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Chapter 1

Introduction and outline of thesis

Breast cancer

Breast cancer is one of the most commonly diagnosed cancers and the leading cause of death from cancer in women in the western world¹. Women in these countries have a 12-13% risk of developing breast cancer in their life and incidence rates are increasing, due to changes in reproductive factors (use of postmenopausal hormone therapy), increase in breast cancer screening and population graying^{1, 2}. On the other hand, mortality rates are decreasing due to early detection through mammography and advances in breast cancer treatment^{3, 4}.

Treatment of breast cancer

Treatment of early stage breast cancer consists of loco-regional control and prevention of development of distant metastases. Loco-regional control is managed through removal of the tumor in the breast and spread to the lymph nodes with surgery with or without radiotherapy. The cause of breast cancer-related deaths are distant metastases, which are thought to develop from tumor cells that have detached from the primary tumor and circulate in the blood or already have formed undetectable micro metastases at time of surgery^{5, 6}. Adjuvant systemic therapy, i.e. chemotherapy, endocrine therapy and targeted trastuzumab therapy, are aimed at eradicating these circulating tumor cells and micro metastases in order to prevent development of distant metastases. Data from the Early Breast Cancer Trialists' Collaborative Group (EBCTCG) has shown that administration of adjuvant systemic therapy results in a statistically significant beneficial disease-free and overall survival of breast cancer patients⁷⁻¹⁰. On the other hand, adjuvant systemic therapy can cause a wide range of acute and long-term side effects¹¹. It is therefore of crucial importance to identify patient that will develop distant metastases and who may benefit from adjuvant systemic treatment and at the same time identify patients who will not develop distant metastases in order to spare those from unnecessary side effects of these therapies. Prognostic and predictive factors are needed that aid in the estimation of patients' prognosis and response to adjuvant systemic therapy.

Prognostication in breast cancer

Prognostic and predictive factors are aimed at estimating which patients necessitate adjuvant systemic treatment by estimating the patients' risk of developing distant metastases and response to treatment¹². Nowadays, clinical and pathological factors, such as age, menopausal status, tumor size, lymph node status, tumor differentiation grade, hormone receptor status and human epidermal growth factor receptor 2 (HER2) overexpression, are used in daily practice to select patients that might benefit from adjuvant systemic treatment¹³. However, these prognostic and predictive factors,

separately or in combination with one another (e.g. St. Gallen recommendations, Nottingham Prognostic Index, Adjuvant! Tool) still do not provide an optimal patient stratification and consequently recommendations for adjuvant systemic treatment are not accurate¹⁴⁻¹⁶. As a result, a proportion of patients that does need systemic treatment, but are classified as “good prognosis”, inadequately does not receive systemic treatment and is therefore undertreated. On the other hand, a substantial proportion of patients that will be cured by surgery and radiotherapy alone do receive systemic treatment and are therefore over treated and unnecessarily exposed to these treatment’s toxicities. There is therefore a great need for new and more accurate prognostic and predictive factors.

There are several new pathological and molecular variables in development that are consistently associated with outcome or response to loco regional and systemic treatment. In 2007, the American Society of Clinical Oncology Committee recommended the following new prognostic markers in clinical practice for breast cancer patients: urokinases plasminogen activator (uPA); plasminogen activator inhibitor-1 (PAI-1); and multiparameter gene expression assays, mammaprint and oncotypeDX¹⁷⁻¹⁹. The prognostic value and clinical application of these factors are currently being evaluated in clinical trials^{18, 19}. However, these new prognostic factors have several limitations. First, they are not suitable for all tumors, since fresh frozen material is often needed, which is not always available. In addition, the major critique of microarray-based prognostic tools is the fact that these gene prints were constructed using top-down analyses and were not defined based on a biological rationale²⁰. The better understanding of underlying breast cancer biology aids in distinguishing biologically differing breast tumors. Biomarkers predictive for patient prognosis and treatment efficacy, which are based on these differences in biology, provide more solid tools for prognostication and treatment response prediction.

PART I: PROGNOSTIC BIOMARKERS IN THE INTERACTIONS BETWEEN THE HOST’S IMMUNE SYSTEM AND BREAST CANCER

The first part of this thesis focuses on the interactions taking place between breast tumors and the immune system. There is strong evidence that the host’s adaptive immune system is able to control tumor progression²¹. On the other hand, due to their intrinsic genetic unstable nature, tumor cells may acquire properties to escape from such immune recognition²². Various interactions underlie this balance between tumor immune control and escape. We investigated the expression and prognostic effect of various crucial immunological markers and their interactions in a well-described large

cohort of breast cancer patients primarily treated with surgery at the Leiden University Medical Center, with long-term follow-up data.

Cytotoxic T-lymphocytes (CTL) are capable of recognizing tumor-associated antigens presented by classical human leukocyte antigen (HLA) class I (HLA-A, HLA-B, HLA-C) on the tumor cell surface. In order to avoid immune recognition by CTL, cancer cells may lose expression of classical HLA class I²³. Another tumor escape mechanism from immune surveillance is attraction and induction of immunosuppressive regulatory T cells (Treg) in the tumor microenvironment²⁴. In **Chapter 2** these tumor escape mechanisms, classical HLA class I down regulation and attraction of Treg, are related to patients' outcome especially concerning response to chemotherapy treatment.

Loss of expression of classical HLA class I on the tumor cell surface makes malignant cells prone to natural killer (NK) cell recognition²⁵. Non-classical HLA class I molecules (HLA-E, HLA-G) also play a crucial role in immune surveillance by NK-cells. Expression of these molecules on the cell surface causes an inhibitory effect on NK-cell attack²⁵⁻²⁷. The prognostic role of tumor expression of HLA-E and HLA-G in relation to classical HLA class I expression is described in **Chapter 3**.

The activating receptor NK cell lectin-like receptor gene 2D (NKG2D) is a stimulatory immune receptor that is expressed on NK cells, NKT cells and T cells²⁸. Ligands which bind NKG2D receptors comprise major histocompatibility complex class I chain-related proteins A and B (MIC-AB) and unique long 16 (UL16) binding proteins 1-6 (ULBP1-6)^{29, 30}. Expression of these ligands may be induced upon infection and other inducers of cellular stress, such as malignant transformation, and is unusual in normal cells³¹. By binding to the NKG2D receptors on NK and T cells, the NKG2D ligands may initiate an immune response against cells expressing these ligands. Overexpression and shedding of NKG2D ligands have been reported³¹. It is unclear whether up regulation of NKG2D ligands on tumor cells results in activation of an immune response or leads to overstimulation and down regulation of NKG2D on immune cells²⁸ and the effects of up regulation of the ligands on patient prognosis has been found to vary between tumor types. The prognostic effect of NKG2D ligands expression in breast cancer is described in **Chapter 4**.

A variety of immune reactions have been found to date in breast cancer. Studies have demonstrated that breast cancer is highly immunogenic, but on the other hand also capable of evading immune recognition. This suggests that various interactions exist between breast tumors and the immune system and that in order to get a good perspective on the effects of the immune system on tumor progression and patient outcome in these cancer patients, such interactions should be accounted for. This emphasizes the importance of research on combinations of markers of immune surveillance together with markers of tumor immune escape. In **Chapter 5**, tumor immune subtypes were constructed, considering various interactions that can take place between tumor and immune system and reflecting the various stages of tumor immune escape from high

immune susceptibility to high immune evasion. In this study, the prognostic effect of the tumor immune subtypes in breast cancer was evaluated.

PART II: PROGNOSTIC BIOMARKERS IN ELDERLY BREAST CANCER PATIENTS

Breast cancer in the elderly

Because of a graying population, breast cancer is increasingly becoming a disease affecting older women³². This older breast cancer population differs clinically in many aspects from younger breast cancer patients. Due to patient co-morbidity and the potential for therapy to amplify pre-existing medical conditions, the balance between treatment toxicity and benefits is uncertain³³. In addition, life expectancy is significantly shorter in elderly breast cancer patient resulting in elderly breast cancer patients dying more often “with the disease” instead of “from the disease”³⁴⁻³⁶. These competing risks of death highly influence treatment significance. Furthermore, patient preferences are different in older breast cancer patients compared to their younger counterparts. In addition to clinical aspects, there are indications that elderly breast cancer differs in underlying biology. Characteristics such as hormone receptor status, human epidermal growth factor receptor 2 (HER2) status and amount of tumor cell proliferation have been found to differ considerably in tumors from elderly compared to young patients³⁷⁻³⁹. However, though these significant differences between elderly and young breast cancer patients exist, evidence-based treatment guidelines specific for elderly patients are lacking. Translational cancer research, which lies on the basis of evidence-based treatment, is in the elderly still rare but therefore urgently needed.

Breast cancer stem cells

Cancer stem cells, defined as a small subset of tumor cells with stem cell-like features, including epithelial-to-mesenchymal transition, have the capacity of self-renewal and differentiation; giving rise to a heterogeneous tumor cell population⁴⁰. Various putative markers of breast cancer stem cells have been proposed, including aldehyde dehydrogenase-1 (ALDH1) activity, CD44+/CD24-, CD133, and ITGA6.⁴⁰⁻⁴³ In particular, ALDH1 expression has shown promise as a clinically relevant marker for unfavorable clinical prognosis.^{42, 44, 45}

It is unknown whether expression of ALDH1 is associated with age and has influence on clinical outcome in elderly breast cancer patients. **Chapter 6** describes the age

distribution of ALDH1 expression and its prognostic role in young and elderly breast cancer patients in our above-described cohort.

Molecular subtypes

Gene expression studies have identified several distinct breast cancer subtypes based on gene expression patterns, that showed marked differences in patient prognosis⁴⁶⁻⁴⁸. This “intrinsic” classification proposes four different classes of breast tumors: Luminal A and B, which are mostly hormone receptor-positive and show high expression of genes characteristic of the luminal epithelial cell layer, including expression of ER, GATA3 and genes regulated by these^{47, 48}, Basal-like tumors, which typically are triple-negative tumors (ER, PR, and HER2 negative) and exhibit high expression of genes characteristic of the basal epithelial cell layer such as cytokeratin (CK) 5, 6 and 17⁴⁶ and the ERBB2 tumor subtype, which clusters near the basal-like tumor, are mostly hormone receptor-negative and show high overexpression of HER2 and high HER2 gene amplification^{47, 48}. Concerning outcome, hormone receptor-positive tumors are associated with the best patient outcome where, compared to Luminal B tumors, Luminal A tumors seem to be the most indolent tumors⁴⁷. Hormone receptor-negative intrinsic subtypes, ERBB2 and Basal-like tumors have an aggressive natural history, resulting in an unfavorable patient outcome⁴⁷. The distribution and prognostic effect of intrinsic breast cancer subtypes specific in the elderly breast cancer population compared to younger breast cancer patients is still unknown. Using immunohistochemical (IHC) surrogates, which we validated against gene expression determined intrinsic subtypes, **Chapter 7** describes the identification of breast tumor intrinsic subtypes in our breast cancer cohort and the distribution and prognostic effect of these intrinsic subtypes in elderly compared to their younger counterparts.

Tumor immune subtypes

Among others, age-specific immune surveillance may contribute to the strong association between breast cancer and increasing age. The mechanisms involved in immune surveillance have been shown to alter with ageing⁵⁰; a decline in immune system functioning, which is commonly defined as immunosenescence⁵¹. It has been suggested that thymic involution, intrinsic changes due to cell damage leading to altered signaling, and chronic antigen stimulation during life are the main underlying causes for immunosenescence⁵⁰. Among others, immunosenescence comprises the decrease in production of new T cells and oligoclonal expansion of CD8+ memory T cells, which may limit the ability to respond to newly encountered viruses^{52, 53} and may result in a decreased exportation of naïve T cells to peripheral tissue^{54, 55}. Consequently further restriction of the ability to renew the immune repertoire occurs. In addition, a decreased

toxicity and a decreased IL-2 production have been observed for NK cells⁵⁰ and in animal studies it has been shown that a high number of immune suppressive Tregs were found in old mice^{56, 57}. Preclinical data therefore suggest that immunosenescence may impair immune surveillance and consequently tumor immune surveillance may be affected in elderly⁵⁰. **Chapter 8** describes a study where the distribution of key markers for cellular immune response, classical HLA class I, HLA-E, HLA-G, CD8, NK cells, and Treg were compared between elderly and young breast cancer patients and the age-specific prognostic effect of previously described tumor immune subtype was assessed.

Finally, **Chapter 9** includes a summary of this thesis as well as conclusions and discussion on future perspectives. **Chapter 10** provides a summary in Dutch.

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