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Just a click away... E-mental health for eating disorders

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Publications

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without therapist support in comparison with a waiting list for individuals with eating disorder symptoms: A randomized controlled trial. *International Journal of Eating Disorders*.

Curriculum Vitae

Jiska Joëlle Aardoom was born in 's-Gravendeel in the Netherlands on January 15, 1987. She attended secondary education (atheneum) at Rijnlands Lyceum, Sassenheim (1991-2002), and later at Melanchton College, Rotterdam (2001-2005). After graduation Jiska started studying Psychology at the University of Leiden. After finishing her bachelor thesis in Psychology (2008) and taking a sabbatical year to travel, she started a 2-years Research Master program in Psychology at the University of Amsterdam in 2009. In 2011, Jiska received her MSc degree cum laude, after writing her thesis on a study investigating predictors of response in cognitive remediation therapy for patients with an eating disorder at GGZ Rivierduinen eating disorders Ursula. At this clinical center, Jiska started her PhD project on 'E-mental health for eating disorders' in collaboration with the University of Leiden. The research studies that were performed during Jiska's PhD project are described and discussed in this doctoral dissertation.

