# Genetic and biomarker studies of human longevity

Deelen, J.

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Joris Deelen

**Genetic and biomarker studies of human longevity**
J. Deelen MSc

The cover displays newly hatched sea turtles crawling towards the ocean. Turtles are a symbol for a long and healthy life. They age very slowly and thus have the propensity to become long-lived. However, only very few, or even none, of the newly hatched sea turtles on this cover will actually become long-lived. To a lesser extent, this also seems to apply to individuals from long-lived families. Hence, by studying these families, using both genetic and biomarker approaches, we may be able to find the key towards a long and healthy life.

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## Contents


| | | |
|---|---|---|
| **Chapter 1** | General introduction | 7 |
| **Chapter 2** | Identifying the genomic determinants of aging and longevity in human population studies; progress and challenges | 17 |
| **Chapter 3** | Genome-wide association study identifies a single major locus contributing to survival into old age; the APOE locus revisited | 41 |
| **Chapter 4** | Genome-wide association meta-analysis of human longevity identifies a novel locus conferring survival beyond 90 years of age | 63 |
| **Chapter 5** | Gene set analysis of GWAS data for human longevity highlights the relevance of the insulin/IGF-1 signaling and telomere maintenance pathways | 87 |
| **Chapter 6** | Leukocyte telomere length associates with prospective mortality independent of immune-related parameters and known genetic markers | 109 |
| **Chapter 7** | General discussion | 127 |
| **Chapter 8** | Summary | 145 |
| **Chapter 9** | Nederlandse samenvatting | 151 |
| **Appendix** | List of publications | 163 |
| | Curriculum Vitae | 167 |
| | Dankwoord | 169 |