



Universiteit  
Leiden  
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## **Cognitive-behavioural therapy for deliberate self-harm**

Slee, N.

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# Cognitive-Behavioural Therapy for Deliberate Self-Harm

Nadja Slee

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# Cognitive-Behavioural Therapy for Deliberate Self-Harm

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klokke 15.00 uur

door

**Nadja Slee**

geboren te Amsterdam in 1979

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Promotor Prof. dr. Ph. Spinhoven, Universiteit Leiden

Copromotores Dr. N. Garnefski, Universiteit Leiden  
Dr. E. Arensman, National Suicide Research Foundation, Ireland

Referent Prof. dr. K. Hawton, University of Oxford Centre for  
Suicide Research, U.K.

Overige leden Prof. dr. A.J.F.M. Kerkhof, Vrije Universiteit Amsterdam  
Prof. dr. A.J.W. van der Does, Universiteit Leiden

'Au milieu de l'hiver, j'apprenais enfin qu'il y avait  
en moi un été invincible.'

('In the midst of winter, I finally learned that there was in me  
an invincible summer.')

--Albert Camus (1952)--



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