



Universiteit  
Leiden  
The Netherlands

## Craving for benzodiazepines : the development of the benzodiazepine craving questionnaire

Mol, A.J.J.

### Citation

Mol, A. J. J. (2007, September 20). *Craving for benzodiazepines : the development of the benzodiazepine craving questionnaire*. Department psychiatry, Medicine / Leiden University Medical Center (LUMC), Leiden University. Retrieved from <https://hdl.handle.net/1887/12349>

Version: Corrected Publisher's Version

License: [Licence agreement concerning inclusion of doctoral thesis in the Institutional Repository of the University of Leiden](#)

Downloaded from: <https://hdl.handle.net/1887/12349>

**Note:** To cite this publication please use the final published version (if applicable).

**Audrey Mol**  
CRAVING FOR BENZODIAZEPINES  
The development of the Benzodiazepine Craving Questionnaire  
Coverdesign & layout: Jeremy Jansen  
Print: PrintPartners IJskamp B.V.  
© 2007 Audrey JJ Mol, Utrecht, The Netherlands

# **CRAVING FOR BENZODIAZEPINES**

## **The development of the**

## **Benzodiazepine Craving Questionnaire**

Proefschrift

TER VERKRIJGING VAN  
DE GRAAD VAN DOCTOR AAN DE UNIVERSITEIT LEIDEN,  
OP GEZAG VAN RECTOR MAGNIFICUS PROF. MR. P.F. VAN DER HEIJDEN,  
VOLGENS BESLUIT VAN HET COLLEGE VOOR PROMOTIES  
TE VERDEDIGEN OP DONDERDAG 20 SEPTEMBER 2007  
KLOKKE 15.00 UUR

door  
Audrey Johanna Josina Mol  
geboren te Roosendaal en Nispen in 1974

**Promotiecommissie:**

Promotor: Prof. dr. F.G. Zitman  
Copromotor: Dr. M.H.M. Breteler  
Referent: Prof. dr. Ph. Spinhoven  
Overige leden: Prof. dr. W.J.J. Assendelft  
Prof. dr. W. van den Brink (AMC-UvA)  
Prof. dr. A.M. Stiggebout

*- Aún aprendo -*



# Contents

<b>Chapter 1</b>	
Introduction and thesis outline	9
<b>Chapter 2</b>	
Development and psychometric evaluation of the Benzodiazepine Craving Questionnaire	19
<b>Chapter 3</b>	
Associations of benzodiazepine craving with other clinical variables in a population of general practice patients	37
<b>Chapter 4</b>	
The absence of benzodiazepine craving in a general practice benzodiazepine discontinuation trial	51
<b>Chapter 5</b>	
Benzodiazepine craving revised: a comparison of two conceptualisations of benzodiazepine craving	65
<b>Chapter 6</b>	
The role of craving in relapse after discontinuation of long-term benzodiazepine use	81
<b>Chapter 7</b>	
General discussion	93
Appendix A Benzodiazepine Craving Questionnaire (BCQ)	106
Appendix B Benzodiazepine Desire Scale (BDS)	109
Appendix C Original 48 items of the BCQ (in Dutch)	110
Summary	113
Samenvatting	117
Dankwoord	122
Curriculum vitae	124
List of publications	125

