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MR and CT evaluation of cardiovascular risk in metabolic syndrome

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Stellingen behorend bij het proefschrift:

MR AND CT EVALUATION OF CARDIOVASCULAR RISK IN METABOLIC SYNDROME

1. Longevity is associated with less abdominal visceral fat (this thesis)
2. Brain tissue decline may be exacerbated by mechanisms related to obesity (this thesis)
3. Aortic arch stiffness relates to incipient brain injury in hypertensive patients (this thesis)
4. Detection of fatty liver at unenhanced CT performed for other reasons may warrant reporting (this thesis)
5. White matter lesions are the extremes, or the tip of the iceberg, of white matter pathology (de Groot et al, Stroke 2013)
6. Leisure time physical activity may prevent intra-abdominal fat accumulation, independent of genes and diet, from early adulthood onward (Rottensteiner et al, Obesity 2016)
7. Even optimal prescription of risk-reducing therapy (eg, hypertension therapy) may still leave many young obese individuals exposed to untreated risk (Kernan et al, Stroke 2015; Mitchell et al, Stroke 2015)
8. Treatment of fatty liver disease may reduce cardiovascular risk (Pais et al, J Hepatol 2016)
9. Improved health technology has made a major contribution to the growth of health care expenditure (The future of health care, CPB policy brief 2013)
10. If you hear hoof beats, think horses, not zebras (Theodore Woodward)
11. There are no facts, only interpretations (Nietzsche)

Leiden, 14 december 2016

Michiel L. Sala