

Cover Page



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List of publications

1. **Rius-Ottenheim N, van der Mast RC, Zitman FG, Giltay EJ.**
The role of dispositional optimism in physical and mental well-being. In "Quality of Life: A Positive Psychology Perspective" ; edited by Springer.
2. **Rius-Ottenheim N, Kromhout D, de Craen AJ, Geleijnse JM, van der Mast RC, Zitman FG, Westendorp RG, Slagboom PE, Giltay EJ.**
Parental longevity correlates with offspring's optimism in two cohorts of community-dwelling older subjects. *Age*; (2012) 34: 461-468
3. **Rius-Ottenheim N, Houben JM, Kromhout D, Kafatos A, van der Mast RC; Zitman FG, Geleijnse JM, Hageman GJ, Giltay EJ.**
Telomere length and mental well-being in elderly men from the Netherlands and Greece. *Behavior Genetics*; (2012), 42: 278-286
4. **Rius-Ottenheim N, de Craen AJM, Geleijnse JM, Slagboom PE, Kromhout D, van der Mast RC, Zitman FG, Westendorp RG, Giltay EJ.**
C-reactive protein haplotypes and dispositional optimism in obese and non-obese elderly subjects. *Inflammation Research*; (2012), 61: 43-51
5. **Rius-Ottenheim N, Geleijnse JM, Kromhout D, van der Mast RC, Zitman, FG, Giltay EJ.**
Physical activity after myocardial infarction: is it related to mental health? *European Journal of Preventive Cardiology*; in press.
6. **Rius-Ottenheim N, Kromhout D, Mast RC, Zitman FG, Geleijnse JM, Giltay EJ.**
Dispositional optimism and loneliness in older men. *International Journal of Geriatric Psychiatry*.(2011) 27:151–159
7. **Blackwell SE, Rius-Ottenheim N, Schulte-van Maaren YWM, Middelkoop VD, Zitman FG, Spinhoven PH, Holmes EA, Giltay EJ.**
Optimism: identifying a modifiable cognitive marker to promote wellbeing. Submitted for publication.
8. **Houben JM, Giltay EJ, Rius-Ottenheim N, Hageman GJ, Kromhout D.**
Telomere length and mortality in elderly men: the Zutphen Elderly Study. *J Gerontol A Biol Sci Med Sci*. 2011 Jan; 66(1):38-44.
9. **Houben JM, Rius-Ottenheim N, Kafatos A, Buijsse B, Hageman GJ, Kromhout D, Giltay, EJ.**
Telomere length, oxidative stress, and antioxidant status in elderly men in Zutphen and Crete. *Mechanisms of Ageing and Development*. In press.
10. **Rius-Ottenheim N, Giltay EJ, Zitman FG, van der Mast RC, de Craen AJ.**
Risk of depressive symptoms in the oldest old subjects with chronic obstructive pulmonary disease: the Leiden 85-plus study. *Am J Geriatr Psychiatry*. (2010) 18:388-94.

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Curriculum Vitae

Nathaly Rius-Ottenheim was born on May 4th 1982, in Palma de Mallorca, Spain. After finishing secondary school with honors at Colegio La Salle in Palma, she started in 2000 her studies on Medicine at the Medical School of the University of Barcelona. After her graduation in 2006, she moved to Delft (the Netherlands) to start her professional career. In 2006 she started working as a medical resident at GGZ Delfland, a Psychiatry institution in Delft. In the summer of 2007 she attended the Aalborg Psychiatric Summer School (Denmark), where she followed specific courses on somatic disorders in psychiatric patients. In April 2008 she started her Psychiatry residency at the Leiden University Medical Centre (LUMC), with her first rotation at the department of Social Psychiatry at Rijnveste-Rivierduinen (Leiden). In October 2008, she started the work described in this dissertation at the department of Psychiatry of the LUMC, under supervision of Dr. E.J. Giltay, Prof. dr. F.G. Zitman, and Prof. dr. van der Mast. During her period as PhD student, she followed several courses (such as the Corsendonk course in Belgium) and attended national and international congresses in Maastricht, Santiago de Compostela, and San Francisco. In October 2011 she resumed her work as a Psychiatry resident.

