Cover Page

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Appendix

Religious Commitment Inventory-10: Worthington et al. (2003)

Please rate the following statements according to the following scale:

- 5 – Totally true of me

- 4 – Mostly true of me

- 3 – Moderately true of me

- 2 – Somewhat true of me

- 1 – Not at all true of me

1. I often read books and magazines about my faith _____

2. I make financial contributions to my religious organization _____

3. I spend time trying to grow in understanding of my faith _____

4. Religion is especially important to me because it answers many questions about the meaning of life _____

5. My religious beliefs lie behind my whole approach to life _____

6. I enjoy spending time with others of my religious affiliation _____

7. Religious beliefs influence all my dealings in life _____

8. It is important to me to spend periods of time in private religious thought and reflection _____

9. I enjoy working in the activities of my religious organization _____

10. I keep well informed about my local religious organization _____

New Scale

Please rate the following statements according to the following scale:
- 5 – Strongly agree

- 4 – Agree

- 3 – Neutral

- 2 – Disagree

- 1 – Strongly disagree

1. My religion would be integral in the planning of a special occasion _____

2. I still consider myself a member of my 'birth religion' _____

3. I would convert from my religion if I was confronted with a seemingly 'better idea' _____

4. I have items and symbols from my religion in my home _____

5. I feel an unexplainable connection to my religion _____

6. I depend on my religion for moral support _____

7. My general 'life actions' (eating, dressing etc.) are guided by my religion _____

8. I depend on my religion for social support _____

9. I would/do wear items or symbols from my religion _____

10. I would convert from my religion for a loved one _____

11. I feel my religion would comfort me in times of crisis _____

12. I would attend events sponsored by my religion more so than another organization _____

13. I feel a connection to other people from my religion even if I just see them in passing (on a bus, in the street, in traditional clothes) _____

Rosenberg Self-Esteem Scale: Rosenberg (1989)

Below is a list of statements dealing with your general feelings about yourself. If you strongly agree, circle **SA**. If you agree with the statement, circle **A**. If you disagree, circle **D**. If you strongly disagree, circle **SD**

1.	On the whole, I am satisfied with myself.	SA - A - D - SD
2.	At times, I think I am no good at all.	SA - A - D - SD
3.	I feel that I have a number of good qualities.	SA - A - D - SD
4.	I am able to do things as well as most other people.	SA - A - D - SD
5.	I feel I do not have much to be proud of.	SA - A - D - SD
6.	I certainly feel useless at times.	SA - A - D - SD
7.	I feel that I'm a person of worth, at least on an equal plane with others.	SA - A - D - SD
8.	I wish I could have more respect for myself.	SA - A - D - SD
9.	All in all, I am inclined to feel that I am a failure.	SA - A - D - SD
10.	I take a positive attitude toward myself.	SA - A - D – SD

Satisfaction With Life Scale: Diener et al. (1985)

Below are five statements that you may agree or disagree with. Using the 1 - 7 scale below indicate your agreement with each item by placing the appropriate number on the line preceding that item. Please be open and honest in your responding.

- 7 – Strongly Agree

- 6 – Agree

- 5 – Slightly Agree

- 4 – Neither Agree nor Disagree

- 3 – Slightly Disagree

- 2 – Disagree

- 1 – Strongly Disagree

_____ In most ways my life is close to my ideal

_____ The conditions of my life are excellent

_____ I am satisfied with my life

_____ So far I have gotten the important things in life

_____ If I could live my life over, I would change almost nothing

Collective Self Esteem Scale: Luthanen & Crocker (1992)

INSTRUCTIONS: We are all members of different social groups or social categories. Some of such social groups or categories pertain to gender, race, religion, nationality, ethnicity, and socioeconomic class. We would like you to consider your memberships in those particular groups or categories, and respond to the following statements on the basis of how you feel about those groups and your memberships in them. There are no right or wrong answers to any of these statements; we are interested in your honest reactions and opinions. Please read each statement carefully, and respond by using the following scale from 1 to 7:

		Strongly Disagree	Disagree	Disagree Somewhat	Neutral	Agree Somewhat	Agree	Strongly Agree
1.	I am a worthy member of the social groups I belong to.	1	2	3	4	5	6	7
2.	I often regret that I belong to some of the social groups I do.	1	2	3	4	5	6	7
3.	Overall, my social groups are considered good by others.	1	2	3	4	5	6	7
4.	Overall, my group memberships have very little to do with how I feel about myself.	1	2	3	4	5	6	7
5.	I feel I don't have much to offer to the social groups I belong to.	1	2	3	4	5	6	7
6.	In general, I'm glad to be a member of the social groups I belong to.	1	2	3	4	5	6	7
7.	Most people consider my social groups, on the average, to be more ineffective than other social groups.	1	2	3	4	5	6	7
8.	The social groups I belong to are an important reflection of who I am.	1	2	3	4	5	6	7
9.	I am a cooperative participant in the social groups I belong to.	1	2	3	4	5	6	7

(Continued)	Strongly Disagree	Disagree	Disagree Somewhat	Neutral	Agree Somewhat	Agree	Strongly Agree
10. Overall, I often feel that the social groups of which I am a member are not worthwhile.	1	2	3	4	5	6	7
11. In general, others respect the social groups that I am a member of.	1	2	3	4	5	6	7
12. The social groups I belong to are unimportant to my sense of what kind of a person I am.	1	2	3	4	5	6	7
13. I often feel I'm a useless member of my social groups.	1	2	3	4	5	6	7
14. I feel good about the social groups I belong to.	1	2	3	4	5	6	7
15. In general, others think that the social groups I am a member of are unworthy.	1	2	3	4	5	6	7
16. In general, belonging to social groups is an important part of my self image.	1	2	3	4	5	6	7

Collective Self-Esteem Scale – Race Specific: Luthanen & Crocker (1992)

INSTRUCTIONS: We are all members of different social groups or social categories. We would like you to consider your race or ethnicity (e.g., African-American, Latino/Latina, Asian, European-American) in responding to the following statements. There are no right or wrong answers to any of these statements; we are interested in your honest reactions and opinions. Please read each statement carefully, and respond by using the following scale from 1 to 7:

	Strongly Disagree	Disagree	Disagree Somewhat	Neutral	Agree Somewhat	Agree	Strongly Agree
1. I am a worthy member of my race/ethnic group.	1	2	3	4	5	6	7
2. I often regret that I belong to my racial/ethnic group.	1	2	3	4	5	6	7
3. Overall, my racial/ethnic group is considered good by others.	1	2	3	4	5	6	7
4. Overall, my race/ethnicity has very little to do with how I feel about myself.	1	2	3	4	5	6	7
5. I feel I don't have much to offer to my racial/ethnic group.	1	2	3	4	5	6	7
6. In general, I'm glad to be a member of my racial/ethnic group.	1	2	3	4	5	6	7
7. Most people consider my racial/ethnic group, on the average, to be more ineffective than other groups.	1	2	3	4	5	6	7
8. The racial/ethnic group I belong to is an important reflection of who I am.	1	2	3	4	5	6	7
9. I am a cooperative participant in the activities of my racial/ethnic group.	1	2	3	4	5	6	7
10. Overall, I often feel that my racial/ethnic group is not worthwhile.	1	2	3	4	5	6	7

(Continued)	Strongly Disagree	Disagree	Disagree Somewhat	Neutral	Agree Somewhat	Agree	Strongly Agree
11. In general, others respect my race/ethnicity.	1	2	3	4	5	6	7
12. My race/ethnicity is unimportant to my sense of what kind of a person I am.	1	2	3	4	5	6	7
13. I often feel I'm a useless member of my racial/ethnic group.	1	2	3	4	5	6	7
14. I feel good about the race/ethnicity I belong to.	1	2	3	4	5	6	7
15. In general, others think that my racial/ethnic group is unworthy.	1	2	3	4	5	6	7
16. In general, belonging to my race/ethnicity is an important part of my self image.	1	2	3	4	5	6	7

Religious Orientation Scale: Allport & Ross (1967)

Please indicate the extent to which you agree or disagree with each item below by using the following rating scale:

- 5 – Strongly disagree
- 4 – Disagree
- 3 – Neutral
- 2 – Agree
- 1 – Strongly agree

Extrinsic (sub)scale

1. Although I believe in my religion, I feel there are many more important things in my life.

2. It doesn't matter so much what I believe so long as I lead a moral life.

3. The primary purpose of prayer is to gain relief and protection.

4. The church is most important as a place to formulate good social relationships.

5. What religion offers me most is comfort when sorrows and misfortune strike.

6. I pray chiefly because I was taught to pray.

7. Although I am a religious person I refuse to let religious considerations influence my everyday affairs.

8. A primary reason for my interest in religion is that my church is a congenial social activity.

9. Occasionally I find it necessary to compromise my religious beliefs in order to protect my social and economic well-being.

10. One reason for my being a church member is that such membership helps to establish a person in the community

11. The purpose of prayer is to secure a happy and peaceful life.

12. Religion helps to keep my life balanced and steady in exactly the same way as my citizenship, friendships, and other memberships do.

Intrinsic (sub)scale

1. It is important for me to spend periods of time in private religious thought and meditation.

2. If not prevented by unavoidable circumstances, I attend church.

3. I try hard to carry my religion over into all my other dealings in life.

4. The prayers I say when I am alone carry as much meaning and person emotion as those said by me during services.

5. Quite often I have been keenly aware of the presence of God or the Divine Being.

6. I read literature about my faith (or church).

7. If I were to join a church group I would prefer to join a Bible study group rather than a social fellowship.

8. My religious beliefs are really what lie behind my whole approach to life.

9. Religion is especially important because it answers many questions about the meaning of life.

Canadian Questionnaire

Please answer these questions in any way you would like to express yourself.
(if you wish to remain anonymous in any publications please indicate)

Name

Age

Birthplace (city, country)

Currently living (city, country)

How long

Married? Jewish spouse?

Jewish Education?

One or more Israeli parents?

What do you believe in?

What city do you live in, why?

Do you consider yourself part of the majority in Canada? If yes/If no How?

Growing up, what holidays did you observe?

Has this changed? How?

Do you have cultural items in your home in Canada? What?

With which denomination (if any) are you affiliated in Canada? Now?

On any given day I would describe myself as _____

Would you consider yourself to be Jewish?

When do you feel the most Jewish?

When do you feel the most Jewish in Canada?

Do you keep Shabbat in Canada (to what extent)?

Do you feel you practice or participate 'more' or 'less' than you did when you were younger?

Would you consider yourself to be 'more' or 'less' Jewish than when you were younger?

Canadian Questionnaire Part 2

Please rate the following statements according to the following scale:

- 5 – Strongly agree

- 4 – Agree

- 3 – Neutral

- 2 – Disagree

- 1 – Strongly disagree

- Do you consider yourself a member of the dominant culture of the neighbourhood in which you live? _____

- Do you consider yourself a member of the dominant culture of the city in which you live? _____

- Do you consider yourself a member of the dominant culture of the country in which you live? _____

- Do you consider yourself a member of a dominant culture from a city or country other than the one in which you live? _____

- Is your religion the dominant religion of the neighbourhood in which you live? _____

- Is your religion the dominant religion of the city in which you live? _____

- Is your religion the dominant religion of the country in which you live? _____

- Do you consider yourself a member of a religion from a city or country other than the one in which you live? _____

Canadian Aliyah Questionnaire

Please answer these questions in any way you would like to express yourself.
(if you wish to remain anonymous in any publications please indicate)

Name

Age

Birthplace

Currently living

How long

Married? Jewish spouse?

Jewish Education?

One or more Israeli parents?

What do you believe in?

Why did you move to Israel?

What city do you live in, why?

Did you consider yourself part of the majority in Canada? If yes/If no How?

Do you consider yourself a part of the majority now?

Growing up, what holidays did you observe?

Has this changed? How?

Do you have more cultural items in your home now than you did in Canada? What?

With which denomination if any were you affiliated in Canada? Now?

On any given day I would describe myself as _____

Would you consider yourself to be Jewish?

When do you feel the most Jewish?

When did you feel the most Jewish in Canada?

Did you keep Shabbat in Canada (to what extent)?

Do you keep Shabbat now (to what extent)?

Do you feel you practice or participate 'more' or 'less' than before?

Would you consider yourself to be 'more' or 'less' Jewish than before?

Canadian Aliyah Questionnaire Part 2

Please rate the following statements according to the following scale:

- 5 – Strongly agree

- 4 – Agree

- 3 – Neutral

- 2 – Disagree

- 1 – Strongly disagree

- Do you consider yourself a member of the dominant culture of the neighbourhood in which you live? _____

- Do you consider yourself a member of the dominant culture of the city in which you live? _____

- Do you consider yourself a member of the dominant culture of the country in which you live? _____

- Do you consider yourself a member of a dominant culture from a city or country other than the one in which you live? _____

- Is your religion the dominant religion of the neighbourhood in which you live? _____

- Is your religion the dominant religion of the city in which you live? _____

- Is your religion the dominant religion of the country in which you live? _____

- Do you consider yourself a member of a religion from a city or country other than the one in which you live? _____