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Gastric cancer : staging, treatment, and surgical quality assurance

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PART III

Surgical quality assurance



CHAPTER 10

Quality of care indicators for the surgical treatment of gastric cancer: a systematic review

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ABSTRACT

BACKGROUND

Quality assurance is increasingly acknowledged as a crucial factor in the (surgical) treatment of gastric cancer. The aim of the current study was to define a minimum set of evidence-based quality of care indicators for the surgical treatment of locally advanced gastric cancer.

METHODS

A systematic review of the literature published between January 1990 and May 2011 was performed, using search terms on gastric cancer, treatment, and quality of care. Studies were selected based on predefined selection criteria. Potential quality of care indicators were assessed based on their level of evidence, and were grouped into structure, process, and outcome indicators.

RESULTS

A total of 173 articles were included in the current study. For structural measures, evidence was found for the inverse relationship between hospital volume and postoperative mortality as well as overall survival. Regarding process measures, the most common indicators concerned surgical technique, perioperative care and multimodality treatment. The only outcome indicator with supporting evidence was a microscopically radical resection.

CONCLUSIONS

Although specific literature on quality of care indicators for the surgical treatment of gastric cancer is limited, several quality of care indicators could be identified. These indicators can be used in clinical audits and other quality assurance programs.

INTRODUCTION

Quality assurance is increasingly acknowledged as a crucial factor in the (surgical) treatment of gastric cancer, mainly because outcomes between different providers and different countries vary considerably.^{1,3} In Europe, mortality rates after gastric cancer resections range from below 2% in specialized centers,⁴ to above 10% in certain nationwide registries,² while in Japan mortality rates below 1% are achieved in specialized centers.⁵ Also, long term survival rates in Asian centers are superior to those in Western centers, and even within Europe long-term survival shows substantial differences.^{3,6,7} In an attempt to reduce these variations in outcomes and to pursue delivery of high quality oncologic care, the European Organisation for Research and Treatment of Cancer (EORTC) has advocated quality assurance programs for radiotherapy and medical oncology.^{8,9} More recently, surgical audits for gastric cancer treatment were initiated in the United Kingdom, Denmark, and the Netherlands.¹⁰⁻¹²

Evidence-based treatment guidelines provide a framework for clinical decision making, but seldom incorporate all available quality indicators. Donabedian has proposed a model to evaluate patient care in terms of structure, process, and outcome measures.¹³ With this model, quality of care indicators can be assessed in a structural and uniform way. This has been performed for esophageal cancer and breast cancer.^{14,15} As yet, no systematic assessment of quality of care indicators for gastric cancer treatment has been performed.

The aims of the present study were to identify evidence-based standards for the surgical treatment of locally advanced gastric cancer, based on a systematic review of the literature, and to construct a minimum set of quality of care indicators for registration and benchmarking in gastric cancer surgery.

METHODS

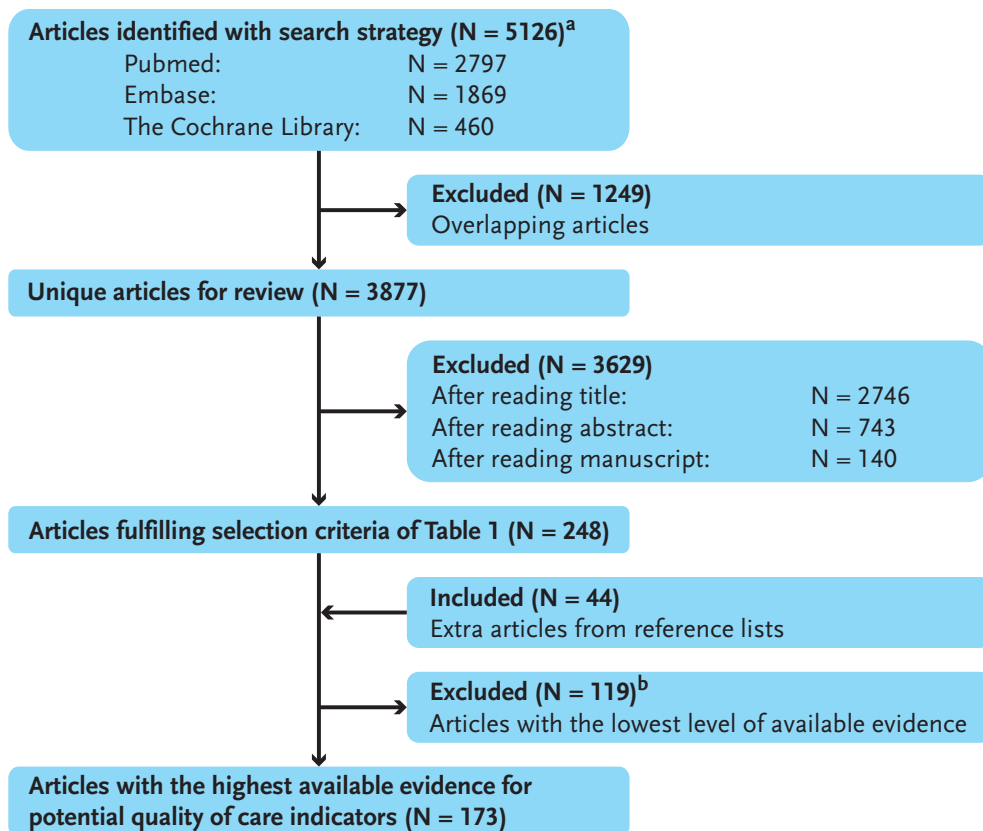
SEARCH STRATEGY

Literature that was published between January 1990 and May 2011 was assessed through Pubmed, Embase, and the Cochrane library, using a search strategy that was constructed by a specialized librarian (Appendix). Search terms on gastric neoplasms were combined with treatment-related search terms (surgery, chemotherapy, and radiotherapy). Because there is no universal Medical Subject Headings (MeSH) term available to identify studies on quality of care, a variety of search terms related to this subject was used to select studies appropriate for this review.

SELECTION OF STUDIES

Study selection criteria were created using a Delphi technique¹⁶ with four authors (JLD, JS, JWvS and MWJMW) and are shown in Table 1. Only comparative studies on locally advanced (at least T₂), non-metastatic gastric cancer were selected. Treatment should

Figure 1. Selection process



^a The used search strategy is outlined in the Appendix

^b Levels of evidence are described in the Methods section (Selection of studies)

consist of a gastric resection, with or without chemotherapy and/or radiotherapy before and/or after the operation. Two investigators (JLD and JS) independently reviewed each title, abstract, and manuscript (Figure 1). Disagreements on selecting a study were solved by discussion, or by consulting a third reviewer (JWvS). Reference lists of the selected articles were then searched for additional studies.

Different levels of evidence were distinguished. A meta-analysis of at least 2 randomized controlled trials (RCTs) was considered the highest level of evidence. The next level of evidence consisted of one or more RCTs, and the lowest level of evidence comprised non-randomized studies (prospective or retrospective). When at least five meta-analyses were available for a certain indicator, RCTs on the same subject were not included in the current review. When at least one RCT with at least 100 patients was available for a certain indicator, non-randomized studies on the same subject were not included.

Table 1. Inclusion and exclusion criteria

	Included	Excluded
Publication	January 1990 - May 2011 English language	before 1990, after May 2011 non-English language
Study design	In order of availability: meta-analysis RCT ¹ non-randomized comparative study ²	non-comparative study (including systematic reviews, non-systematic reviews, case reports, phase I/II studies)
Study population	≥50 gastric cancer patients at least T2 tumor	gastric cancer patients with: T1 tumor metastatic disease recurrent disease
Treatment	open or laparoscopic gastric cancer surgery with or without (neo)adjuvant chemo- and/ or radiotherapy	palliative treatment salvage surgery emergency surgery esophageal-cardia resection endoscopic (sub)mucosal resection intraoperative chemotherapy intraoperative radiotherapy targeted therapy

RCT: Randomized Controlled Trial

¹ when at least five meta-analyses were available for a certain indicator, RCTs on the same subject were not included in the current review

² when at least one RCT with at least 100 included patients was available for a certain indicator, non-randomized studies on the same subject were not included in the current review

QUALITY OF CARE INDICATORS

Potential quality of care indicators were grouped into the three categories as defined by Donabedian: structure, process, and outcome.¹³ *Structure* indicators relate to the setting in which care takes place. *Process* indicators refer to the actual medical treatment that is applied to the patient. *Outcome* indicators reflect the outcome of healthcare.

To be entered into a minimum set of evidence-based quality of care indicators for gastric cancer surgery, indicators needed support of at least one meta-analysis, two RCTs, or one RCT either with at least 100 patients or with an adequate power analysis supporting less than 100 included patients, or at least three non-randomized studies with multivariate analysis. In case of conflicting evidence for a certain indicator, RCTs were considered decisive over non-randomized studies. For conflicting studies with equal levels of evidence, the number of non-supporting studies was subtracted from the number of supporting studies.

RESULTS

A total of 3,877 unique articles published between January 1990 and May 2011 was identified with the literature search. These articles were reviewed, and 248 articles fulfilled the selection criteria shown in Table 1. In the reference lists of the selected articles, 44 studies matched with the selection criteria for this study. Articles were then grouped by subject and categorized based on their level of evidence. In the final selection step, articles with the highest level of evidence for a certain indicator were separated from

those with lower levels of evidence on that subject. In total, 173 articles were included in the current review (Figure 1).

STRUCTURE INDICATORS (TABLE 2)

Many studies have been performed analyzing possible volume-outcome relations in gastric cancer surgery (Table 2). In the majority of these studies, the effect of hospital volume on postoperative mortality was investigated, with variable results.^{12,17-33} Of note, in most large studies, a benefit for high annual hospital volume was found, while in smaller studies no difference between high volume and low volume hospitals was detected (Figure 2). In none of these studies, high hospital volume was associated with poor outcomes. In the studies that did find a relation between volume and outcomes, there was no uniform threshold for what should be considered high volume surgery, although it was most frequently set at 20 per year.

In a limited number of studies surgeon volume and surgeon experience were investigated, with a benefit for increasing surgeon volume,^{17,20,23,34,35} but no benefit for increasing surgeon experience.^{20,36} In two studies, outcomes between university/teaching and non-university/non-teaching hospitals were compared, but no difference in survival was documented.^{26,37}

PROCESS INDICATORS – SURGERY (TABLE 3)

EXTENT OF LYMPH NODE DISSECTION

Numerous studies have been performed in which a limited lymph node dissection (D1) was compared with an extended lymph node dissection (D2), but only four of these studies were RCTs.^{4,38-40} None of these RCTs revealed a difference in overall survival, except for a small, early study.³⁹

The increased postoperative mortality in the D2 group is likely the result of the high number of splenectomies and distal pancreatectomies, combined with a lack of experience with D2 lymph node dissections in Europe. As gastric-cancer specific survival in the Dutch D1D2 study was higher after a D2 dissection, it has been suggested that a D2 dissection without splenectomy, performed in an experienced center will lead to improved survival as compared to a D1 dissection.⁴⁰ In a Taiwanese RCT performed in specialized centers, a D3 dissection led improved overall survival over a D1 dissection.⁴¹ Combining an extended lymph node dissection with removal of the paraaortic nodes did not result in a survival benefit.^{5,42,43}

LAPAROSCOPIC RESECTION

Laparoscopic resections for gastric cancer are mainly performed in Asia, where the incidence of early gastric cancer is high. In the majority of studies on laparoscopic surgery, only patients with early gastric cancer were included. There is one RCT comparing laparoscopic distal gastrectomy (LDG) with open distal gastrectomy in

Table 2. Structure Measures

Structure measure	End point	Indicator	MA (+/-/=)	RCT (+/-/=)	NRS (+/-/=)	Ref.
Hospital volume (high versus low)	overall survival	high volume			5/0/2	17,28,31,33,138-140
	postoperative mortality	high volume			11/0/8	12,17-33
	postoperative morbidity	high volume	NA	NA	2/0/2	25,29,141,142
	length of hospital stay	high volume			0/0/1	29
	number of lymph nodes	high volume			2/0/0	12,143
Surgeon volume (high versus low)	postoperative mortality	high volume			3/0/1	17,20,23,34
	postoperative morbidity	high volume	NA	NA	1/0/0	34
	overall survival	high volume			0/0/2	17,35
Surgeon experience (experienced versus non- experienced)	postoperative mortality	experienced			0/0/2	20,36
	postoperative morbidity	experienced	NA	NA	0/0/1	36
	peroperative blood loss	experienced			0/0/1	36
University/teaching hospital	overall survival	university/teaching hospital	NA	NA	0/0/2	26,37
NCI-NCCN Center ^a	postoperative mortality	NCI-NCCN Center	NA	NA	1/0/0	143
	number of lymph nodes	NCI-NCCN Center			1/0/0	143

^aonly in United States

Legend to Tables 2-7

+	number of studies indicating a positive effect of the indicator on the endpoint listed
-	number of studies indicating a negative effect of the indicator on the endpoint listed
=	number of studies with no significant difference between the indicator and its opposite with regard to the endpoint listed
Excl.	excluded
LDG	laparoscopic distal gastrectomy
LG	laparoscopic gastrectomy
LMWH	low molecular weight heparin
LN	lymph nodes
LND	lymph node dissection
MA	meta analysis
NA	not available
NCI-NCCN Center	National Cancer Institute - National Comprehensive Cancer Network Center
NRS	non randomized study
ODG	open distal gastrectomy
OG	open gastrectomy
PAND	paraaortic lymph node dissection
R0	microscopically radical resection
R1	microscopically irradical resection
RCT	randomized controlled trial
Ref.	references
RY	roux-en-y reconstruction
SG	subtotal gastrectomy
TG	total gastrectomy
TG-PS	total gastrectomy + pancreaticosplenectomy
TG-S	total gastrectomy + splenectomy

patients with advanced gastric cancer.⁴⁴ LDG was associated with less blood loss, earlier resumption of food intake and shorter hospital stay (*postoperative recovery* in Table 3), but postoperative mortality and morbidity, and overall survival were comparable between the two groups. Likewise, in most non-randomized comparative series, laparoscopic gastric cancer surgery was comparable to open surgery with respect to both short- and long-term results.⁴⁵⁻⁵³ In several non-randomized studies, one should be aware of a significant difference in disease stage between the laparoscopic and open surgery group.

Table 3. Process Measures - surgery

Process measure	End point	Indicator	MA (+/-/=)	RCT (+/-/=)	NRS (+/-/=)	Ref.
Extent of lymph node dissection						
D1 versus D2 LND	overall survival	D2 LND	0/0/2	0/1/2		38-40,144,145
	disease-specific survival		NA	1/0/0		40
	recurrence rate		1/0/0	0/0/1	Excl.	40,144
	postoperative mortality		0/2/0	0/2/1		4,40,144-146
	postoperative morbidity		0/0/1	0/2/1		39,40,144,146
	transfusion requirement		NA	0/1/0		39
D1 versus D3 LND	overall survival	D3 LND		1/0/0		41
	postoperative morbidity		NA	0/1/0	Excl.	147
	operating time			0/1/0		147
	quality of life			0/0/1		148
D2 versus D2+PAND	overall survival	D2+PAND	0/0/1	0/0/2		5,42,43
	postoperative mortality		0/0/1	0/0/2		42,149,150
	postoperative morbidity		0/0/1	0/1/1		42,149,150
	body weight			0/0/1	Excl.	151
	functional outcomes		NA	0/0/1		151
	operating time			0/1/0		152
Removal of celiac nodes	long term complaints	celiac node removal	NA	NA	0/1/0	153
D1/2 versus D3/4	lymphorrea	D1/2	NA	NA	1/0/0	154
Laparoscopic resection						
LDG versus ODG	overall survival	LDG		0/0/1	0/0/2	44,47,52
	postoperative mortality			0/0/1	0/0/5	44,47-49,52,53
	postoperative morbidity		NA	0/0/1	0/0/5	44,47-49,52,53
	postoperative recovery			1/0/0	5/0/0	44,47-49,52,53
	number of lymph nodes			0/0/1	0/0/2	44,48,52
LG versus OG	overall survival	LG			0/0/2	46,50
	postoperative mortality				0/0/3	46,50,51
	postoperative morbidity				0/1/3	45,46,50,51
	postoperative recovery		NA	NA	2/0/0	46,51
	number of lymph nodes				1/0/1	46,50
	resection margins				0/0/2	46,50
	intraoperative cancer cells			0/0/1	155	
Type of resection						
Total versus subtotal gastrectomy	overall survival	SG		0/0/1	1/0/6	54,156-162
	postoperative mortality			0/0/1	0/0/6	55,156,159-163
	postoperative morbidity		NA	0/0/1	0/0/6	55,156,159-163
	postgastrecomy symptoms			1/0/0	NA	164
	weight			NA	2/0/0	159,163
	quality of life			1/0/0	2/0/0	163-165
TG versus TG-S	overall survival	TG	0/0/1	0/0/2		56,166,167
	postoperative mortality		0/0/1	0/0/2		56,166,167
	postoperative morbidity		0/0/1	0/1/1	NA	56,166,167
	number of harvested LNs		0/0/1	0/0/1		166,167

Table 3 (continued)

Process measure	End point	Indicator	MA (+/-/=)	RCT (+/-/=)	NRS (+/-/=)	Ref.
TG-S versus TG-PS	overall survival			0/0/1	0/1/2	57,58,168,169
	postoperative mortality			0/0/1	0/1/2	57,58,168,169
	postoperative morbidity	TG	NA	0/0/1	0/3/0	57,58,168,169
	number of harvested LNs			0/0/1	1/0/0	57,168
	glucose intolerance			0/1/0	0/2/0	57,58,168
TG versus TG-PS	overall survival				0/1/2	59-61
	postoperative mortality	TG	NA	NA	0/0/3	59-61
	postoperative morbidity				0/3/0	59-61
Bursectomy	postoperative mortality	bursectomy	NA	0/0/1	NA	62
	postoperative morbidity			0/0/1		62
Multiorgan resection (yes versus no)	overall survival				0/1/2	170-172
	postoperative mortality	multiorgan resection	NA	NA	0/0/2	171,172
	postoperative morbidity				0/0/2	171,172
Type of reconstruction						
Pouch reconstruction after total gastrectomy (yes versus no)	postoperative mortality			0/0/2	0/0/3	63,64,66,173,174
	postoperative morbidity			0/0/2	0/0/3	63,64,66,173,174
	post gastrectomy symptoms	pouch	1/0/1	0/0/2	Excl.	63,64,173,174
	quality of life		2/0/0	2/0/1		63-66,174
	weight		1/0/1	1/0/3		63-66,173,174
Billroth I versus Billroth II reconstruction	overall survival			0/0/1	NA	67
	postoperative mortality	Billroth II	NA	0/0/1	NA	67
	postoperative morbidity			1/0/0	0/0/1	67,70
	hospital stay			NA	0/0/1	70
Billroth I/II versus RY reconstruction	postoperative morbidity			0/0/1	0/0/1	68,69
	hospital stay	RY	NA	0/0/1	1/0/0	68,69
	bile reflux			0/0/1	NA	68
Hand sewn versus stapled anastomosis	postoperative mortality			0/0/1	0/0/2	71-73
	postoperative morbidity	stapled	NA	0/0/1	0/0/2	71-73
	delayed gastric emptying			NA	0/1/0	71
	operation time			0/0/1	1/0/0	71,72
Other surgery-related factors						
Use of Ligasure (yes versus no)	postoperative mortality			0/0/1		175
	postoperative morbidity	Ligasure	NA	0/0/1	NA	175
	operating time/blood loss			1/0/0		175
	number of harvested LN			0/0/1		175
Seprafilm versus no seprafilm	postoperative mortality			0/0/1		176
	postoperative morbidity	Seprafilm	NA	0/0/1	NA	176
	small bowel obstruction			0/0/1		176
Duration of surgery	surgical site infection	shorter operation time	NA	NA	1/0/0	177
Ligation versus cauteriza- tion of lymphatic vessels	postoperative lymphorrea	ligation	NA	NA	1/0/0	154
Transverse versus midline incision	postoperative morbidity			0/0/1		178
	intestinal obstruction	transverse	NA	0/0/1	NA	178
	postoperative pain			0/0/1		178
Prophylactic drain versus no drain	postoperative morbidity			0/0/2		179,180
	postoperative mortality	no drain	NA	0/0/1	NA	180
	analgesic use			1/0/0		179
	hospital stay			1/0/1		179,180
Intra-operative blood loss	peritoneal recurrence	< 475 ml blood loss	NA	NA	1/0/0	181

TYPE OF RESECTION

In the largest RCT on subtotal versus total gastrectomy for distal gastric tumors, no difference was observed in overall survival or postoperative mortality or morbidity.⁵⁴⁻⁵⁵ Routine (pancreatic)splenectomy has been advocated to obtain a more thorough lymph node dissection. However, a survival benefit has never been shown. In contrast, routine splenectomy increased the number of postoperative septic complications in a Chile RCT.⁵⁶ The addition of a pancreatectomy also increased postoperative morbidity in a number of studies.⁵⁷⁻⁶¹ A bursectomy did not result in increased postoperative morbidity and mortality, but a survival analysis is yet to be performed in the single RCT on this subject.⁶²

TYPE OF RECONSTRUCTION

A benefit of creating a reservoir or pouch after total gastrectomy was found in two meta-analyses and two RCTs.⁶³⁻⁶⁶ Studies on reconstructive techniques after subtotal gastric resection have shown varying results, and no large RCTs are available on this subject.⁶⁷⁻⁷⁰ In two studies comparing a stapled with a hand-sewn anastomosis, no difference was found in postoperative mortality or morbidity, while in one retrospective study, stapler use was associated with an increase in delayed gastric emptying.⁷¹⁻⁷³ Several other subjects related to surgical technique are shown in Table 3.

PROCESS INDICATORS – PERIOPERATIVE CARE (TABLE 4)

The administration of perioperative parenteral nutrition reduced postoperative morbidity in malnourished patients in one retrospective study.⁷⁴ In another study, there was no significant difference between the groups with and without enteral and/or parenteral nutritional support.⁷⁵ In three RCTs, immunonutrition was associated with less infectious complications and a shorter hospital stay.⁷⁶⁻⁷⁸ Due to its high costs, shorter hospital stay did not lead to less overall costs.⁷⁷

In earlier days, nasogastric decompression has been used routinely to prevent anastomotic leakage, enhance bowel function and shorten hospital stay. However, in none of the studies, a benefit in postoperative morbidity or mortality of routine nasogastric or nasojejunal decompression was documented. In contrast, in three RCTs, hospital stay increased with the use of nasogastric decompression.⁷⁹⁻⁸¹

In both RCTs on fast-track gastric cancer surgery, fast-track care improved postoperative recovery (return to normal gastro-intestinal function, analgesic use, mobilization, and hospital stay) as compared to conventional care.^{82,83} Both RCTs were performed in China. One of the two studies also showed a significant decrease in medical costs with fast-track care.⁸³

Randomized studies on the prognostic impact of perioperative blood transfusions in gastric cancer surgery are not available, and non-randomized studies show conflicting results. In nine retrospective series, an association was found between no blood

Table 4. Process Measures - perioperative care

Process measure	End point	Indicator	MA (+/-/=)	RCT (+/-/=)	NRS (+/-/=)	Ref.
Perioperative nutritional support versus normal diet	postoperative mortality	nutritional support	NA	NA	0/0/2	74,75
	postoperative morbidity				1/0/1	74,75
Immunonutrition	postoperative mortality	immunonutrition	NA	0/0/3	NA	76-78
	postoperative morbidity			3/0/0	NA	76-78
Nasogastric decompression	postoperative mortality	nasogastric decompression	0/0/1	0/0/6	Excl.	79-81,182-185
	postoperative morbidity		0/0/1	0/0/6		79-81,182-185
	time to flatus/intake		0/1/0	0/3/3		79-81,182-185
	hospital stay		0/0/1	0/3/3		79-81,182-185
Early versus traditional oral feeding	postoperative mortality	early feeding	NA	NA	0/0/1	186
	postoperative morbidity				0/0/1	186
	postoperative recovery				1/0/0	186
Fast track care versus conventional care	postoperative mortality	fast track	NA	0/0/2	82,83	
	postoperative morbidity			0/0/2	82,83	
	postoperative recovery			2/0/0	82,83	
Perioperative transfusion versus no transfusion	overall survival	no transfusion	NA	NA	4/0/5	84-92
	postoperative mortality				0/0/2	92,187
	postoperative morbidity				0/0/2	92,187
LMWH prophylaxis vs no prophylaxis	postoperative morbidity	LMWH prophylaxis	NA	NA	0/1/0	188
	postoperative recovery				0/0/1	188
Selective bowel decontamination	anastomotic leakage	selective bowel decontamination	NA	1/0/0	NA	93
Single versus multiple dose antibiotics	surgical site infection	multiple dose antibiotics	NA	1/0/0	NA	94

transfusion and a better survival rate in univariate analysis.⁸⁴⁻⁹² In four of these studies, this adverse effect remained significant in multivariate analysis considering other prognostic factors.^{85,88,90,91}

In one RCT on selective bowel decontamination, a decreased anastomotic leakage rate was found.⁹³ In another study, the use of multiple dose antibiotics was associated with less surgical site infections than the use of single dose antibiotics.⁹⁴

PROCESS INDICATORS – MULTIMODALITY THERAPY (TABLE 5)

NEOADJUVANT THERAPY

In several studies, the role of preoperative chemotherapy was assessed, but in none of these individual studies a benefit compared to surgery alone was found.⁹⁵⁻⁹⁷ However, in a recent meta-analysis on preoperative chemotherapy, a benefit in survival was documented.⁹⁸ In the British MAGIC study, perioperative chemotherapy improved overall survival.⁹⁹ In a study comparing preoperative with postoperative chemotherapy, a higher treatment compliance was observed in the preoperative chemotherapy group.¹⁰⁰ Preoperative radiotherapy has only been tested positive in a study with gastric cardia cancer patients.¹⁰¹

Table 5. Process Measures - multimodality treatment

Process measure	End point	Indicator	MA (+/-/=)	RCT (+/-/=)	NRS (+/-/=)	Ref.
Neo-adjuvant treatment						
Preoperative chemotherapy	overall survival		1/0/0	0/0/3		95-98
	R0 resection rate	preoperative chemotherapy	1/0/0	1/0/1	Excl.	95,96,98
	morbidity		NA	1/0/0		96
Preoperative versus postoperative chemotherapy	treatment compliance	preoperative chemotherapy	NA	1/0/0	Excl.	100
	morbidity			0/0/1		100
Perioperative chemotherapy	overall survival	perioperative chemotherapy	NA	1/0/0	Excl.	99
	R0 resection rate			0/0/1		99
Preoperative radiotherapy	overall survival			0/0/1		189
	mortality	preoperative radiotherapy	NA	0/0/1	Excl.	189
	morbidity			0/0/1		189
Adjuvant treatment						
Adjuvant chemotherapy	overall survival	adjuvant chemotherapy	9/0/1	Excl.	Excl.	102-111
Single-agent versus combination chemotherapy	overall survival	combination chemotherapy	1/0/0	Excl.	Excl.	111
Postoperative chemoradiotherapy	overall survival	postoperative chemoradiotherapy	NA	1/0/0	Excl.	112
Postoperative radiotherapy	overall survival	postoperative radiotherapy	NA	0/0/1	Excl.	190
Postoperative chemotherapy versus postoperative chemoradiotherapy	overall survival	postoperative chemoradiotherapy	NA	0/0/2	Excl.	191,192
Postoperative D-galactose	overall survival	postoperative D-galactose	NA	1/0/0	NA	193
	hepatic metastases			1/0/0		193

ADJUVANT THERAPY

Many studies have been performed on adjuvant chemotherapy after a gastric cancer resection, and most of these studies have been incorporated in several meta-analyses.¹⁰²⁻¹¹¹ In all but one of the meta-analyses, a small, but significant benefit for the use of adjuvant chemotherapy was shown. Multi-drug regimens have been associated with better survival when compared to single-drug regimens.¹¹¹ In the Intergroup 0116 study, overall survival was higher in the postoperative chemoradiotherapy group when compared to the surgery alone group.¹¹²

OUTCOME INDICATORS (TABLE 6)

In many studies, the prognostic benefit of a microscopically radical (R0) resection over microscopically irradical (R1) resection has been shown.^{35,113-128} Patients who have clear resection margins have a higher survival, and fewer local recurrences. In three studies, an association between an increasing number of removed lymph nodes and higher survival was reported.¹²⁹⁻¹³¹

Table 6. Outcome Measures

Outcome measure	End point	Indicator	MA (+/-/=)	RCT (+/-/=)	NRS (+/-/=)	Ref.
R0 versus R1 resection	overall survival	R0 resection	NA	NA	15/0/1	35,113-128
	local recurrence				1/0/0	113
Clear versus involved esophageal margin	overall survival	clear margin	NA	NA	0/0/1	114
	local recurrence				1/0/0	114
	postoperative morbidity				0/0/1	114
	postoperative mortality				0/0/1	114
Number of lymph nodes evaluated (<15 versus >15)	overall survival	>15 nodes	NA	NA	2/0/0	129,130
Number of lymph nodes evaluated (<26 versus >26)	overall survival	>26 nodes	NA	NA	1/0/0	131
	postoperative mortality				0/0/1	131
	postoperative morbidity				0/0/1	131

MINIMUM SET OF QUALITY OF CARE INDICATORS

After applying the predefined selection rules as outlined in the Methods section (subheading Quality of care indicators), thirteen evidence-based quality of care indicators were identified (Table 7). Hospital volume was the only indicator on the structure of healthcare. As high annual hospital volume was defined as at least 20 resections per year in the majority of positive studies, this number has been added to the indicator. The majority of indicators in the set reflect the process of care. A microscopically radical resection was the only outcome indicator.

DISCUSSION

In this systematic review of the literature, evidence-based quality of care indicators for the surgical treatment of gastric cancer were identified. Possible indicators were evaluated in terms of structure, process and outcome measures as proposed by Donabedian.¹³

STRUCTURE INDICATORS

High volume gastrectomy was associated with lower postoperative mortality in most large studies (>5,000 patients included), but not in the smaller studies (Figure 2). This indicates that sufficient patient numbers are needed in order to show a significant volume-outcome relation. Limited evidence was found for surgeon volume as a quality indicator. This underlines the importance of the multidisciplinary and perioperative team in the (surgical) treatment of gastric cancer. Both findings are in concordance with a recent meta-analysis on hospital and surgeon volume in the surgical treatment of esophageal cancer.¹³² Nevertheless, results of volume – outcome analyses need to be interpreted with caution. Heterogeneity in patient population and treatment can introduce bias in such studies and ideally, outcome data are adjusted for case-mix factors. Nationwide registries in which patient and treatment characteristics are prospectively collected will give further insight in structure of care indicators in the future.

Table 7. Minimum set of evidence-based quality of care indicators for gastric cancer surgery

Type	Quality of care indicator	Improved end points	Level of evidence
Structure	high hospital volume (>20/year)	overall survival postoperative mortality	NRS
Process	D2/3 lymph node dissection ^a	disease specific survival overall survival	RCT
	no routine (pancreatico)splenectomy	postoperative morbidity	NRS
	pouch reconstruction	quality of life	MA
	fast-track care	postoperative recovery	RCT
	no perioperative blood transfusion	overall survival	NRS
	selective bowel decontamination	anastomotic leakage rate	RCT
	multiple dose antibiotics	surgical wound infection rate	RCT
	preoperative chemotherapy	overall survival	MA
	perioperative chemotherapy	overall survival	RCT
	adjuvant (combination) chemotherapy	overall survival	MA
	postoperative chemoradiotherapy	overall survival	RCT
Outcome	R0 resection	overall survival	NRS

^ain centers with low postoperative mortality

PROCESS INDICATORS

In the published literature on quality of gastric cancer surgery, a broad variety of process indicators has been analyzed.

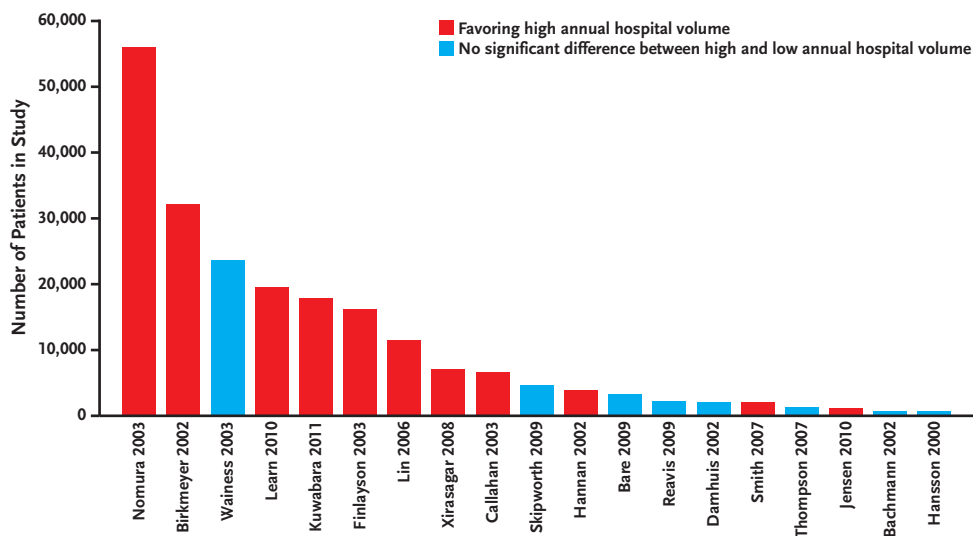
SURGICAL TECHNIQUE

The extent of lymph node dissection has been the subject of many studies. In initial reports, a D2 lymph node dissection was associated with increased postoperative mortality without a survival benefit as compared to D1 surgery.^{38,133} Long term results from the Dutch D1D2 study, however, revealed an improved gastric cancer specific survival after a D2 dissection.⁴⁰ From this, it can be concluded that, when postoperative mortality can be avoided, a D2 lymphadenectomy should be recommended. In experienced centers, postoperative mortality after a D2 lymph node dissection is low.⁴ Additional (pancreatico) splenectomy has been associated with increased postoperative morbidity without any survival benefit.⁵⁹⁻⁶¹

PERIOPERATIVE CARE

While fast-track surgery has proven its benefit in colorectal cancer surgery, the number of studies in gastric cancer is limited. In two recent RCTs, fast-track care was shown to be feasible (in China) and was associated with a shorter hospital stay, less medical costs, and improved quality of life at discharge when compared to conventional care.^{82,83} The widespread introduction of fast-track surgery programs or clinical care pathways in the management of gastric cancer patients deserves further attention as it potentially contributes to a higher level of care.

Figure 2. Studies on the relation between annual hospital volume and postoperative mortality, ordered by the number of included gastric cancer patients^{12,14-30}



A negative impact of perioperative blood transfusion on overall survival was seen in univariate analysis in nine studies. In only four studies, blood transfusion remained an adverse prognostic factor in multivariate analysis, and it should be avoided without jeopardizing best supportive care.^{85,88,90,91} Similar results have been observed in colorectal cancer surgery.¹³⁴ Selective bowel decontamination emerged as a quality of care indicator as it decreased the risk of anastomotic leakage and its clinical sequelae in a large RCT.⁹³ In a more recent RCT, preoperative intravenous administration of multiple dose antibiotics was associated with less surgical wound infections than the use of single dose antibiotics.⁹⁴

MULTIMODALITY TREATMENT

In a recent meta-analysis, preoperative chemotherapy was associated with improved survival.⁹⁸ In this meta-analysis, patients from trials on perioperative chemotherapy were also included. Adjuvant chemotherapy has been administered for many years, and its survival benefit has been confirmed in several meta-analyses.¹⁰²⁻¹¹¹ In the Western world however, an optimal regimen for postoperative chemotherapy has not been yet established. In Japan, postoperative chemotherapy is standard of care. Following the results of the Intergroup 0116 study, postoperative chemoradiotherapy is currently standard of care in the United States.^{112,135} In Europe, perioperative chemotherapy has been advocated, according to the results of the MAGIC study.⁹⁹ The international multicenter CRITICS study will give an answer to the question whether postoperative chemoradiotherapy improves survival as compared to postoperative chemotherapy in patients who undergo gastric cancer resection after preoperative chemotherapy.¹³⁶

OUTCOME INDICATORS

Radicality of the resection and the number of resected lymph nodes are frequently used as outcome parameters when measuring quality of oncologic surgery. In gastric cancer surgery, a large number of studies support a microscopically radical resection to be considered as a quality of care indicator.^{35,113-128} The number of studies on the number of evaluated lymph nodes in relation to outcomes was too small to identify this factor as an evidence-based quality of care indicator.¹²⁹⁻¹³¹

CONCLUSIONS

From the current review, it becomes clear that improving the quality of care in the treatment of gastric cancer is a multidisciplinary team effort in which surgical technique is only one of the contributing factors. High quality perioperative care asks for well trained nurses, experienced anesthesiologists, and ICU staff.¹³⁷ Furthermore, outcome of gastric cancer surgery is obviously dependent on the experience of other specialists in the multidisciplinary team (i.e., medical oncologists, gastroenterologists, radiation oncologists).

The set of indicators that was derived from the current study can be used for registration and benchmarking in gastric cancer surgery. Most indicators in clinical audits, as established in the United Kingdom, Denmark, Sweden, and the Netherlands are derived from expert panel discussions. With the current review, the datasets in these audits may be supplemented with evidence-based quality of care indicators. Furthermore, the proposed minimum set of indicators can be used for uniform reporting in future studies on quality of gastric cancer surgery.

A limitation of the current study is the absence of a MeSH search term for studies related to 'quality of care'. Therefore, the search strategy included a variety of search terms for different aspects of care. This might have influenced the set of studies in the final selection. Furthermore, due to the large number of studies that emerged from the search strategy, stringent criteria for inclusion were used. Approximately 60% of included manuscripts in the current literature review are from Western countries, whereas approximately 40% of the included manuscripts are from Asia. A large amount of literature from Asia was excluded from the current review because part of these studies are written in non-English languages, while another large part focused on early gastric cancer, which was not the subject of the current review. Therefore, quality of care indicators derived from the current study are likely to be more applicable to Western countries than to Asian countries. Finally, although the identified quality of care indicators reflect best practice for gastric cancer surgery, none of the studies actually validated a best practice indicator as a tool to measure differences in quality of care between different providers.

Appendix. Pubmed, Embase, and Cochrane search terms

Pubmed

Limits activated: English, Publication Date from 1990

("stomach neoplasms"[mesh] OR (stomach[All Fields] OR gastric[all fields]) AND (neoplasms[all Fields] OR neoplasm[all fields] OR tumor[all fields] OR tumors[all fields] OR tumor[all fields] OR tumors[all fields] OR cancer[all fields] OR cancers[all fields] OR carcinoma[all fields] OR carcinomas[all fields]))

AND

("gastrectomy"[mesh] OR "gastrectomy"[all fields] OR "gastrectomies"[all fields] OR "gastric resection"[all fields] OR "Stomach Neoplasms/surgery"[mesh] OR "Lymph Node Excision"[mesh] OR "Surgical Procedures, Operative"[mesh:noexp] OR "Neoadjuvant Therapy"[mesh] OR "Chemotherapy, Adjuvant"[mesh] OR "Radiotherapy, Adjuvant"[mesh] OR adjuvant[tiab] OR neoadjuvant[tiab])

AND

("quality indicators, health care"[mesh] OR ("quality"[all fields] AND ("indicators"[all fields] OR indicator[all fields])) OR "health care quality indicators"[all fields] OR "Quality Assurance, Health Care"[mesh] OR "health care quality assessment"[all fields] OR "benchmarking"[mesh] OR "benchmarking"[all fields] OR "Outcome and Process Assessment (Health Care)"[mesh:noexp] OR "outcome assessment"[all fields] OR "Process Assessment"[all fields] OR "Delivery of Health Care"[mesh] OR "Risk Adjustment"[mesh] OR "risk adjustment"[all fields] OR "Clinical Audit"[mesh] OR "audit"[all fields] OR "Quality of Health Care"[mesh:noexp] OR "Quality Control"[mesh] OR "Guideline Adherence"[mesh] OR "Clinical Competence"[mesh] OR "Hospital Mortality"[mesh] OR "Mortality"[mesh:noexp] OR "Mortality"[ti] OR "Morbidity"[mesh:noexp] OR "Postoperative Complications"[mesh] OR "Complications"[ti] OR "Treatment Outcome"[mesh])

NOT

((animals[mesh] NOT humans[mesh]))

Embase

Limits activated: English, Publication Date from 1990

(exp *stomach tumor/ OR ((stomach.ti. OR gastric.ti.) AND (neoplasms.mp. OR neoplasm.mp. OR tumor.mp. OR tumors.mp. OR tumor.mp. OR tumors.mp. OR cancer.mp. OR cancers.mp. OR carcinoma.mp. OR carcinomas.mp.)))

AND

(exp *gastrectomy/ OR "gastrectomy".mp. OR "gastrectomies".mp. OR "gastric resection".mp. OR exp *stomach tumor/ su OR "Lymph Node Excision".mp. OR exp *lymphadenectomy/ OR *surgery/ OR surgical.mp. OR adjuvant.ti.ab. OR exp *ADJUVANT CHEMOTHERAPY/ OR neoadjuvant.ti.ab. OR exp *adjuvant therapy/)

AND

(exp *health care quality/ OR (quality.ti.ab. AND indicators*.ti.ab.) OR "quality assurance".ti.ab. OR exp *quality control/ OR "health care quality assessment".ti.ab. OR benchmark*.ti.ab. OR exp *outcome assessment/ OR "outcome assessment".ti.ab. OR "Process Assessment".ti.ab. OR "delivery of health care".ti.ab. OR exp *health care delivery/ OR exp *risk assessment/ OR "risk adjustment".ti.ab. OR exp *medical audit/ OR "audit".ti.ab. OR "health care quality access evaluation".ti.ab. OR exp *health care access/ OR exp *evaluation and follow up/ OR exp *clinical assessment/ OR exp *clinical evaluation/ OR exp *evaluation/ OR exp *evaluation research/ OR exp *outcome assessment/ OR "quality control".ti.ab. OR exp *quality control/ OR "guideline adherence".ti.ab. OR "guidelines as topic".ti.ab. OR "clinical coti,abetence".ti.ab. OR exp *clinical competence/ OR "hospital mortality".ti.ab. OR *mortality/ OR morbidity.ti.ab. OR *morbidity/ OR complication*.ti.ab. OR exp *postoperative complication/ OR treatment outcome.ti.ab. OR exp *treatment outcome/)

AND

(exp human/)

Cochrane Library

Limits activated: English, Publication Date from 1990

"stomach neoplasms"

AND

(gastrectomy OR "lymph node excision" OR adjuvant OR neoadjuvant)

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