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## Genetic and biomarker studies of human longevity

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# **Genetic and biomarker studies of human longevity**

Joris Deelen

## **Genetic and biomarker studies of human longevity**

J. Deelen MSc

The cover displays newly hatched sea turtles crawling towards the ocean. Turtles are a symbol for a long and healthy life. They age very slowly and thus have the propensity to become long-lived. However, only very few, or even none, of the newly hatched sea turtles on this cover will actually become long-lived. To a lesser extent, this also seems to apply to individuals from long-lived families. Hence, by studying these families, using both genetic and biomarker approaches, we may be able to find the key towards a long and healthy life.

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door

**Joris Deelen**

geboren te 's-Gravenhage  
in 1985

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## Contents

|                  |  |     |
|------------------|--|-----|
| <b>Chapter 1</b> | General introduction   | 7   |
| <b>Chapter 2</b> | Identifying the genomic determinants of aging and longevity in human population studies; progress and challenges                             | 17  |
| <b>Chapter 3</b> | Genome-wide association study identifies a single major locus contributing to survival into old age; the APOE locus revisited                | 41  |
| <b>Chapter 4</b> | Genome-wide association meta-analysis of human longevity identifies a novel locus conferring survival beyond 90 years of age                 | 63  |
| <b>Chapter 5</b> | Gene set analysis of GWAS data for human longevity highlights the relevance of the insulin/IGF-1 signaling and telomere maintenance pathways | 87  |
| <b>Chapter 6</b> | Leukocyte telomere length associates with prospective mortality independent of immune-related parameters and known genetic markers           | 109 |
| <b>Chapter 7</b> | General discussion   | 127 |
| <b>Chapter 8</b> | Summary  | 145 |
| <b>Chapter 9</b> | Nederlandse samenvatting   | 151 |
| <b>Appendix</b>  | List of publications   | 163 |
|                  | Curriculum Vitae   | 167 |
|                  | Dankwoord  | 169 |

