Cover Page



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Beyond the Doors of the Synagogue

Self-Perceptions of Jewish Identity in a Modern Canadian Society

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- 1. Religious participation can be expressed through active ritual-based observation, passive cultural tradition, or both.
- 2. One's religious identity needn't necessarily include active ritual practice in order to claim religious membership.
- 3. Emigration from a region where one has religious minority status to a region where one is in a religious majority may alter situational identity.
- Awareness of individual religious minority status, or awareness that one's religious group exists as a majority elsewhere, does not necessarily influence feelings of national identity.
- 5. Higher self-esteem is often the byproduct of membership in any religious group, irrespective of the degree to which one practices that religion.
- 6. Social identity theory is applicable to religious groups, as they function much as any social group that claims members.
- Optimal distinction offers significant explanation of group-specific secular religious identity, as it facilitates integration with the general population while maintaining a distinct religious identity.
- Secular participation (or participation distinct from active practice) does not exclusively
 imply extrinsic orientation. Intrinsic religious orientations are found within nonactive participation styles.
- 9. Optimal distinction may help explain how a secular Jewish identity remains situationally salient.
- 10. Religious identity can be synonymous with social identity, independent of active ritual participation.
- 11. The use of the word 'Jewish' as an identity marker for secular members is not contingent upon either minority or majority contextualization, but rather upon incidental prominence.
- 12. Jewish holidays and other traditional observances are not necessarily considered ritual, and are often secular or cultural expressions distinct from any active context.
- 13. Activation of Jewish identity salience greatly increases one's affinity for telling stories about one's mother.