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Genetic and epidemiological aspect of Complex Regional Pain Syndrome

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No mutations found in the voltage-gated $\text{Na}_v1.7$ sodium channel $\alpha 1$ subunit gene *SCN9A* in familial Complex Regional Pain Syndrome

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Abstract

Gain-of-function mutations in the voltage-gated Nav1.7 Na⁺ channel $\alpha 1$ gene *SCN9A* have been linked to two different familial painful disorders: inherited primary erythromelalgia (PE) and paroxysmal extreme pain disorder (PEPD). These two disorders show clinical overlap with Complex Regional Pain Syndrome (CRPS), a condition characterized by pain in association with different combinations of vasomotor, sudomotor, sensory, and motor disturbances. Here we investigate the involvement of the *SCN9A* gene in familial CRPS. We performed a mutation analysis of the gene in DNA from index cases from four CRPS families. All 26 coding exons and adjacent sequences of the *SCN9A* gene were analyzed for mutations using direct sequencing analysis. No causal gene mutations were identified in the *SCN9A* gene in any of the patients. We did not find any evidence that the *SCN9A* gene plays a major role in CRPS. It cannot be excluded, however, that the *SCN9A* gene plays a role in sporadic CRPS, or perhaps even a minor role in familial CRPS.

Introduction

Complex Regional Pain Syndrome (CRPS) is a painful disorder that usually is inflicted by a trauma to an extremity like a fracture or operation. A spontaneous onset has been reported in about 10% of cases.¹ CRPS is characterized by burning pain and sensory disturbances like allodynia and hyperalgesia. Apart from pain, the affected extremities may show: (i) discolorations, temperature changes and edema (vasomotor disturbances); (ii) alterations in perspiration (sudomotor disturbances); and/or (iii) loss of muscle strength and movement disorders like dystonia (motor disturbances).^{2,3}

The etiology of CRPS is incompletely understood. Aberrant inflammation^{4,5} as well as neuronal plasticity involving both peripheral and central pain pathways are believed to play a role.^{6,7} There are several indications that CRPS has a genetic component. First, while CRPS is usually sporadic, families with CRPS have been reported.^{8,9,10,11,12,13,14} Second, CRPS patients with a more severe phenotype, for instance those with multiple affected extremities or who exhibit CRPS in combination with fixed dystonia, have a younger age at onset compared to patients in whom the disease remits or stabilizes.^{15,16} Third, a recent study calculating the sibling risk showed an increased risk to develop CRPS for siblings younger than 50 years.¹⁷ Despite the fact that several genetic association studies – mainly examining the involvement of the HLA gene cluster on chromosome 6 – have suggested that genetic factors indeed play a role in CRPS,^{18,19,20,21,22} the genetic component of CRPS has not been well investigated.

Here we want to investigate the involvement of the *SCN9A* gene in familial CRPS. Mutations in the *SCN9A* gene that encodes the $\alpha 1$ subunit of voltage-gated Nav1.7 Na⁺ channels have been linked to three disorders in which, similar to CRPS, altered pain sensitivity and vasomotor changes are prominent features.^{23,24,25} Primary erythromelalgia (PE) (MIM 133020) is associated with several missense mutations, causing an enhanced activation of Nav1.7 Na⁺ channel functioning.^{26,27} PE is characterized by attacks of symmetrical burning pain, as well as red discoloration, edema and increased temperature of the skin of certain extremities. Attacks are provoked by exercise, prolonged standing and exposure to warmth. In paroxysmal extreme pain disorder (PEPD) (MIM 167400),^{28,29} missense mutations in *SCN9A* lead to impaired inactivation of Nav1.7 Na⁺ channels.³⁰ PEPD, formerly known as familial rectal pain syndrome, is primarily characterized by attacks of burning pain in the rectal, ocular and mandibular areas which can spread over the whole body. The pain is

accompanied by autonomic symptoms such as color changes and edema of the skin.^{31,32} Finally, in channelopathy-associated insensitivity to pain (CIP) (MIM 243000) that is due to truncating, inactivating *SCN9A* mutations³³ patients are insensitive to pain stimuli but this is not accompanied by prominent vasomotor symptoms. Whereas in PE and PEPD, increased activation of Nav1.7 Na⁺ channels in primary sensory neurons of dorsal root and trigeminal ganglia as well as in certain sympathetic ganglion neurons increases the sensitivity of nociceptors to painful stimuli,³⁴ in CIP, on the contrary, a decreased activation of Nav1.7 Na⁺ channels results in insensitivity to painful stimuli.

We hypothesized that the clinical manifestations spontaneous pain, allodynia and hyperalgesia that are commonly observed in CRPS patients may be the result of an *SCN9A* mutation. Allodynia – where a normally innocuous stimulus is perceived as painful – can result from either an enhanced activity of spinal nociceptive pathways (central sensitization) or lowering of pain receptor activation thresholds of nociceptors on Nav1.7-expressing sensory neurons when exposed to products of tissue damage and inflammation (peripheral sensitization)³⁵. Hyperalgesia – an increased sensitivity to pain –, on the other hand, is thought to be due to sensitization of nociceptors.³⁶

Because of an overlap in clinical symptoms in CRPS, PEPD and PE, and the potential role Nav1.7 Na⁺ channels may play in determining increased sensitivity to pain in CRPS, we investigated the role of *SCN9A* in familial CRPS. To increase the chance of identifying a causal mutation, we scanned four CRPS patients in whom CRPS also occurred in multiple family members.

Patients and Methods

Patients

The index cases of four CRPS families were included in the mutation analysis. Clinical characteristics of the probands and affected family members are given in Table 1. The clinical information of families 1-3 was published before,³⁷ but is here included to allow for optimal comparison with clinical information of family 4. All patients met the IASP criteria for CRPS.²

The study was approved by the Medical Ethical Committee of the Leiden University Medical Center. All patients gave written informed consent before participation.

Details of the index case and family members of newly collected family 4

The proband (III-10) of newly collected family 4 developed CRPS at the age of 47 years after a sprain of her right ankle. Soon after the injury, she developed symptoms in her left arm after an intravenous administration of mannitol. Her sister (III-15) developed CRPS in her left arm after a complete dislocation of her elbow when she was 54 years old. The cousin (III-8) developed CRPS after a wound of his right hand when he was 57 years old. The niece of the proband (IV-19) developed CRPS in her left arm after an accident at the age of 19. Nine years later she developed CRPS in her left leg after a contusion (Figure 1).

Figure 1: Pedigree of CRPS family 4

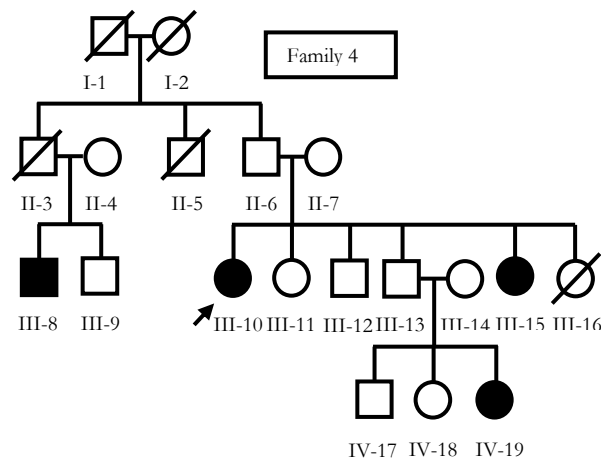


Figure represents the pedigree of CRPS family 4. Circles indicate females; squares indicate males; crossed-out symbols: deceased individuals. Black symbols indicate individuals with CRPS. The arrow indicates the proband of the family.

Mutation analysis of the *SCN9A* gene

Genomic DNA was isolated from peripheral blood cells according to a salting-out method.³⁸ All 26 coding exons and adjacent sequences of the *SCN9A* gene were analyzed for mutations using direct sequencing analysis. Exons were amplified by PCR using exon-specific primers sets (Table 2). Reactions were performed in a 25 μ L reaction volume, containing 10 pmol of each primer, 1xPCR buffer (3 mM Tris-HCl,

75 mM NH₄SO₄, 7.5 mM MgCl₂ with a pH of 8.5) (Invitrogen, Breda, The Netherlands), 3 mM dNTPs, 0.25 U AmpliTaq DNA polymerase (Applied Biosystems, Nieuwerkerk aan den IJssel, The Netherlands), and 50 ng of genomic DNA. PCR conditions were performed as follows: 3 min at 94°C, followed by 33 cycles of 30 sec at 94°C, 30 sec at 60°C, and 1 min at 72°C, and an additional extension step of 10 min at 72°. Unincorporated dNTPs and primers were removed by incubation at 37°C for 2 hours with shrimp alkaline phosphatase (SAP) (USB Corporation, Cleveland, Ohio, USA) and exonuclease (ExoI) (USB Corporation, Cleveland, Ohio, USA), followed by a deactivation step of 95°C for 15 min. For dideoxy sequencing, purified PCR product (15 to 25 ng) was used with 6 pmol forward or reverse primer in a final volume of 12 µl. Sequencing reactions were run on an automated sequencer (ABI3730, Applied Biosystems, Nieuwerkerk aan den IJssel, The Netherlands). Sequence analysis was performed using ContigExpress software (a component of vector NTI Suite V9.0.0; Invitrogen, Leek, The Netherlands).

Table 2. Primer sequences for the SCN9A gene

| Exons | Strand | Primer sequence |
|------------|--------|------------------------------------|
| SCN9A_ex1 | F | 5'-GAACATGTTACCTTTTGTAGTTGAAA-3' |
| | R | 5'-GCCAACAGAACTGACCACTG-3' |
| SCN9A_ex2 | F | 5'-GGAGTCTGATGGCAGTGTTC-3' |
| | R | 5'-TTCCTGAGACCCATGACAAA-3' |
| SCN9A_ex3 | F | 5'-TTAATATAATTTGTCATGGGTCTCAG-3' |
| | R | 5'-GGAAGGTAAAGATTCCCCATCT-3' |
| SCN9A_ex4 | F | 5'-GGGTGTGTCCATAACCCAAC-3' |
| | R | 5'-TTTGAAAAATTTAGTATTTGCCTATCA-3' |
| SCN9A_ex5 | F | 5'-CCCAAACGTAGAAAATACCTTG-3' |
| | R | 5'-CATCCTAAAGACCCATGCAA-3' |
| SCN9A_ex6 | F | 5'-TGACTTCTAGGAAAGCTTGTGTTT-3' |
| | R | 5'-TTTGAAATGATTAATAATGAAAGCA-3' |
| SCN9A_ex7 | F | 5'-CACCTAAACATAAAGGAGGTCTCA-3' |
| | R | 5'-TTTGCTGTGGGACAGAATGA-3' |
| SCN9A_ex8 | F | 5'-GCCAAATCATGTATTCCTTAATCCTT-3' |
| | R | 5'-GAGTTTCCTCCATTCTCAAATAAA-3' |
| SCN9A_ex9 | F | 5'-TTGATAACATGAGATTATACCAAACCTG-3' |
| | R | 5'-AGCCCAGAATTGGTTCCTTT-3' |
| SCN9A_ex10 | F | 5'-TGCACCATGTTGTTATGCTAAT-3' |
| | R | 5'-TTTCCATAAATGCCTAGCGATAC-3' |
| SCN9A_ex11 | F | 5'-GCCAGTGGGTTCAGTGGTAT-3' |
| | R | 5'-TGCAGAGCCATTACACAAGAC-3' |
| SCN9A_ex12 | F | 5'-GCCATAATTTGAACCCAGCA-3' |
| | R | 5'-TTCCTAAGAATTCATGTGCCTA-3' |

No mutations found in the voltage-gated Nav1.7 sodium channel $\alpha 1$ subunit gene *SCN9A* in fCRPS

| Exons | Strand | Primer sequence |
|----------------|--------|---------------------------------------|
| SCN9A_ex13 | F | 5'-TGCTTCATCTAGGCAACGAA-3' |
| | R | 5'-CCAGAAACTTGACTCTACACAT-3'CC |
| SCN9A_ex14 | F | 5'-GGGAAGAGCAATACCTAATTACA-3' |
| | R | 5'-AAGTGCATTTGTCAATGAATGG-3' |
| SCN9A_ex15 | F | 5'-TGCTTTACCCTTTGAACAAAA-3' |
| | R | 5'-CATCACAAAAATAATTTCCACAGAGA-3' |
| SCN9A_ex16 | F | 5'-CGTTGCTGGTTTGTATTGTG-3' |
| | R | 5'-GTGAGGCTGGGATTGTGAAT-3' |
| SCN9A_ex16 | F | 5'-CCTTACGTGAATTTATTCTAAAAGCAT-3' |
| | R | 5'-TCACGCACAAAACTATCCATC-3' |
| SCN9A_ex17 | F | 5'-AAGGTTACTTGACCTCAATATGTGT-3' |
| | R | 5'-TGCCATAGATGTGGAACTCA-3' |
| SCN9A_ex18 | F | 5'-CAACTATTTAGAAAACATCATGCAA-3' |
| | R | 5'-TCATTGGCACTAATCATAGGG-3' |
| SCN9A_ex19 | F | 5'-CAGCACTGGTGAGAAGGCTA-3' |
| | R | 5'-TTTACATTTGTGAACGATTTCTG-3' |
| SCN9A_ex20 | F | 5'-ATTTCCCTTACAGAAACATCCATCT-3' |
| | R | 5'-GAAACAACCTATAATTTCTACATACCC-3' |
| SCN9A_ex21 | F | 5'-AAGGGCGGCTTTTCTAATTT-3' |
| | R | 5'-GCCAAGACTGGCACTGTTTTA-3' |
| SCN9A_ex22 | F | 5'-TGGACATGTTGAATACAGCAAA-3' |
| | R | 5'-TCAGGCTCTATCTCCAAGTGC-3' |
| SCN9A_ex23 | F | 5'-CCTCAACAATGCTATGGCTTC _v |
| | R | 5'-TTGTTTTCTGTGCAAAAATGAAT-3' |
| SCN9A_ex24 | F | 5'-CTGTGTTTGGAGACCCATGT-3' |
| | R | 5'-CAAAGGCTTGATTTGTCAGTGG-3' |
| SCN9A_ex25 | F | 5'-TCATTTTAAATGCACATCTTTAATTTTC-3' |
| | R | 5'-GCTTTGGGGCCTGTAGTGT-3' |
| SCN9A_ex26-I | F | 5'-TTCATTATTTTCTCCACATACAGG-3' |
| | R | 5'-TTCCAACAGATGGGTTACCA-3' |
| SCN9A_ex26-II | F | 5'-AACAGTAAGCCACCCGACTG-3' |
| | R | 5'-ATGGATCCGGTCACCACTAA-3' |
| SCN9A_ex26-III | F | 5'-AACCCAACAAGTCCAGCTC-3' |
| | R | 5'-TTCCCTTTGTCTTCTTTTCTG-3' |
| SCN9A_ex26-IV | F | 5'-AACAGATGCCACTTCATCCAC-3' |
| | R | 5'-TGAAAAGATGACAAGGCAGATG-3' |
| SCN9A_ex26-V | F | 5'-CGAAGGCAGTGCAGTCACTA-3' |
| | R | 5'-AAAAGTCAAGCTCCCTAATAATG-3'C |

Results

CRPS probandi

All four probands developed symptoms after a noxious event and had more than one affected extremity. All patients reported allodynia, hyperalgesia, discoloration, edema and changed temperature of the skin. Every one of the symptoms was also observed at the time of the examination except for the allodynia in the proband of family two and the discoloration in the proband of family three.

CRPS families

We collected four families with CRPS, three of which had been published before.³⁹ In family one there are two affected individuals among the 21 first- and second-degree relatives of the probands (10%). In family two there are four affected individuals among the 29 first- and second-degree relatives of the probands (14%). In family three there is one affected individual among the fourteen first- and second-degree relatives of the probands (7%). The fourth family was recently collected and has two affected individuals among the 21 first- and second-degree relatives of the probands (10%). The other affected individuals in all these families are more distantly related from the probands.

No clear mendelian segregation pattern was observed in any of the CRPS families. A conventional linkage analysis in CRPS is therefore less appealing. CRPS in these families can still be caused by high-penetrant mutations, because there may be non-penetrant cases. This is not unlikely, since exposure to an initiating event such as a fracture or soft tissue injury is often required to express the syndrome. In these four families 89% (15 of 18) of all affected individuals reported a trauma before the onset of the condition in the first affected extremity.

Mutation analysis of the SCN9A gene

We hypothesized that a candidate gene sequencing strategy to identify possible high-penetrant causal mutations in the CRPS families is the most realistic approach. Therefore, we performed a mutation analysis in the *SCN9A* gene by direct sequencing of all 26 exons. No causal gene mutations were identified in *SCN9A* gene in any of the four index cases.

Table 1: Signs and symptoms of the patients from the four described families

| family | person | extr | age onset | trauma | Sensory | | | | Vasomotor | | Sudomotor | | Motor/Trophic | | | | |
|--------|--------|------|-----------|--------|---------|-----------|----------|---------|-----------|------|-----------|-------|---------------|----------|--------|-----|-----|
| | | | | | pain | allodynia | hyperest | hyperal | color | temp | edema | sweat | trophic | dystonia | tremor | | |
| 1 | II-5 | RL | 39 | + | + | ob. | ob. | ob. | ob. | ob. | ob. | ob. | ob. | ob. | ob. | - | |
| | | LL | 44 | + | + | ob. | ob. | ob. | ob. | ob. | re. | ob. | ob. | ob. | ob. | re. | |
| | | RA | 54 | - | + | ob. | ob. | ob. | ob. | re. | ob. | - | ob. | ob. | ob. | ob. | |
| | II-7 | LA | 56 | - | + | ob. | ob. | ob. | ob. | re. | ob. | re. | ob. | ob. | ob. | ob. | re. |
| | | LA | 58 | + | + | ob. | ob. | ob. | ob. | ob. | ob. | ob. | ob. | ob. | ob. | ob. | re. |
| | | RA | 51 | - | + | - | - | ob. | ob. | - | re. | - | - | - | - | - | |
| | II-8 | LA | 51 | - | + | - | - | ob. | ob. | - | re. | - | - | - | - | - | |
| | | RL | 51 | - | + | - | - | ob. | ob. | - | ob. | - | - | - | - | - | |
| | | LL | 51 | - | + | - | - | ob. | ob. | - | re. | - | - | - | - | - | |
| | III-12 | LA | 21 | + | + | re. | - | re. | ob. | ob. | ob. | ob. | ob. | ob. | - | - | |
| | | RL | 14 | - | + | - | - | ob. | ob. | - | - | - | ob. | - | - | - | |
| | III-13 | LL | 14 | - | + | - | - | ob. | ob. | - | - | - | ob. | - | - | - | |
| RA | | 19 | - | + | ob. | ob. | ob. | ob. | - | - | - | ob. | ob. | - | re. | | |
| LA | | 19 | - | + | ob. | ob. | ob. | ob. | - | - | - | ob. | ob. | - | re. | | |
| 2 | II-3 | RA | 70 | + | + | ob. | - | ob. | re. | ob. | ob. | ob. | ob. | ob. | re. | - | |
| | | LB | 65 | + | + | - | - | - | ob. | ob. | ob. | ob. | ob. | ob. | ob. | - | |
| | II-7 | LB | 45 | + | + | ob. | re. | ob. | ob. | ob. | ob. | re. | ob. | ob. | re. | re. | |
| | | RB | 50 | - | + | re. | ob. | ob. | ob. | ob. | ob. | ob. | ob. | ob. | ob. | re. | |
| | III-10 | LA | 54 | - | + | ob. | ob. | ob. | ob. | ob. | ob. | ob. | ob. | ob. | ob. | - | |
| | | RB | 24 | - | + | re. | ob. | - | ob. | ob. | ob. | - | ob. | ob. | - | re. | |
| LB | 26 | + | + | re. | ob. | - | ob. | ob. | ob. | ob. | ob. | ob. | ob. | ob. | re. | | |
| 3 | III-12 | LA | 29 | + | + | ob. | - | re. | ob. | ob. | ob. | - | ob. | - | - | | |
| | | LL | 40 | + | + | - | - | re. | re. | re. | re. | re. | re. | re. | - | | |
| | IV-21 | LA | 17 | + | + | re. | re. | re. | re. | re. | re. | - | re. | re. | - | | |
| | | RA | 17 | + | + | ob. | ob. | ob. | re. | re. | re. | re. | re. | ob. | ob. | | |
| | IV-25 | LL | 20 | + | + | ob. | ob. | ob. | ob. | re. | ob. | ob. | re. | ob. | ob. | ob. | |
| | | RL | 23 | - | + | ob. | ob. | ob. | re. | re. | re. | - | re. | ob. | ob. | | |
| IV-26 | LA | 21 | + | + | re. | ob. | ob. | re. | re. | ob. | ob. | ob. | ob. | - | | | |
| 4 | III-8 | RA | 57 | + | + | - | - | - | re. | ob. | re. | re. | ob. | re. | re. | | |
| | | RL | 47 | + | + | - | ob. | ob. | ob. | ob. | ob. | - | - | - | - | | |
| | | LA | 47 | + | + | re. | - | - | - | - | - | re. | - | - | - | | |
| | III-15 | LA | 54 | + | + | re. | ob. | ob. | re. | ob. | re. | ob. | ob. | ob. | - | | |
| | | LA | 19 | - | + | re. | - | - | - | re. | - | - | re. | - | - | | |
| | IV-19 | LA | 19 | - | + | re. | - | - | - | - | re. | - | - | re. | - | | |
| | | LL | 28 | + | + | re. | - | re. | re. | - | re. | - | - | - | - | | |

RA=Right arm; LA=Left arm; RL=Left leg; LL=Left leg; + = present; - = absent; ob. =observed; re. = reported; **Bold** = family probands; Extr = extremity; hyperest = hyperesthesia; hyperal = hyperalgesia; temp = temperature.

Discussion

We analyzed the SCN9A gene in the index cases of four CRPS families. No causal gene mutation was identified in any of them. Consequently, our data suggest that the SCN9A gene does not play a major role in familial CRPS. It cannot be ruled out, however, that the SCN9A gene may play a role in sporadic CRPS, or perhaps even a minor role in familial CRPS. The possibility remains that certain mutations, such as exonic deletions, intronic mutations and/or promoter mutations may have been missed as a result of the applied PCR strategy. If the changed sensitivity to pain in CRPS would be due to a similar gain-of-function molecular mechanism as in PE or PEPD, which are due to missense mutations, our strategy most likely would have been successful in identifying these mutations. A mutation in the SCN9A gene promoter or in a regulatory element resulting in increased SCN9A gene expression, is theoretically possible and would remain unnoticed. Unfortunately, lack of Nav1.7-expressing tissue of CRPS patients, precludes testing whether SCN9A expression levels are increased. The possibility of a lower or absent SCN9A expression level due to specific promoter mutations and/or (partial) gene deletions is rather unlikely, since loss-of-function mutations were shown to cause insensitivity and not increased sensitivity, to pain.

When large CRPS cohorts will become available, one may consider performing a well-designed case-control association study, testing for low-penetrant gene variants in SCN9A. At this moment no such variant has been identified in a pain-related disorder. Although the present study did not reveal a role for Nav1.7 in CRPS, the rationale for testing SCN9A was a relevant one. After all, a role of Nav channels in pain mechanisms is well established (for a review see Cummins 2007).⁴⁰ For several Nav isoforms, such as Nav1.3, Nav1.7 and Nav1.8, a role in modulating the sensitivity of pain has been shown, as also revealed by experimental mouse models.

Although we did not find support for our hypothesis that the SCN9A is involved in CRPS, other genes involved in pain perception, such as non-Nav1.7 voltage-gated Nav channels (as discussed above) or GTP cyclohydrolase 1 (GCH1),⁴¹ catechol-O-methyltransferase (COMT)⁴² or transient receptor potential vanilloid 1 (TRPV1)⁴³ might be considered as candidates for future studies on genetic factors in CRPS.

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