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Genetic and biomarker studies of human longevity

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Genetic and biomarker studies of human longevity

Joris Deelen

Genetic and biomarker studies of human longevity

J. Deelen MSc

The cover displays newly hatched sea turtles crawling towards the ocean. Turtles are a symbol for a long and healthy life. They age very slowly and thus have the propensity to become long-lived. However, only very few, or even none, of the newly hatched sea turtles on this cover will actually become long-lived. To a lesser extent, this also seems to apply to individuals from long-lived families. Hence, by studying these families, using both genetic and biomarker approaches, we may be able to find the key towards a long and healthy life.

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