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Towards new therapeutic strategies in chondrosarcoma

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A dark, grayscale microscopic image of cells, likely chondrosarcoma cells, showing various cell shapes and structures. The cells are densely packed and exhibit some degree of pleomorphism. The background is dark, making the lighter-colored cells stand out.

**6. COX-2 expression in chondrosarcoma:
a role for celecoxib treatment?**

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Submitted

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Abstract

Chondrosarcomas are resistant to conventional chemo- and radiotherapy. A subset of chondrosarcomas arises secondarily in the benign tumour syndromes Enchondromatosis (EC) and Multiple Osteochondromas (MO) and prevention of tumour development would greatly improve prognosis. We therefore investigated the effect of selective COX-2 inhibition on chondrosarcoma growth.

COX-2 expression was studied in central- and peripheral cartilaginous tumours. The effect of COX-2 inhibition was assessed in four chondrosarcoma cell lines using celecoxib and NS-398 treatment. COX-2 activity (prostaglandin E₂ (PGE₂) ELISA) and cell viability were measured. The (prophylactic) effect of celecoxib on chondrosarcoma growth *in vivo* was studied during 8 weeks using a xenograft model of cell line CH2879 in immunoincompetent nude mice.

High COX-2 protein expression was mainly found in solitary peripheral chondrosarcoma and in enchondromatosis-related central chondrosarcoma, which was confirmed by qPCR. After 72 hours of celecoxib treatment, a significant decrease in cell viability was observed in three chondrosarcoma cell lines. *In vivo*, celecoxib initially slowed tumour growth in chondrosarcoma xenografts, however after prolonged treatment relapsed tumour growth was observed. Tumour volume was negatively associated with celecoxib serum levels, and seemed smaller in the high-dose prophylactic treatment group. We confirmed expression of COX-2 in 65% of chondrosarcomas, and COX-2 inhibition by celecoxib diminished cell viability *in vitro*. However, the *in vivo* data suggest no role for celecoxib in the treatment of adult high grade chondrosarcoma. The role of high-dose prophylactic celecoxib in preventing development of benign and malignant cartilage tumours in EC and MO patients deserves further investigation.

Introduction

Chondrosarcoma of bone is a malignant cartilage-forming tumour, which is highly insensitive to classical chemotherapeutics and radiation therapy. Chondrosarcomas are histologically divided into three grades, which is currently the only objective predictor of metastasis. Grade I tumours rarely metastasize with a 10 year survival rate of 83%, while 10 year survival for grade III tumours decreases to 29% due to metastatic disease¹. Marginal or intralesional excision of tumours can result in local recurrence with increased histological grade². Currently, surgical removal of the tumour is the only option for curative treatment. There is no treatment with curative intent for patients with metastatic disease or inoperable tumours.

The majority (80-85%) of conventional chondrosarcomas arise in the medullar cavity of bone and are designated as primary central chondrosarcomas³. For less than 1% of central chondrosarcomas, there is clinical evidence of a pre-existing (benign) enchondroma^{3,4}. Enchondromas occur mostly as solitary lesions, although they may occur as multiple lesions in the context of enchondromatosis (Ollier disease), which is a rare non-hereditary syndrome⁵. The risk of malignant progression is increased up to 30-35% in enchondromatosis patients⁶ as compared to solitary enchondroma (<1%).

At the surface of bone, peripheral chondrosarcomas arise secondary to a pre-existing osteochondroma. Multiple osteochondromas (MO) is an autosomal dominant hereditary disorder which occurs in children and young adolescents. Malignant progression of hereditary osteochondroma is slightly more frequent than in solitary lesions (1-5% vs. 1%). Preventing new tumour formation and malignant progression in enchondromatosis and multiple osteochondroma patients would greatly benefit their prognosis.

In colorectal cancer, a protective effect of prostaglandin synthesis inhibitors (also known as non-steroidal anti-inflammatory drugs (NSAIDs)) has been suggested against development and growth of the tumours. Celecoxib and rofecoxib, both selective COX-2 inhibitors, were shown to reduce the number and size of colorectal polyps in the adjuvant treatment of Familial Adenomatous Polyposis (FAP) patients^{7,8}. Also aspirin was found to have a chemopreventive effect on adenoma recurrence in patients in which a non-FAP related adenoma had been removed⁹. NSAIDs block attachment sites for arachidonic acid on the COX enzyme, thereby inhibiting prostaglandin production¹⁰. Whereas COX-1 is constitutively expressed under physiologic conditions, COX-2 is induced by cytokines and free radicals, making it a suitable target for (anti-cancer) therapy.

Endo et al. reported high COX-2 expression in a substantial amount of chondrosarcomas (16/72) by immunohistochemistry, which was associated with high histological grade and poor prognosis¹¹. However, Sutton found no correlation of COX-2 protein expression and histological grade in 24 chondrosarcomas (6/9 grade I tumours; 4/6 grade II and 1/6 grade III), whereas 8 enchondromas were negative¹².

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We investigated whether COX-2 inhibition could play a role in either the treatment of high grade chondrosarcomas or the prevention of malignant progression of tumours associated with Enchondromatosis or Multiple Osteochondromas. Therefore we determined COX-2 mRNA and protein expression in patient material. We investigated the effects of COX-2 inhibition on COX-2 protein expression, PGE₂ levels, and cell viability in 4 high grade chondrosarcoma cell lines *in vitro*. In addition, a chondrosarcoma xenograft model of immunoincompetent nude mice was used to study the effects of COX-2 inhibition *in vivo*.

Material and methods

COX-2 expression in patient material of cartilaginous tumours

Conventional central and peripheral cartilaginous tumours were selected based on accepted clinicopathological and radiological criteria³. Juxtacortical-, mesenchymal-, dedifferentiated-, and clear-cell chondrosarcomas were excluded. In total, formalin-fixed paraffin-embedded specimens from 66 patients (Table 6.1) and fresh-frozen material of 34 patients was studied. Histological grading was performed according to Evans¹. All specimens were handled according to the ethical guidelines described in "Code for Proper Secondary Use of Human Tissue in The Netherlands" of the Dutch Federation of Medical Scientific Societies.

COX-2 immunohistochemistry (Table 6.2) of tumour tissue was independently semi-quantitatively scored for cytoplasmic staining, as described previously¹³, without knowledge of the clinicopathological data. Scores were given for intensity (1 = weak, 2 = moderate, 3 = strong) and percentage of positive cells (1 = 0-24%, 2 = 25-49%, 3 = 50-74% and 4 = 75%-100%). To avoid tumours

| | Central | | Peripheral | | TOTAL | | MO | | TOTAL | | OVERALL | | | |
|--------------------------------|----------|----|------------|-----|-------|----|----------|-----|-------|----|---------|----|-------|----|
| | Solitary | | Solitary | | TOTAL | | Solitary | | TOTAL | | OVERALL | | | |
| | pos | % | pos | % | pos | % | pos | % | pos | % | pos | % | | |
| Benign | 3/9 | 33 | 0/6 | 0 | 3/15 | 20 | 2/8 | 25 | 1/9 | 11 | 3/17 | 18 | 6/32 | 19 |
| Malignant | 1/6 | 17 | 6/6 | 100 | 7/12 | 58 | 12/13 | 92 | 3/9 | 33 | 15/22 | 68 | 22/34 | 65 |
| Grade I CS | 0/4 | 0 | 1/1 | 100 | 1/5 | 20 | 6/6 | 100 | 2/5 | 40 | 8/11 | 73 | 9/16 | 56 |
| Grade II CS | 1/2 | 50 | 3/3 | 100 | 4/5 | 80 | 6/7 | 86 | 1/4 | 25 | 7/11 | 64 | 11/16 | 69 |
| Grade III CS | - | - | 0/2 | 0 | 0/2 | 0 | - | - | - | - | - | - | 0/2 | 0 |
| ALL (Benign +Malignant) | 4/15 | 27 | 6/12 | 50 | 10/27 | 37 | 14/21 | 67 | 4/18 | 22 | 18/39 | 46 | 28/66 | 42 |

Table 6.1 COX-2 protein expression in cartilaginous tumours

| Antigen | Clone | Applic | Manufac. | Origin | Against | Positive control | Pre-incubation | Secondary | Antibody conc. | AR |
|----------------------------|-------|-------------|------------------|--------|---------|----------------------|--|-----------------------|----------------|---------|
| COX-2 | PG-46 | IHC (human) | Nuclilab | Rabbit | Human | Colorectal carcinoma | 60' blocking solution* | Anti rabbit HRP | 1 100 | Citrate |
| COX-2 | PG-46 | IHC (mouse) | Nuclilab | Rabbit | Human | Colorectal carcinoma | 60' blocking solution* | Anti rabbit envision* | 1 100 | Citrate |
| Ki-67 | MIB-1 | IHC (mouse) | Dako | Mouse | Human | Any tumour | None | Anti mouse IgG1/HRP | 1 100 | Citrate |
| Cleaved caspase-3 (Asp175) | | IHC (mouse) | Cell signalling | Rabbit | Human | Burkitt lymphoma | None | Anti rabbit envision | 1 100 | Citrate |
| CD31 (Pecam-1) | | IHC (mouse) | Santa Cruz | Rabbit | Mouse | Any | 30' NGS 5% | Anti rabbit envision | 1 500 | None |
| COX-2 | | IB | Cayman chemicals | Mouse | Human | Colorectal carcinoma | 60' 5% non-fat dry milk in PBS/0.05% Tween | Anti mouse HRP | 0,25 ng/ml | |
| Tubulin | | IB | | Mouse | Human | Any | 60' 5% non-fat dry milk in PBS/0.05% Tween | Anti mouse HRP | 1 1000 | |

Table 6.2 Antibodies and protocols used for immunohistochemistry and immunoblotting. *for human tissue anti rabbit HRP was used IHC: Immunohistochemistry, IB: Western blot, NGS: normal goat serum, *blocking solution: 0,01M Tris, 0,1M MgCl₂, 5% Tween 20, 1% BSA and 5% normal goat serum. AR: antigen retrieval.

with single positive cells being regarded as positive a cut-off level of total sum ≥ 3 was applied.

RNA was isolated from fresh frozen tumour tissue of 34 central tumours as described previously¹⁴. Growth plate samples (n=4) were used as normal counterpart controls. Messenger RNA expression of COX-2 was studied using quantitative RT-PCR (forward primer GAATCATTACCA-GGCAAATTG, reverse primer TCTGTACTGCG-GGTGGAACA), as previously described¹⁵. For normalisation GENORM was used¹⁶.

Inhibition of COX-2 in chondrosarcoma in vitro

Chondrosarcoma cell lines derived from chondrosarcoma grade II (SW1353, American Type Culture Collection (ATCC), Manassas, VA), grade III (CH2879¹⁷ and OUMS27¹⁸) and a recurrent chondrosarcoma grade II in enchondromatosis (C3842¹⁹) were cultured in RPMI 1640 supplemented with 10% heat-inactivated foetal calf serum (Gibco, Invitrogen Life-Technologies, Scotland, UK). Cell line HT29 (ATCC), expressing high COX-2 levels, was used as a control. Cells were grown at 37°C in a humidified incubator with 95% air and 5% CO₂. The cartilaginous phenotype of the chondrosarcoma cell lines

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was confirmed by RT-PCR, showing mRNA expression of *collagens I, 2B, 3, and 10; Aggrecan;* and *SOX9*²⁰. Protein extraction and immunoblotting were performed as described previously²¹. A WST-1 colorimetric assay (Roche Diagnostics GmbH, Penzberg, Germany) was used as described previously²¹ to measure metabolic activity representing the amount of viable cells in response to celecoxib (Pfizer, NY, USA) and NS-398 (Cayman chemicals, Ann Arbor, MI, USA). 5.0×10^3 chondrosarcoma cells (CH2879, OUMS27 and C3842) and 1.5×10^3 HT29 and SW1353 cells were seeded. Celecoxib and NS-398 were diluted in DMSO. After 24 hours, increasing concentrations of the drugs were added (5, 10 and 25 μ M) or 0,1% DMSO. C3842 was not included in the NS-398 assay.

For measuring PGE₂ levels, cells of OUMS27, CH2879, C3842, and HT29 were seeded in a 24 wells plate at a density of 5.5×10^4 , and SW1353 at a density of 2.0×10^4 . Twenty-four hours after seeding, cells were treated with celecoxib in increasing dosages (5, 10 and 25 μ M) or with 0.1% DMSO. After 72 hours, PGE₂ concentration in the medium was determined by a PGE₂-specific enzyme-linked immunoassay (Cayman chemicals, Ann Arbor, MI, USA) according to the manufacturer's protocol. mRNA was extracted and CYP19A1 mRNA levels were determined to assess aromatase activity²⁰. Five percent serum supplementation was used for all experiments.

In vivo chondrosarcoma model

Sixty Swiss male nude mice (CrI:NU(Ico)-Foxn1nu (IFFA-CREDO, Lyon, France)) were randomly assigned to one of five groups (Figure 6.1). Low doses contained 500ppm celecoxib, high doses 1000ppm. The selective COX-2 inhibitor celecoxib (CS-58635) was incorporated into a modified nude mouse diet (Altromin Gesellschaft für Tierernährung mbH, Lage, Germany) and irradiated to accomplish sterility. Mice were able to feed and drink ad libitum. Amount of food consumed was monitored individually. Prophylaxis was started 7 days prior to inoculation, as steady-state levels of celecoxib are reached in five days in humans (Pfizer). At week 1 all mice were injected with 2×10^6 CH2879 cells, subcutaneously on the back. Since chondrosarcomas have a relatively slow growth rate, we waited 21 days for the tumours to reach a size large enough for external analysis, before treatment with celecoxib was started. Treatment was prolonged for 30 days, after which the mice were sacrificed. The mice were weighted once a week. Calipers were used to measure the tumour volume *in vivo* using the following formula: $(\text{length} \times \text{width}^2) / 2$. Blood samples, obtained by aortal puncture at time of sacrifice, were allowed to coagulate and were centrifuged for 10 minutes at 13000 rpm; supernatants were collected and stored at -20°C until HPLC analysis. HPLC was performed by Case Bel (Borgerhout, Belgium) as described previously²².

The excised tumours were fixed in 0,1% formalin for 24 hours and embedded in paraffin. To study possible toxicity of celecoxib, tissue of the heart, lungs,

COX-2 inhibition in chondrosarcoma

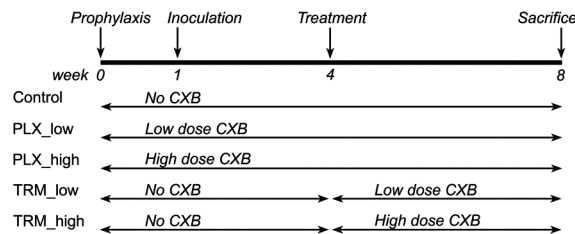


Figure 6.1 Sixty immunoincompetent nude mice were randomly assigned to either prophylactic low dose celecoxib (PLX_low), prophylactic high dose celecoxib (PLX_high), treatment low dose celecoxib (TRM_low), treatment high dose celecoxib (TRM_high) or control group (Control).

liver, and kidney were taken at autopsy for histological analysis. Xenografted tumours were analysed by H&E, Toluidine blue and immunohistochemistry for COX-2, Ki-67, cleaved caspase-3 and CD31 (Table 6.2). COX-2 staining was scored as negative, very weak or positive. Ki-67 and cleaved caspase-3 staining were digitally scored using confocal microscopy (Nuance 2.6.0 Cambridge research and Instrumentation Inc. Woburn, MA, USA). A minimum of 2000 cells were counted and the percentage of positive cells was automatically calculated (ImageJ 1.37V, Wayne Rasband, National Institutes of Health, USA), to assess microvessel density, CD31-positive vessels were counted in 10 high-power fields per tumour. An independent experiment was performed using grade II chondrosarcoma xenograft model, with high celecoxib prophylaxis (n=12) and treatment (n=12) group.

Statistics

Comparison between groups was performed using Pearson Chi-Square (immunohistochemistry) and Students's t-test (RT-PCR). P values <0.05 were considered significant.

Results

Higher COX-2 expression in chondrosarcoma and in enchondromatosis.

In total, in 65% of the chondrosarcomas tumour cells demonstrated cytoplasmic COX-2 protein expression (Figure 6.2A). Malignant tumours were more often positive for COX-2 than benign tumours (58% vs. 20%, $p=0.040$ for central and 68% vs. 18%, $p=0.002$ for peripheral, Pearson Chi-Square). In the group of central chondrosarcomas positivity was mainly seen in enchondromatosis-related chondrosarcomas (6/6), whereas peripheral solitary tumours were more often positive (12/13) than MO related chondrosarcomas (3/9). Results are summarised in table 6.1.

Also at mRNA level enchondromatosis-related tumours tend to show higher COX-2 expression, as compared to solitary tumours ($p=0.056$ Student's t-test) (Figure 6.2B). However, no difference in COX-2 mRNA expression between benign (n=7) and malignant tumours (n=27) was found (Student's t-test $p=0.58$) (not shown).

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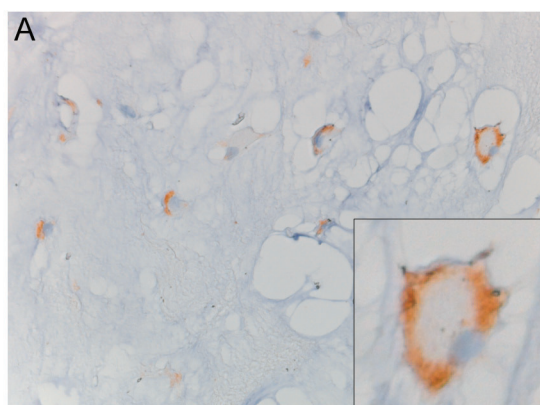
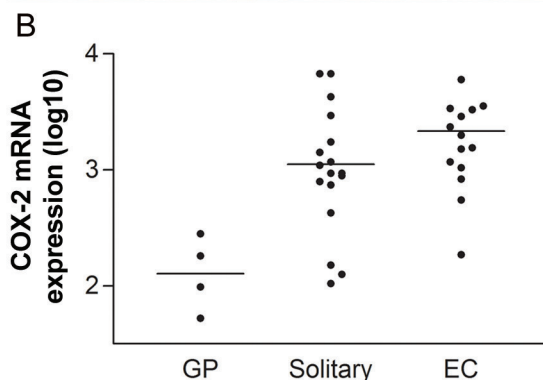


Figure 6.2 (A) Cytoplasmic COX-2 expression in central chondrosarcoma grade I. (B) COX-2 mRNA was higher expressed in central cartilaginous tumours compared to growth plate (GP) samples and tumours related to enchondromatosis (EC) showed higher expression of COX-2 than solitary tumours.



COX-2 inhibitors decrease proliferation of chondrosarcomas in vitro

All four chondrosarcoma cell lines demonstrated COX-2 protein expression in variable levels (Figure 6.3A). After 72 hours of 25 μM celecoxib treatment, a decrease in cell viability was observed, comparable to HT29, in the three cell lines that were derived from solitary tumours (Figure 6.3B). For OUMS27 a decrease in cell viability was observed already at 10 μM celecoxib. C3842 did not respond to celecoxib (Figure 6.3B), not even when treatment was prolonged for 48 hours (data not shown). Effects of NS-398 were more subtle (Figure 6.3C).

Response to celecoxib is independent of COX-2 activity

By PGE_2 ELISA we showed that in CH2879, OUMS27 and C3842 the COX enzymes are active and that a dose of 5,0 μM celecoxib was enough to significantly decrease PGE_2 levels (Figure 6.3D). Remarkably, we were not able to detect COX activity in HT29 and SW1353, which both responded well to celecoxib treatment. Relative CYP19A1 mRNA levels were decreased twofold upon celecoxib treatment in SW1353, whereas in CH2879 and C3842 CYP19A1 levels were increased twofold (data not shown).

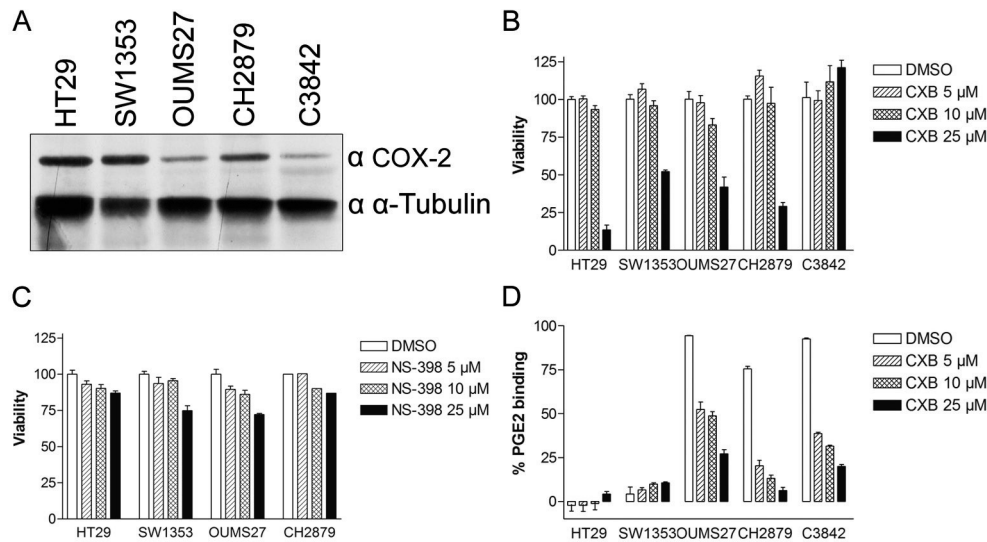


Figure 6.3 (A) COX-2 protein expression in cell lines (B) decreased viability (SW1353, OUMS27 and CH2879) upon 25 μM celecoxib treatment. (C) NS-398 has a moderate effect (d) COX-2 activity is absent in SW1353 and decreased upon 5 μM celecoxib treatment in OUMS27, CH2879 and C3842.

Celecoxib initially slows tumour growth in chondrosarcoma xenografts

During the *in vivo* study, all mice had comparable body weights and amounts of food administered (6.4A). Six mice died during the experiments, both in the celecoxib and the control groups. Serum levels of celecoxib corresponded to the dose of celecoxib administered, although levels were variable (Figure 6.4B). Tumour size was negatively correlated to celecoxib serum levels ($r=-0.39$) (Figure 6.4C). At 4 weeks, the tumour volume seemed smaller in the groups receiving celecoxib prophylaxis, which was significant for the high dose -, as compared to the control group (Student's t-test $p=0.053$ (low dose) and $p=0.028$ (high dose) respectively) (Figure 6.4D). Histological evaluation of the heart, lungs, liver, spleen, and kidneys of the mice did not reveal any signs of toxicity.

Relapse of tumour growth in xenografts after prolonged treatment

At week 6 a relapse was observed, most clearly in the low celecoxib prophylaxis-, and treatment groups. At the end of the experiment (week 8), only the high prophylaxis group showed smaller tumour volumes than the control group (Figure 6.4E). However due to large variation in tumour volume within the groups, statistical calculations are not meaningful. The growth curves of the tumours showed that at week 6 the tumours started to grow even faster than the control group (Figure 6.4F). This was exactly the time point at which the growth curves of the mice flattened (Figure

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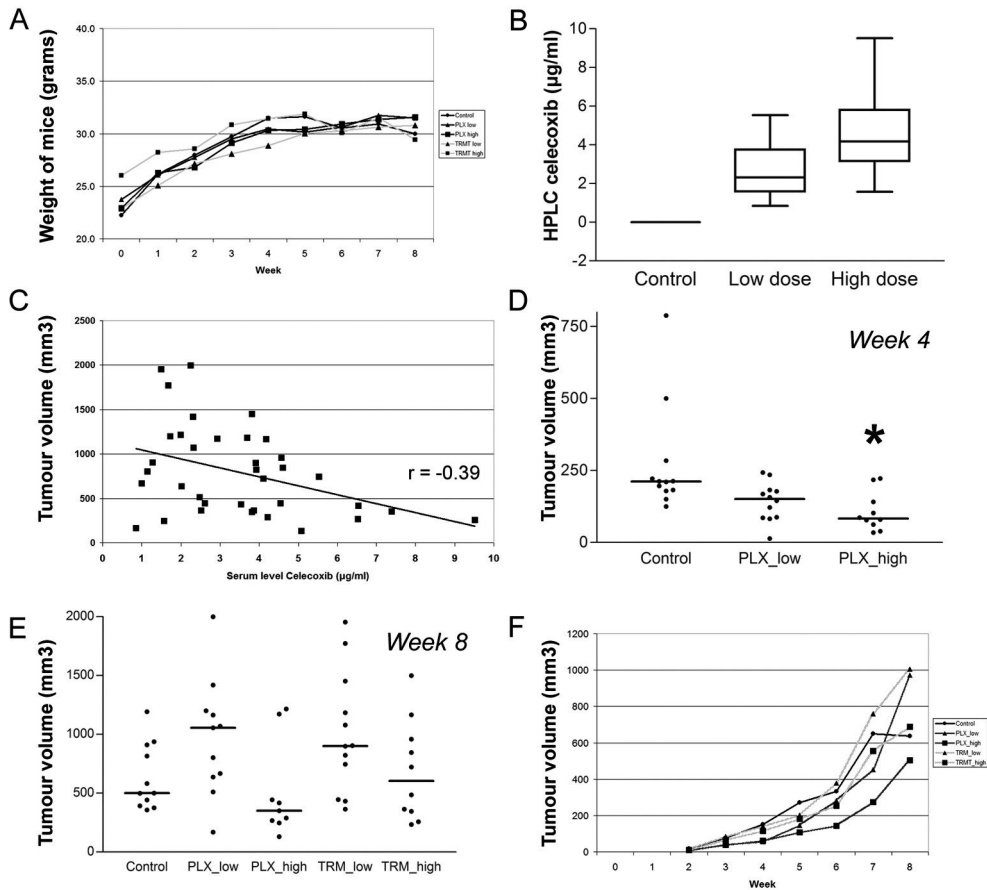


Figure 6.4 (A) Mice body weight increases till week 6 (B) Celecoxib blood levels correspond to celecoxib dose (C) tumour volume is negatively correlated with celecoxib serum levels ($r = -0.39$). (D) Lower tumour volume in prophylaxis group at week 4, (E) tumours exposed to low dose celecoxib are larger than controls at week 8, although variation within the groups is considerable. (F) Overall growth curve of the tumours showing relapse at week 6 for those exposed to low dose celecoxib. (*: significantly different from controls).

6.4A), suggesting the end of puberty. The independent experiments, in which high celecoxib doses were used, showed similar results for the grade II chondrosarcoma xenograft model (data not shown).

Evaluation of tumour tissue

Tumours were highly cellular with limited cytonuclear atypia and a limited amount of extracellular matrix (Figure 6.5A). Toluidine-blue staining confirmed the deposition of proteoglycans (Figure 6.5B). Whereas in all celecoxib-treated groups COX-2 staining was absent or very weak (Figure 6.5C), strong COX-2 expression was observed in 50% of the control tumours

(Figure 6.5D). Proliferation was seen in all groups (Figure 6.5E), with higher Ki-67 expression in the treated tumours at week 8 (Student's t-test low dose $p=0.040$ and high dose $p=0.018$) (Asterisks, figure 6.5F). Cleaved caspase-3 expression was low (mean 0.746%, range 0.2-1.7%), as was microvessel density (mean 18.9 per 10 hpf, range 4.0-40.0 per hpf) and no differences between groups were found (Figures 6.5G-H).

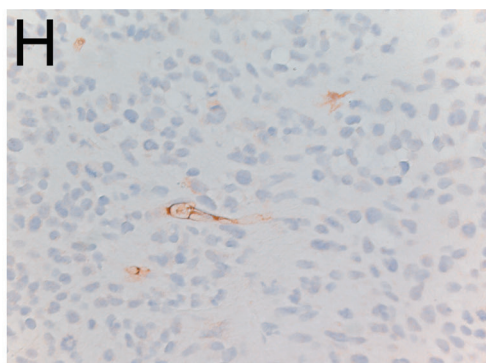
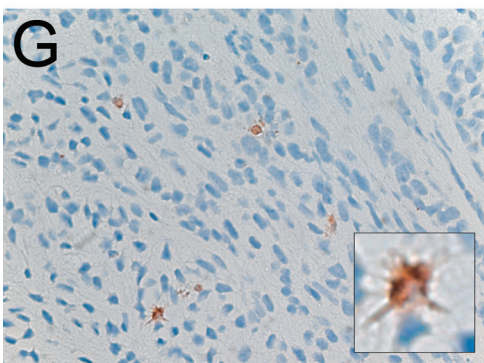
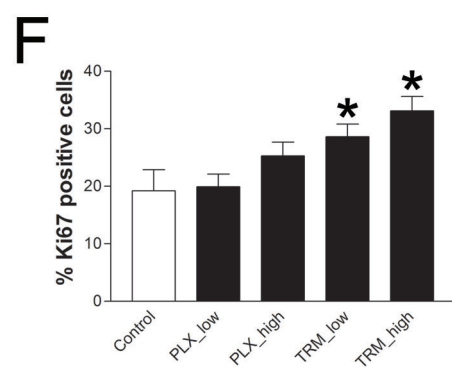
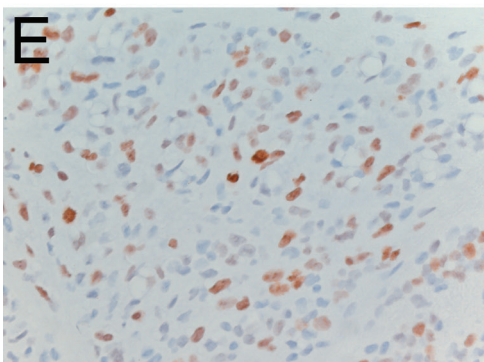
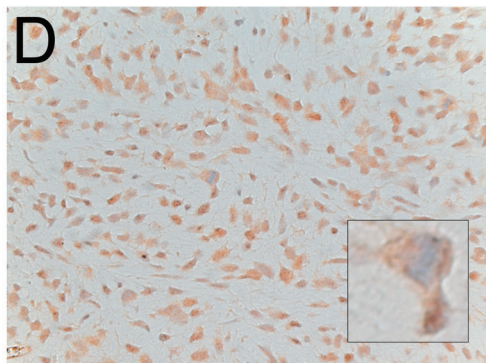
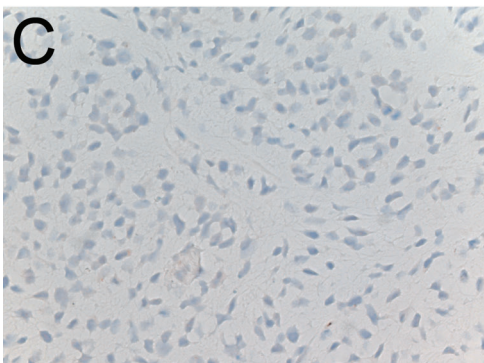
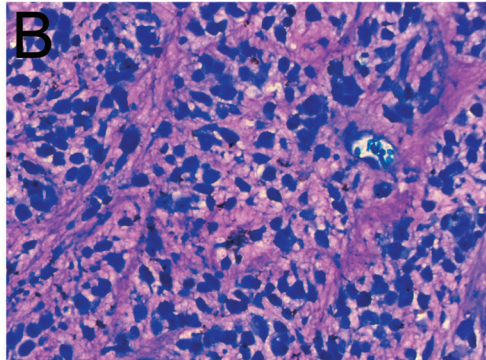
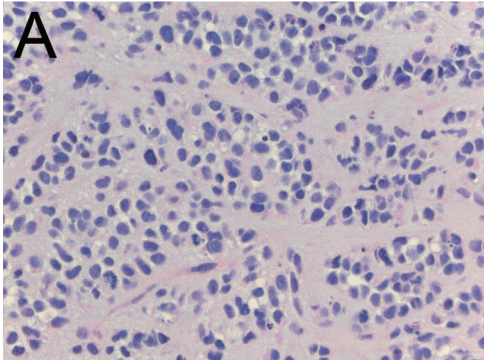
Discussion

Since there is nothing to offer with curative intent to patients with metastatic or inoperable chondrosarcoma, there is a desperate need for new therapeutic options. Furthermore, the prevention of development of new tumours and especially of malignant transformation of benign precursor lesions in patients with enchondromatosis and multiple osteochondromas would greatly improve the prognosis of these children and young adults. In this study, we investigated the potential of selective COX-2 inhibition for the treatment of chondrosarcoma.

We demonstrated expression of COX-2 in a subset of enchondromas (20%), osteochondromas (18%), and central- (58%) and peripheral (68%) chondrosarcomas, confirming published results^{11,12}. Interestingly, COX-2 protein and mRNA expression was mainly found in enchondromatosis-related tumours, whereas correlation with histological grade could not be confirmed.

Chondrosarcoma cell viability decreased after administration of high (super-physiologic) levels of celecoxib and NS-398, while a physiologic dosage of celecoxib was able to abolish most COX-2 activity in three cell lines. Despite the lack of COX-2 activity in SW1353, a decrease in cell viability was found in response to celecoxib, which suggests a COX-2 independent mechanism, which was previously suggested for colorectal cancer (reviewed by Grosch et al.²³). In breast cancer COX-2 inhibitors were found to suppress aromatase activity in both a PGE₂ dependent and independent manner²⁴, and Cleton-Jansen et al. showed that chondrosarcoma growth could be inhibited by aromatase inhibitors *in vitro*²⁰. The decrease in CYP19A1 activity in SW1353 during celecoxib treatment suggests that this growth inhibitory effect is exerted via the inhibition of aromatase.

Since three of four chondrosarcoma cell lines responded to celecoxib *in vitro*, we also tested celecoxib in chondrosarcoma xenografts. Celecoxib treatment was initially effective in slowing the growth rate of chondrosarcoma. Moreover, tumour size was inversely correlated with celecoxib serum levels, measured at the end of the experiment. However, a relapse was observed in week 6, which was especially prominent in the mice receiving low dose celecoxib. In addition, the treated tumours showed an increased proliferation rate. Interestingly, at week 6 the growth curve of the mice flattened, suggesting the end of puberty, which suggests hormonal influences on tumour growth. Here, this effect cannot be attributed to estrogens, since CH2879 is estrogen



receptor negative¹⁷.

One of the mechanisms of tumour inhibition of celecoxib is thought to be the inhibition of angiogenesis. The relapse at week 6 might reflect a time point where celecoxib can no longer inhibit angiogenesis allowing vessel ingrowth. At sacrifice no differences in microvessel density were found, suggesting that either differences in microvessel density are completely overcome or a different mechanism was responsible for the initial decreased tumour growth. Unfortunately, we were not able to study tumour characteristics or blood parameters during the experiment.

In analogy to the prevention of new adenoma formation in familial adenomatous polyposis, prevention of development and malignant transformation of enchondromas and osteochondromas in patients with enchondromatosis and multiple osteochondromas might be beneficial. Although we showed COX-2 expression to be higher in enchondromatosis related tumours compared to solitary tumours, the enchondromatosis derived cell line C3842 did not respond to celecoxib treatment *in vitro*. *In vivo*, a growth-inhibiting effect was shown in the first 4 weeks of the study, in the prepubertal mice, which was abolished at the moment the mice reached adulthood. This might suggest that celecoxib is more effective in prepubertal patients. Moreover, there was a trend for high-dose prophylactic celecoxib treatment to have smaller tumours at the end of the study. However, the high dose prophylaxis group showed a higher proliferation rate as compared to the control. Thus, our results are not conclusive on whether the paediatric population of multiple osteochondromas and enchondromatosis patients might benefit from celecoxib treatment and further studies should be performed. In addition, it should be noted that our model is suboptimal to study the effect of celecoxib on prevention of malignant transformation, since we used high grade chondrosarcoma xenografts. Unfortunately, there is no suitable *in vivo* model for enchondromatosis or multiple osteochondromas, and xenografts from low-grade chondrosarcomas are difficult to obtain.

During long-term clinical trials, COX-2 inhibitors were shown to have cardiovascular side effects. Celecoxib trials were discontinued earlier²⁵ and rofecoxib was withdrawn by the FDA²⁶. However, children and adolescents are at low risk of cardiovascular disease, which renders the use of celecoxib relatively safe. Accordingly, celecoxib is prescribed to juvenile rheumatoid arthritis patients from the age of 2 years (reviewed in Frampton et al.²⁷). Next to its potential anti-tumour effect, celecoxib's analgetic effect will be beneficial for multiple osteochondromas and enchondromatosis patients.

left page **Figure 6.5** (A) H&E staining of the CH2879 xenograft. (B) Toluidine blue staining confirmed proteoglycan content. (C) Absent or very weak COX-2 staining in treated tumours (D) strong COX-2 staining in 50% of the controls. (E,F) Higher proliferation rate (Ki-67) in the celecoxib treated tumours. (G) Caspase 3-mediated apoptosis is limited. (H) Microvessels detected by CD31.

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In conclusion, we confirmed expression of COX-2 in 65% of chondrosarcomas, and COX-2 inhibition diminished cell viability *in vitro*, although this was independent of COX-2 activity. However, using a grade II and III chondrosarcoma xenograft model, we observed a switch from tumour inhibitory to tumour promoting effects when mice reached adulthood, suggesting that even though tumour volume was negatively associated with celecoxib serum levels, there is no role for celecoxib in the treatment of adult high-grade chondrosarcoma. The role of high-dose prophylactic celecoxib in preventing development of benign and malignant cartilage tumours in prepubertal EC and MO patients deserves further investigation.

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