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List of abbreviations

ANS	Autonomic nervous system
ATC	Anatomical therapeutic chemical
AUCg	Area under the curve with respect to the ground
AUCi	Area under the curve with respect to the increase
AZS	Autonome zenuwstelsel
BAI	Beck Anxiety Inventory
BMI	Body mass index
CAB	Cardiac autonomic balance
CI	Confidence interval
CoAR	Cardiac autonomic regulation
CVD	Cardiovascular disease
CRP	C-reactive protein
DM	Diabetes mellitus
e.g.	Exempli gratia (meaning: for example)
GAD	Generalized anxiety disorder
GP	General practitioner
HDL	High-density lipoprotein / hoge-dichtheid-lipoproteïnen
HPA	Hypothalamic-pituitary-adrenal
HR	Heart rate
HVZ	Hart- en vaatziekten
IDS(-SR)	Inventory of Depressive Symptoms (Self Report)
i.e.	Id est (meaning: that is)
IL-6	Interleukin(IL)-6
LDL	Low-density lipoprotein / lage-dichtheid-lipoproteïnen
MASQ	Mood and Anxiety Symptom Questionnaire
MBP	Mean blood pressure
MCAR	Missing completely at random
MDD	Major depressive disorder
MET	Metabolic equivalent of task
MI	Myocardial infarction
NA	Negative affect
NESDA	Netherlands Study of Depression and Anxiety
PA	Positive affect
PEP	Pre-ejection period
PNS	Parasympathetic nervous system
RSA	Respiratory sinus arrhythmia
SA	Somatic arousal
SNRI	Serotonin-norepinephrine reuptake inhibitor
SNS	Sympathetic nervous system
SSRI	Serotonin re-uptake inhibitor
TCA	Tricyclic antidepressant
TNF-α	Tumor necrosis factor-alpha
WC	Waist circumference