 86, 225–233.
- Hawton, K. (1997). Attempted suicide. In D.M. Clark & C.G. Fairburn (Eds.), *Science and practice of cognitive behaviour therapy* (pp. 285–313). Oxford: Oxford University Press.
- Hawton, K., Arensman, E., Townsend, E., Bremner, S., Feldman, E., Goldney, R., et al. (1998). Deliberate self-harm: systematic review of efficacy of psychosocial and pharmacological treatments in preventing repetition. *British Medical Journal*, 317, 441–447.
- Hawton, K., Bergen, H., Casey, D., Simkin, S., Palmer, B., Cooper, J., et al. (2007). Self-harm in England: a tale of three cities. *Social Psychiatry and Psychiatric Epidemiology*, 42, 513–521.
- Hawton, K., Cole, D., O'Grady, J., & Osborn, M. (1982). Motivational aspects of deliberate self-poisoning in adolescents. *British Journal of Psychiatry*, 141, 286–291.
- Hawton, K., & Harriss, L. (2006). Deliberate self-harm in people aged 60 years and over: characteristics and outcome of a 20-year cohort. *International Journal of Geriatric Psychiatry*, 21, 572–581.
- Hawton, K., & Kirk, J. (1989). Problem solving. In K. Hawton, P.M. Salkovskis, J. Kirk & D.M. Clark (Eds.), *Cognitive behaviour therapy for psychiatric problems: a practical guide* (pp. 406–426). Oxford: Oxford University Press.
- Hawton, K., & Van Heeringen, K. (Eds.) (2000). *The International Handbook of Suicide and Attempted Suicide*. Chichester: Wiley & Sons.
- Hawton, K., Zahl, D., & Weatherall, R. (2003). Suicide following deliberate self-harm: Long-term follow-up patients who presented to a general hospital. *British Journal of Psychiatry*, 182, 537–542.
- Hayes, S.C., Follette, V.M., & Linehan, M.M. (Eds.). (2004). *Mindfulness and acceptance: Expanding the cognitive-behavioral tradition*. New York: Guilford Press.
- Hayes, S.C., Strosahl, K., & Wilson, K.G. (1999). *Acceptance and Commitment Therapy: An Experimental Approach to Behavior Change*. New York: Guilford Press.
- Henriques, G.R., Brown, G.K., Berk, M.S., & Beck, A.T. (2004). Marked increases in psychopathology found in a 30-year cohort comparison of suicide attempters. *Psychological Medicine*, 34, 833–841.
- Herman, J.L. (1992). *Trauma and recovery*. New York: Basic Books.
- Hox, J.J. (2002). *Multilevel analysis: techniques and applications*. Lawrence Erlbaum Associates Inc., Mahwah, NJ.
- Hultén, A., Jiang, G.-X., Wasserman, D., Hawton, K., Hjelmeland, H., De Leo, D., et al. (2004). Repetition of attempted suicide among teenagers in Europe: frequency, timing and risk factors. *European Child and Adolescent*

Psychiatry, 10, 161-169.

Isacsson, G. (2000). Suicide prevention-a medical breakthrough? *Acta Psychiatrica Scandinavica*, 102, 113-117.

Johnson, J.G., Cohen, P., Gould, M.S., Kasen, S., Brown, J., & Brook, J.S. (2002). Childhood adversities, interpersonal difficulties, and risk for suicide attempts during late adolescence and early adulthood. *Archives of General Psychiatry*, 59, 741-749.

Joiner, T.E. et al., Rudd, M.D., & Lester, D. (2002). Perceived burdensomeness and suicidality: Two studies on the suicide notes of those attempting and those completing suicide. *Journal of Social and Clinical Psychology*, 21, 531-545.

Joiner, T.E., Sachs-Ericsson, N.J., Wingate, L.R., Brown, J.S., Anestis, M.D., & Selby, E.A. (2007). Childhood physical and sexual abuse and lifetime number of suicide attempts: A persistent and theoretically important relationship. *Behaviour Research and Therapy*, 45, 539-547.

Kapur, N., Cooper, J., King-Hele, S., Webb, R., Lawlor, M., Rodway, C., et al. (2006). The repetition of suicidal behavior: A multicenter cohort study. *Journal of Clinical Psychiatry*, 67, 1599-1609.

Kapur, N., Cooper, J., Rodway, C., Kelly, J., Guthrie, E., & Mackway-Jones, K. (2005). Predicting the risk of repetition after self harm: cohort study. *British Medical Journal*, 330, 394-395.

Kaufman, N.K., Rohde, P., Seeley, J.R., Clarke, G.N., & Stice, E. (2005). Potential mediators of cognitive-behavioral therapy for adolescents with comorbid major depression and conduct

disorder. *Journal of Consulting and Clinical Psychology*, 73, 38-46.

Kamphuis, J.H., Ruyling, S.B., & Reijntjes, A.H. (2007). Testing the emotion regulation hypothesis among self-injuring females. Evidence for differences across mood states. *Journal of Nervous and Mental Disorders*, in press.

Kazdin, A.E. (1998). *Research design in clinical psychology*. Needam Heights, M.A.: Allyn & Bacon.

Kazdin, A.E., & Nock, M.K. (2003). Delineating mechanisms of change in child and adolescent therapy: Methodological issues and research recommendations. *Journal of Child Psychology & Psychiatry*, 44, 1116-1129.

Kendall, P.C., & Ingram, R.E. (1989). *Cognitive-behavioral perspectives: Theory and research on depression and anxiety*. In P.C. Kendall & D. Watson (Eds.), *Anxiety and depression: Distinctive and overlapping features*. New York: Guilford Press.

Kerfoot, M., Dyer, E., Harrington, V., Woodham, A., & Harrington, R. (1996). Correlates and short-term course of self-poisoning in adolescents. *British Journal of Psychiatry*, 168, 38-42.

Kerkhof, A., Bernasco, W., Bille-Brahe, U., Platt, S., & Schmidtke, A. (1989). WHO/EURO Multicentre Study on Parasuicide. *European Parasuicide Study Interview Schedule (EPSIS)*. Leiden, Leiden University, Department of Clinical, Health and Personality Psychology.

Kraemer, H.C., Wilson, T., Fairburn, C.G., & Agras, W.S. (2002). Mediators and moderators of treatment effects in randomized clinical trials. *Archives of General Psychiatry*, 59, 877-883.

References

- Lang, P.J. (1979). A bio-informational theory of emotional imagery, *Psychophysiology* 16, 495–512.
- Lang, P.J. (1988). What are the data of emotion?. In: V. Hamilton, G.H. Bower and N. Frijda, Editors, *Cognitive perspectives on emotion and motivation*, NATO ASI, Series D, 44, 173–191. Kluwer: Dordrecht.
- Leenaars, A.A. (2004). *Psychotherapy with suicidal people: a person-centred approach*. Chichester: John Wiley & Sons.
- Leible, T.L., & Snell, W.E., Jr. (2004). Borderline personality disorder and multiple aspects of emotional intelligence. *Personality and Individual Differences*, 37, 393–404.
- Levine, D., Marziali, E., & Hood, J. (1997). Emotion processing in borderline personality disorders. *Journal of Nervous and Mental Diseases*, 185, 240–246.
- Linehan, M.M. (1993a). *Cognitive-behavioral treatment of borderline personality disorder*. New York: The Guilford Press.
- Linehan, M.M. (1993b). *Skills training manual for treating borderline personality disorder*. New York: The Guilford Press.
- Linehan, M.M. (1997). Behavioral treatments of suicidal behaviors. Definitional obfuscation and treatment outcomes. *Annals of the New York Academy of Sciences*, 836, 302–328.
- Linehan, M.M. (2002). *Dialectische gedragstherapie bij borderline persoonlijkheidsstoornis*. Lisse: Swets & Zeitlinger.
- Linehan, M.M., Armstrong, H.E., Suarez, A., Allmon, D., & Heard, H.L. (1991). Cognitive-behavioral treatment of chronically parasuicidal borderline patients. *Archives of General Psychiatry*, 48, 1060–1064.
- Linehan, M.M., Camper, P., Chiles, J.A., Strosahl, K., & Shearin, E. (1987). Interpersonal problem solving and parasuicide. *Cognitive Therapy and Research*, 11, 1–12.
- Linehan, M.M., Comtois, K.A., Brown, M.Z., Heard, H.L., & Wagner, A. (2006). Suicide Attempt Self-Injury Interview (SASII): Development, Reliability, and Validity of a Scale to Assess Suicide Attempts and Intentional Self-Injury. *Psychological Assessment*, 18, 303–312.
- Linehan, M.M., Comtois, K.A., Murray, A.M., Brown, M.Z., Gallop, R.J., Heard, H.L., et al. (2006). Two-year randomized controlled trial and follow-up of dialectical behavior therapy vs therapy by experts for suicidal behaviors and borderline personality disorder. *Archives of General Psychiatry*, 63, 757–766.
- Linehan, M.M., Heard, H.L., & Armstrong, H.E. (1993). Naturalistic follow-up of a behavioural treatment for chronically parasuicidal borderline patients. *Archives of General Psychiatry*, 50, 971–974.
- Linehan, M.M., Tutch, D.A., Heard, H.L., & Armstrong, H.E. (1994). Interpersonal outcome of cognitive behavioural treatment for chronically parasuicidal borderline patients. *American Journal of Psychiatry*, 151, 1771–1776.
- Low, G., Power, M., Duggan, C., Jones, D., & MacLeod, A. (2000). Childhood trauma, dissociation and self-harming behaviour: a pilot study. *British Journal of Medical Psychology*, 73, 269–278.
- Lynch, T.R., Chapman, A.L., Rosenthal, M.Z., Kuo, J.R., & Linehan, M.M. (2006). Mechanisms

- of change in dialectical behaviour therapy: Theoretical and empirical observations. *Journal of Clinical Psychology*, 62, 459-480.
- Maas, C.J.M., & Hox, J.J. (2004). Robustness issues in multilevel regression analysis. *Statistica Neerlandica*, 58, 127-137.
- Mann, J.J., Waternaux, C., Haas, G.L., & Malone, J.K.M. (1999). Toward a clinical model of suicidal behaviour in psychiatric patients. *American Journal of Psychiatry*, 156, 181-189.
- McAuliffe, C., Corcoran, P., Keeley, H.S., Arensman, E., Bille-Brahe, U., De Leo, D., et al. (2006). Problem solving ability and repetition of deliberate self-harm: a multicentre study. *Psychological Medicine*, 36, 45-55.
- McGee, R., Williams, S., & Nada-Raja, S. (2001). Low self-esteem and hopelessness in childhood and suicidal ideation in early adulthood. *Journal of Abnormal Child Psychology*, 29, 281-291.
- Michel K., & Valach, L. (2001). Suicide as goal-directed action. In K. van Heeringen (Ed.): *Understanding suicidal behaviour: The suicidal process approach to research and treatment* (pp.230-254). Chichester: Wiley & Sons.
- Miller, A.L., Rathus, J.H., & Linehan, M.M. (2007). *Dialectical behavior therapy with suicidal adolescents*. New York: The Guilford Press.
- Nezu, A., Nezu, C., & Perri, M. (1989). *Problem-solving therapy for depression: Theory, research, and clinical guidelines*. New York: John Wiley & Sons.
- Nijman, H.L.I., & Campo, J.M.L.G. (2002). Situational determinants of inpatient self-harm. *Suicide and Life-Threatening Behavior*, 32, 167-175.
- Nixon, M.K., Cloutier, P.E., & Aggarwal, S. (2002). Affect regulation and addictive aspects of repetitive self-injury in hospitalized patients. *Journal of the American Academy of Child and Adolescent Psychiatry*, 41, 1333-1341.
- Nolen-Hoeksema, S. (1991). Responses to depression and their effects on the duration of depressive episodes. *Journal of Abnormal Psychology*, 100, 569-582.
- Nolen-Hoeksema, S. (2002). The role of rumination in depressive disorders and mixed anxiety/depressive symptoms. *Journal of Abnormal Psychology*, 109, 504-511.
- O'Connor, R.C. (2003). Suicidal behavior as a cry of pain: Test of a psychological model. *Archives of Suicide Research*, 7, 297-308.
- Orbach, I. (2001). Therapeutic empathy with the suicidal wish: Principles of therapy with suicidal individuals. *American Journal of Psychotherapy*, 55, 166-184.
- Orbach, I., Mikulincer, M., Gilboa-Schechtman, E., & Sirota, P. (2003). Mental pain and its relationship to suicidality and life meaning. *Suicide and Life-Threatening Behavior*, 33, 231-241.
- Osvath, P., Vörös, V., & Fekete, S. (2004). Life events and psychopathology in a group of suicide attempters. *Psychopathology*, 37, 36-40.
- Palmer, S., Davidson, K., Tyrer, P., Gumley, A., Tata, P., Norrie, J., et al. (2006). The cost-effectiveness of cognitive behavior therapy for borderline personality disorder: results from the BOScot trial. *Journal of Personality Disorders*, 20, 466-481.
- Persons, J.B. (1989). *Cognitive therapy in practice: A case formulation approach*. New

References

York: W. W. Norton.

Persons, J.B., Davidson, J., & Tompkins, M.A. (2001). *Essential Components of Cognitive-Behavior Therapy for Depression*. Washington DC: American Psychological Association.

Pettigrew, J., & Burcham, J. (1997). Effects of childhood sexual abuse in adult female psychiatric patients. *Australian and New Zealand Journal of Psychiatry*, 31, 208-213.

Post, R.M. (1992). Transduction of psychological stress into the neurobiology of recurrent affective disorder. *American Journal of Psychology*, 149, 999-1009.

van Praag H.M. (2003). A stubborn behaviour: the failure of antidepressants to reduce suicide rates. *The World Journal of Biological Psychiatry*, 4, 184-191.

Raj, M.A.J., Kumaraiah, V., & Bhide, A.V. (2001). Cognitive-behavioural intervention in deliberate self-harm. *Acta Psychiatrica Scandinavica*, 104, 340-345.

Rasbash, J., Steele, F., Browne, W., & Prosser, B. (2004). *A user's guide to MLwiN, version 2.0 [Computer software]*. London: University of London, Institute of Education, Centre for Multilevel Modelling.

Reinecke, M.A., & DuBois, D.L. (2001). Socioenvironmental and cognitive risk and resources: Relations to mood and suicidality among inpatient adolescents. *Journal of Cognitive Psychotherapy: An International Quarterly*, 15, 195-222.

Rinne, T., de Kloet, R.E., Wouters, L., Goekoop, J.G., de Rijk, R.H., & van den Brink, W. (2002). Hyperresponsiveness of hypothalamic-pituitary-adrenal axis to combined

dexamethasone/corticotropin-releasing hormone challenge in female borderline personality disorder subjects with a history of sustained childhood abuse. *Biological Psychiatry*, 52, 1102-1112.

Robson, P.J. (1989). Development of a new self-report questionnaire to measure self-esteem. *Psychological Medicine*, 19, 513-518.

Rodham, K., Hawton, K., & Evans, E. (2004). Reasons for deliberate self-harm: comparison of self-poisoners and self-cutters in a community sample of adolescents. *Journal of the American Academy of Child and Adolescent Psychiatry*, 43, 80-87.

Roy, A., Carli, V., & Sarchiapone, M. (2007). Low resilience in suicide attempters. *Archives of Suicide Research*, 11, 265-269.

Roy, A., & Janal, M. (2006). Gender in suicide attempt rates and childhood sexual abuse rates: is there an interaction. *Suicide and Life-Threatening Behavior*, 36, 329-336.

Rudd, M.D. (2004). Cognitive therapy for suicidality: An integrative, comprehensive, and practical approach to conceptualization. *Journal of Contemporary Psychotherapy*, 34, 59-72.

Rudd, M.D., Ellis, T.E., Rajab, M.H., & Wehrly, T. (2000). Personality types and suicidal behavior: An exploratory study. *Suicide and Life-Threatening Behavior*, 30, 199-212.

Rudd, M.D., Joiner, T., & Rajab, M.H. (2001). *Treating suicidal behaviour. An effective, time-limited approach*. New York: The Guilford Press.

Rudd, M.D., Mandrusiak, M., & Joiner, T.E. (2006). The case against no-suicide contracts: the commitment to treatment statement as a practice alternative. *Journal of Clinical*

- Psychology: In Session*, 62, 243-251.
- Rutter, M. (2007). Resilience, competence, and coping. *Child Abuse & Neglect*, 31, 205-209.
- Ryan, K.D., Watanabe, H., Hoyt, D.R., Kilmer, R.P., & Cauce, A.M. (2000). Psychological consequences of child maltreatment in homeless adolescents: untangling the unique effects of maltreatment and family environment. *Child Abuse & Neglect*, 24, 333-52.
- Sandin, B., Chorot, P., Santed, M.A., Valiente, R.M., & Joiner, T.E. (1998). Negative life events and adolescent suicidal behaviour: a critical analysis from the stress process perspective. *Journal of Adolescence*, 21, 415-426.
- Sansone, R.A., Gaither, G.A., & Songer, D.A. (2002). Self-harm behaviors throughout the life cycle : A pilot study of inpatients with borderline personality disorder. *Comprehensive Psychiatry*, 43, 215-218.
- Segal, Z.V., Williams, J.M.G., & Teasdale, J.D. (2002). *Mindfulness-based cognitive therapy for depression. A new approach to preventing relapse*. London: The Guilford Press.
- Segal, Z.V., Williams, J.M.G., & Teasdale, J.D. (2004). Aandachtgerichte cognitieve therapie bij depressie. *Een nieuwe methode om terugval te voorkomen*. Amsterdam: Uitgeverij Nieuwezijds.
- Schwartz, J.E., & Stone, A.A. (1998). Strategies for analyzing ecological momentary assessment data. *Health Psychology*, 17, 6-16.
- Shea, S.C. (2002). The practical art of suicide assessment. *A guide for mental health professionals and substance abuse counsellors*. Hoboken, New Jersey: John Wiley & Sons.
- Shiffman, S., Gwaltney, C.J., Balabanis, M.H., Liu, K.S., Paty, J.A., & Kassel, J.D., et al. (2002). Immediate antecedents of cigarette smoking: an analysis from ecological momentary assessment. *Journal of Abnormal Psychology*, 111, 531-545.
- Silverman, M. M. (2006). The language of suicidology. *Suicide and Life-Threatening Behavior*, 36, 519-532.
- Schmidtke, A., Bille-Brache, U., De Leo, D., & Kerkhof, A. (2004). *Suicidal behaviour in Europe*. Gottingen, Germany: Hogrefe & Huber.
- Seedat, S., Stein, M.B., & Forde, D.R. (2005). Association between physical partner violence, posttraumatic stress, childhood trauma, and suicide attempts in a community sample of women. *Violence and Victims*, 20, 87-98.
- Sheehan, D.V., & Lecrubier, Y. (1992, 1994, 1998). Mini-International Psychiatric Interview. M.I.N.I. PLUS. English version 5.0.0. DSM-IV. University of South Florida--Tampa.
- Sinclair, J.M.A., Crane, C., Hawton, K., & Williams, J.M.G., (2007). The role of autobiographical memory specificity in deliberate self-harm: Correlates and consequences. *Journal of Affective Disorders*, in press.
- Skegg, K. (2005). Self-Harm. *Lancet*, 366, 1471-1481.
- Slee, N., Arensman, E., Garnefski, N., & Spinhoven, Ph. (2007). Cognitive behavioral therapy for Deliberate Self-Harm. *Crisis*, 28, 175-182.
- Slee, N., Garnefski, N., Spinhoven, Ph. & Arensman, E. (2008). The influence of cognitive emotion regulation strategies and depression severity on Deliberate Self-Harm. *Suicide and*

References

Life-Threatening Behavior. In press.

Slee, N., Garnefski, N., Van der Leeden, R., Arensman, E., & Spinhoven, Ph. (2008). Outcomes of a randomized controlled trial of a cognitive behavioral intervention for Deliberate Self-Harm patients. *British Journal of Psychiatry*, 192, 202-211.

Slee, N., Spinhoven, Ph., Garnefski, N., & Arensman, E. (2008). Childhood trauma predicts psychopathology and treatment outcome in Deliberate Self-Harm patients. Manuscript submitted for publication.

Slee, N., Spinhoven, Ph., Garnefski, N., & Arensman, E. (2008). Emotion regulation as mediator of treatment outcome in a randomized controlled trial of cognitive-behavioural therapy for Deliberate Self-Harm patients. *Clinical Psychology and Psychotherapy*. In press.

Smith, J.M., Aloy, L.B., & Abramson, L.Y. (2006). Cognitive vulnerability to depression, rumination, hopelessness, and suicidal ideation: Multiple pathways to self-injurious thinking. *Suicide and Life-Threatening Behavior*, 36, 443-454.

Snijders, T.A.B., & Bosker, R.J. (1993). Standard errors and sample sizes in two-level research. *Journal of Educational Statistics*, 18, 237-260.

Söderberg, S., Kullgren, G., & Salander Renberg, E. (2004). Childhood sexual abuse predicts poor outcome seven years after parasuicide. *Social Psychiatry Psychiatric Epidemiology*, 39, 916-920.

Sokero, P., Eerola, M., Ryttsälä, H., Melartin, T., Leskelä, U., Lestelä-Mielonen, P., et al. (2006). Decline in suicidal ideation among patients with MDD is preceded by decline in depression and hopelessness. *Journal of Affective Disorders*,

95, 95-102.

Speckens, A.E.M., & Hawton, K. (2005). Social problem solving in adolescents with suicidal behavior: A systematic review. *Suicide and Life-Threatening Behavior*, 35, 365-387.

Stirling, J. (2007). Beyond Munchausen syndrome by proxy: identification and treatment of child abuse in a medical setting. *Pediatrics*, 119, 1026-1030.

Thalheimer, W., & Cook, S. (2002, August). How to calculate effect sizes from published research articles: A simplified methodology. Retrieved August 31, 2005 from http://work-learning.com/effect_sizes.htm.

Teasdale, J.D., Segal, Z.V., & Williams, J.M.G. (1995). How does cognitive therapy prevent depressive relapse and why should attentional control (mindfulness) help? *Behaviour Research and Therapy*, 33, 25-39.

Ten Have, M., de Graaf, R., van Dorsselaer, S., Verdurmen, J., van 't Land, H., & Vollebergh, W. (2006). Suicidaliteit in de algemene bevolking: gedachten en pogingen. Resultaten van "The Netherlands Mental Health Survey and Incidence Study"(NEMESIS). Utrecht: Trimbos Instituut

Toumbourou, J.W., & Gregg, M.E. (2002). Impact of an empowerment-based parent education program on the reduction of youth suicide risk factors. *Journal of Adolescence Health*, 31, 277-285.

Townsend, E., Hawton, K., Altman, D.G., Arensman, E., Gunnell, D., Hazell, P., et al. (2001). The efficacy of problem solving treatments after deliberate self-harm: meta-analysis of randomized controlled trials with respect to depression, hopelessness and

improvement in problems. *Psychological Medicine*, 31, 979-988.

Tyrer, P., Schmidt, U., Knapp, M., Jones, V., Tom, B., Byford, S., et al. (2004). Differential effects of manual assisted cognitive behavior therapy in the treatment of recurrent deliberate self-harm and personality disturbance: the POPMACT study. *Journal of Personality Disorders*, 18, 102-116.

Tyrer, P., Thompson, S., Schmidt, U., Jones, M., Knapp, M., Davidson, J., et al. (2003). Randomized controlled trial of brief cognitive behaviour therapy versus treatment as usual in recurrent deliberate self-harm: the POPMACT study. *Psychological Medicine*, 33, 969-976.

Van Bergen, D.D., Saharso, S., Smit, J.H., & Kerhof, A.F.J.M. (2007). Gender and cultural patterns of suicidal behavior: young Hindustani immigrant women in The Netherlands. *Crisis*, 27, 181-188.

Van den Bosch, M.C., Verheul, R., Schippers, G.M., & van den Brink, W. (2002). Dialectical Behavior Therapy of borderline patients with and without substance use problems. Implementation and long-term effects. *Addictive Behaviors*, 27, 911-923.

Van der Does, A.J.W. (2002). *Handleiding bij de Nederlandse bewerking van de BDI-II*. San Antonio, TX / Lisse: The Psychological Corporation/Swets Test Publishers.

Van der Kolk, B.A. (1996). The complexity of adaptation to trauma. Self-regulation, stimulus, discrimination and characterological development. In B.A. van der Kolk, A.C. McFarlane & L. Weisaeth (Eds), *Traumatic Stress*. New York: Guilford Press, pp. 182-214.

Van Heeringen, K. (Ed.) (2001). *Understanding*

suicidal behaviour. The suicidal process approach to research, treatment and prevention, Chichester: John Wiley & Sons.

Van Heeringen, K., Hawton, K., & Williams, J.M.G. (2000). Pathways to suicide: an integrative approach. In: K. Hawton and K. van Heeringen, Editors, *The international handbook of suicide and attempted suicide*. John Wiley & Sons, Ltd., Chichester, England, pp. 223-234.

Van Heeringen, C., & Kerkhof, A.J.F.M. (red.) (2000). *Behandelingsstrategieën bij suïcidaliteit*. Houten: Bohn Stafleu van Loghum.

Verheul, R., van den Bosch, L.M., Koeter, M.W., de Ridder, M.A., Stijnen, T., & van den Brink, W. (2003). Dialectical behaviour therapy for women with borderline personality disorder: 12-month randomised clinical trial in the Netherlands. *British Journal of Psychiatry*, 182, 135-140.

Vliet, I.M. van, Leroy, H., & Van Megen, H.J.G.M. (2000). *M.I.N.I. PLUS. M.I.N.I. Internationaal Neuropsychiatrisch Interview. Nederlandse Versie 5.0.0*. Leiden: Leids Universitair Medisch Centrum.

Waller, N., Putnam, F., & Carlson, E. (1996). Types of dissociation and dissociative types: A taxonomic analysis of dissociative experiences. *Psychological Methods*, 1, 300-321.

Watkins, E.R., & Teasdale, J.D. (2004). Adaptive and maladaptive self-focus in depression. *Journal of Affective Disorders*, 82, 1-8.

Weertman, A., Arntz, A., Schouten, E., & Dreessen, L. (2005). Influences of Beliefs and Personality Disorders on Treatment Outcome in Anxiety Patients. *Journal of Consulting and Clinical Psychology*, 73, 936-944.

References

- Wells, A. (2002). GAD, metacognition and mindfulness: an information processing analysis. *Clinical Psychology: Science and Practice*, 9, 95-100.
- Wells, A., & Matthews, G. (1994). *Attention and emotion: a clinical perspective*. Hove, UK: Lawrence Erlbaum Associates Ltd.
- Williams, J.M.G. (1984). *The psychological treatment of depression. A guide to the theory and practice of cognitive-behaviour therapy*. London: Croom Helm.
- Williams, M. (1997). *Cry of pain: Understanding suicide and self-harm*. Penguin: London.
- Williams, M. (2002). *Suicide and attempted suicide*. London: Penguin Books.
- Williams, J.M.G., Barnhofer, T., Crane, C., & Beck, A.T. (2005). Problem solving deteriorates following mood challenge in formerly depressed patients with a history of suicidal ideation. *Journal of Abnormal Psychology*, 114, 421-431.
- Williams, J.M.G., Crane, C., Barnhofer, T., Van der Does, A.J.W., & Segal, Z.V. (2006). Recurrence of suicidal ideation across depressive episodes. *Journal of Affective Disorders*, 91, 189-194.
- Williams, J.M.G., Duggan, D.S., Crane, C., & Fennell, M.J.V. (2006). Mindfulness-based cognitive therapy for prevention of recurrence of suicidal behavior. *Journal of Clinical Psychology*, 62, 201-210.
- Wind, T.W., & Silvern, L. (1992). Type and extent of child abuse as predictors of adult functioning. *Journal of Family Violence*, 7, 261-281.
- Witte, T.K., Fitzpatrick, K.K., Warren, K.L., Schatschneider, C., & Schmidt, N.B. (2006). Naturalistic evaluation of suicidal ideation: Variability and relation to attempt status. *Behaviour Research and Therapy*, 44, 1029-1040.
- Yang, B., & Clum, G.A. (1996). Effects of early negative life experiences on cognitive functioning and risk for suicide: a review, *Clinical Psychology Review*, 16, 177-195.
- Yates, T.M. (2004). The developmental psychopathology of self-injurious behavior: Compensatory regulation in posttraumatic adaptation. *Clinical Psychology Review*, 24, 35-74.
- Yen, S., Zlotnick, C., & Costello, E. (2002). Affect regulation in women with borderline personality disorder traits. *Journal of Nervous and Mental Disease*, 190, 693-696.
- Young, J.E. (1994). *Cognitive therapy for personality disorders: a schema-focused approach (Rev. Ed.)*. Sarasota, FL: Professional Resource Press.
- Young, J.E., & Klosko, J.S. (1994). *Reinventing your life: How to break free from negative life patterns and feel great again*. New York: Penguin Group.
- Young, J.E., Klosko, J.S., & Weishaar, M.E. (2003). *Schema therapy: A practitioner's guide*. New York: Guilford Press.
- Ystgaard, M., Hestetun, I., Loeb, M., & Mehlum, L. (2004). Is there a specific relationship between childhood sexual and physical abuse and repeated suicidal behavior? *Child Abuse and Neglect*, 28, 863-875.
- Zahl, D.L., & Hawton, K. (2004). Repetition of deliberate self-harm and subsequent suicide

risk: long-term follow-up study of 11583 patients. *British Journal of Psychiatry*, 185, 70-75.

Ziegler, D.S., Sammut, J., & Piper, A.C. (2005). Assessment and follow-up of suspected child abuse in preschool children with fractures seen in a general hospital emergency department. *Journal of Paediatric Child Health*, 41, 251-255.

